

YMCA WINTER 2017 GYMNASIUM SCHEDULE

The gym is open and available for member use Monday-Sunday during the YMCA's hours of operation unless posted

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9-10:00am TRX	9-noon PICKLEBALL	6-7:00AM ADULT KARATE	9-noon PICKLEBALL	4-5:00pm JON'S CLASS	8-9:00AM TRX CARRIE	3-6:00PM MAGIC B-BALL
10-11:00am LIVEWISE	5:20-5:50pm INDOOR SOCCER	9-10:00AM TRX	4:30-5:00pm FIT CLUB	6:30-8:30pm ARTICATZ VOLLEYBALL	9-1:00PM KARATE	
1-2:30pm LIVESTRONG	6-9:00pm ARTICATZ VOLLEYBALL	1-2:30PM LIVESTRONG	5-6:00PM TRX		3-7:00PM MAGIC B-BALL	
7:30-9:00pm MAGIC B-BALL		5-7:00PM KARATE	7-9:00PM MAGIC B-BALL			
		7-9:00PM DROP IN VOLLEYBALL				

Please note the gym will be closed on the following days/times:

April 21st 4-close Y run Set up
April 22nd 8-1pm Y Run

**Effective
March 1st- April 22nd**