

MUCK IT U.P. FAQ

Runner FAQ's

1. How old does a participant have to be to participate?

Participants must be over the age of 12 on the day of the event. Participants who are 12 to 17 must be accompanied by a parent or on-event guardian. The ratio of guardian to minor-aged runners is 1 to 3. Please form a team for you and your minor-aged runners so that we will be sure to assign you all to the same start time.

2. What if my child who is 12 to 17 wants to participate but I don't want to participate?

You are able to give an adult friend/relative that is registered to run permission to act as the guardian for your child. The parent or guardian agrees to the waiver upon registration giving the minor the ability to participate and be accompanied by an adult at all times.

3. What is the price to participate?

The pricing structure is based on how many days out from the event you register. Check out our event page for the current price.

4. Can you explain the price increases?

The earlier you register, the lower the price. As the event gets closer, the price increases, so register today!

5. Is my registration transferable?

Registrations are non-transferable.

6. Is my registration refundable?

Registrations are non-refundable.

7. I'm injured and can't run, can I get a refund?

It is impossible for us to assess each injury on a case-by-case basis and therefore we do not offer refunds when participants are injured and cannot participate.

8. Can I register on-event?

No event day registrations will be taken. Registration closes on October 18.

9. Is Muck It U.P. Timed?

No. The race is designed to be a fun run and will not be professionally timed. You are welcome to time yourself or your team as you see fit.

10. Can I reserve a wave/start time for myself or my team?

No. We are unable to reserve wave/start times for individuals or teams—no exceptions.

11. How do I get assigned a wave?

Participants will receive an email notifying them that their wave assignments are available on our website. It's best not to plan your day until you receive your wave assignment as start times can begin as late as mid to late afternoon.

12. Does my entire team run in the same wave?

Yes! In most cases, teams that register at least two weeks out from the event will be placed in the same wave time. If we reach total runner capacity, it may not be possible for teams to be assigned the same wave/start time.

13. What if I want to change my team wave time?

Team wave times are not changeable.

14. Why do we limit the size of waves?

We limit the size of waves for the safety of our participants and to avoid long lines at our obstacles.

15. How early should I get to the site to check-in?

Plan to arrive approximately 60 minutes before your wave start time. This will give you enough time to check-in, get your bib, and meet up with your team or spectating family and friends.

16. What clothes should I wear?

You should wear clothes that won't restrict your movement and will provide protection as you move through the obstacles. Remember you and your clothes will get super mucky! Many muckers wear thin work or athletic gloves to better grip obstacles and ropes. We love team attire and think muckers in costumes are extra awesome.

17. What shoes should I wear?

Make sure to wear closed-toe sneakers or gym shoes. **No shoes with cleats of any kind** may be worn on the course.

18. Where do I keep my stuff?

We recommend you leave valuables and the rest of your belongings either in your car or with a spectator.

19. What time does Registration and Check-in open?

Registration and Check-in opens at 8:30 a.m., and we advise you to arrive at the site approximately 60 minutes before your wave start time.

20. Do I need to bring my ID to check-in?

Yes! Please bring your photo ID to the event site for check-in. If you are 21 or older, you will also need to show your ID at the beer tent.

21. Where do I park?

There will be parking attendants on site to help you find a parking spot.

22. Do I have to pay to park?

Nope! Parking is Free.

23. Can I check in for my friend?

Nope! Each person is required to pick up their own bib, so please bring a photo ID to the event.

24. Can my team captain check in for our team?

Nope! Each person is required to pick up their own bib.

25. Can I run in my friend's place?

Registrations are non-transferable and non-refundable.

26. How long is the course?

The course is a 5K (or 3.1 miles).

27. Do we know the depth of the muck before and after obstacles?

Most obstacles have water less than 4 feet deep. Obstacles over 5 feet will have lifeguards.

28. What if I can't complete an obstacle?

Safety is our top priority, so we would never ask you to do something you're uncomfortable with. You are free to walk around any obstacle you like without penalty.

29. What if I don't know how to swim?

We have lifeguards on all obstacles with water over 5 feet deep. If you don't feel comfortable taking on an obstacle, you are welcome to skip it.

30. What is the average time it takes to make it through the course?

This is totally dependent on the participant, but it takes most participants 45 to 90 minutes to complete the course.

31. Can I bring my dog to the event?

Nope! Except for service animals, pets are not permitted.

32. Will my event get canceled or rescheduled if there is bad weather?

While Muck It U.P. is designed to take place rain or shine, we reserve the right to cancel or reschedule the event if we fear for participant safety.

33. Will there be showers?

We will have a public hose-off area where you can rinse the muck off your body, clothes, and shoes. Keep in mind that the water is not heated.

34. What should I bring to get cleaned up?

You can bring a change of clothes to wear after you get mucky. Feel free to bring your own soap and a towel to dry yourself off if you'd like.

35. Is there a changing area?

Yes! There are bathrooms for your use after the event.

36. Will you check my ID at the beer tent?

Yes! We will check your ID at the beer tent to ensure you are of drinking age.

37. How many free beers do I get?

Participants over the age of 21 receive 1 free beer.

38. Will there be non-alcoholic beverages for participants who don't drink or are not 21?

Yes! Water and a variety of soda will be available to participants.

39. Will there be food for spectators to purchase?

Yes! The bar at Marquette Mountain will be open for spectators to purchase food and drinks.

40. Where is Lost & Found?

All lost items can be found at the YMCA of Marquette County for up to 2 weeks after the event.

Spectator FAQ's

1. Is there a fee for spectators?

Nope! Spectators get to watch for free.

2. Where will spectators park?

Spectators will park in the same area as participants.

3. Can spectators see any obstacles?

Yes, spectators will have access and will be able to see parts of the course to cheer on friends and family.

4. Can spectators try out the course?

Nope! Because of legal concerns, spectators cannot try out the course.

5. Is there a place for spectators to eat lunch with participants?

Yes! The bar at Marquette Mountain will be open

6. Will there be food and beer for spectators to purchase?

Yes! Spectators can purchase food and drinks in the bar.

7. Can spectators bring their own food and non-alcoholic beverages?

Yes, but purchase it on-event to avoid the hassle of coolers and keeping food fresh!

8. Can spectators bring in their own beer or other alcoholic beverages?

Nope! Beer can only be purchased on-site. Outside beer and other alcoholic beverages are prohibited.

9. Is there a fee to park?

Nope! Parking is Free!

Volunteer FAQs

1. How do I sign up to volunteer?

Contact us at 906-227-9622.

2. When does volunteer registration open?

Volunteer registration is open.

3. What would I be doing on event?

There will be a variety of jobs available and will be determined the day of the event. You can also volunteer for setup and/or teardown.

5. What are the age restrictions on volunteers?

Volunteers must be over the age of 12 on the day of the event. Volunteers who are 12 to 18 must be accompanied by a parent or guardian.

6. Is there a fee to volunteer?

There is no fee to volunteer.

7. Do I volunteer all day or just for a shift?

Volunteer time commitments are dependent upon your assigned position and the event for which you are registered. We ask that you stay for the full length of your shift.

8. What if I signed up for a volunteer shift and can't make it?

If you are unable to attend your assigned shift, please let us know.

9. How can I register a large group (20+) of volunteers?

Contact us if you want to register a large group of 20+ volunteers.

10. What if I'd like to volunteer and run?

You're in luck (or muck)! You'll be able to register as a volunteer and upgrade for just \$10 to run the race. Volunteers will run in the last wave of the day after completing their volunteer shift. Sign up soon, because there's a limited number of spaces! **Please note:** Volunteer & Run registrations will not be accepted on the day of the event. The last day to register for the Volunteer & Run Package will be on October 18. You can register at www.eventbrite.com