

FACILITY AGE GUIDELINES



Facility:

- Ages 8-11 Parent must be in the building
- Ages 12-17: Parent is optional

Tot Watch:

- Ages 6 weeks-8 years: Must be signed in and parent* must be in the building

Kids Gym :

- Ages 6 weeks-4 years: parent* must be with child
- Ages 5-7: When staffed. With parent* when not staffed
- Ages 8-11: Parent* not required when not staffed

Youth Center:

- Ages 5-7 Parent* must be with child when not staffed
- Ages 8-11 Parent* not required when not staffed

~Teen Fall Hours-Information coming soon

Pool:

- Ages 6 weeks to 7 years:
 - Not passed swim test- parent* in pool within arms reach
 - Passed swim test-parent* must be in pool area
- Ages 8-11:
 - Not passed swim test- parent* in pool within arms reach
 - Passed swim test- parent* must be in building
- Ages 12-17: Parent is optional

Hot Tub:

- Ages 15-17

Wellness Center:

- Ages 10-11: Specific cardio equipment with youth Cardio Orientation Course
- Ages 12-16: Must pass Youth Fitness Certification or DIRECT parental* supervision.

Group Exercise:

- Ages 12-17
 - Ages 12-15: Must attend with parent*
 - Ages 16-17: Parent* optional

*Parent = Defines broadly to include all adults with primary responsibility for raising children, including biological parents, adoptive parents, guardians, stepparents, grandparents, or any other type of parenting relationship.

-Guardians must be 15 or older.

-Parent/Guardians must be actively engaged.