

Parkview Baptist Church 3403 NW 13th Street Gainesville, FL 32609 Pastor Greg Magruder

THE JOURNEY

Phone: 352-378-2606

Email: office@parkview-baptist-

church.org

Website: www.parkview-baptist-church.org

## Motto for Mission 2020: Magnify Jesus as Lord

**Mission Statement** 

The Mission of Parkview Baptist Church is to lift up Jesus Christ as Savior and Lord, and to obey His Great Commission.

Matthew 28:18-20

**Our Purpose Statement** 

The purpose of Parkview Baptist Church is raising the family of Jesus Christ by leading every member to:

.....MAGNIFY HIS LORDSHIP IN WORSHIP

......MULTIPLY HIS FAMILY THROUGH EVANGELISM/MISSIONS

......MATURE HIS CHILDREN THROUGH DISCIPLESHIP

....MODEL HIS LIFE THROUGH SERVICE/MINISTRY

.....MINISTER HIS LOVE THROUGH FELLOWSHIP

SUNDAY MORNING WORSHIP 10:45 A.M.

PRESENTED ON PARKVIEW FACEBOOK
WEDNESDAY EVENING BIBLE STUDY 7:00PM
PRESERNTED ON WWW.ZOOM.COM

Congratulations
Class of 2020

Aleah Freeze Víctor Perez Joshua Johnson



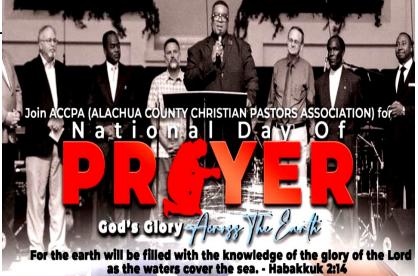
May 10 2020

GOD BLESS
MOTHERS

MOTHERS
Proverbs 31:25-30









The Pastor's Letter

**Pastor Greg** 

Volume 21 Issue 5 MAY 2020

## The Necessity of a Routine

When I first moved to Logan, Ohio to become pastor of the First Baptist Church, I went ahead of my family to find a place for us to live. A member of the church, Glenn, lived on Lake Logan and invited me to stay with him until I could locate a house to rent. Glenn had recently lost his wife of many years and was still grieving, but he kindly opened his home to me and welcomed me to the community. The setting was serene and peaceful and was a perfect spot for a home base from which to conduct my search. I was able to come and go as I pleased and I developed a friendship with this amazing and giving Christian man. We still remain close after all these years.

Glenn was still hurting from his loss. He talked about Betty and their family and the many years they had together. They both were active in their church and had moved to Logan to enjoy their retirement years. Her sudden death left Glenn feeling abandoned and aimless. He said it was hard to get up every morning and to get going for the day. He loved the Lord but he missed his wife and the life they shared.

I asked him how he was able to keep going every day and deal with the pain and loss. Glenn showed me a daily schedule he had posted on the refrigerator. Every hour of the day was listed with an activity. He planned his waking hour, his breakfast time, his daily devotions, and his regular schedule for every day of the week. Each day had different activities but they kept him moving forward and kept his mind occupied. Glenn told me that no matter how he felt and no matter how he grieved, he followed his routine until he hurt no more. Eventually, Glenn moved past his grief and began to develop new interests and goals and even remarry.

Jesus was a man of routine. He had habits that were a daily and weekly part of his life. He followed those routines even though life's pressures and the daily demands of ministry pulled at him from many directions. Jesus had a daily habit of prayer: In the early morning, while it was still dark, Jesus got up, left the house, and went away to a secluded place, and was praying there (Mark 1:35). He would withdraw to pray when he needed to be alone with God: But Jesus Himself would often slip away to the wilderness and pray (Luke 5:16).

Jesus had a regular work routine: Crowds gathered around Him again, and, according to His custom, He once more began to teach them (Mark 10:1). Jesus also had a weekly worship routine: And He came to Nazareth, where He had been brought up; and as was His custom, He entered the synagogue on the Sabbath, and stood up to read (Luke 4:16). Jesus was a man of routine and built his spiritual life and his daily work around those customs.

Never underestimate the power of a routine in your life. Routines are important for our physical and spiritual health. We need to develop basic hygiene habits like brushing our teeth, taking a shower, and getting a haircut. We need sleep and exercise to function well. We need soul habits that develop our minds and spiritual well-being. We need to find rewarding activities and work to occupy our time and give us purpose for living. We need to build connections with others and God through regular interaction. All these are customs and practices that can enhance our personal growth and relationships.

In this time of quarantine and stay in place at home due to the COVID-19 virus, it is vital that we develop regular routines. Here are a few suggestions to help you work through the isolation and the emotional doldrums that may arise due to social distancing. First, have a set time to get up and go to bed. It is tempting to sleep in or stay up late, but inconsistency in sleep routines can lead to physical and emotional fatigue. Second, spend time with God at the same time every day. It doesn't have to be long, but it should be consistent. Third, plan your day. Make sure you have some project, work, chores, or school activities that will make use of the hours wisely. It always feels good to see something accomplished. This is a great time to get all those basic home and yard tasks done. Fourth, exercise and eat well. Take a walk, ride a bike, or do some calisthenics. Eat healthy foods at regular times. Fifth, take time for you. Spend time reading. Watch a favorite TV show. Do a craft with the kids. Call a friend or family member. Finally, make sure you join in for a time of worship every week. If you cannot join us on our church website for the Facebook and YouTube live stream sermon, watch your favorite TV preacher (but make sure you send your tithes and offerings to our church). All these are ways to build routines and customs in your life as we hunker down from the coronavirus

Remember, I am always available to help you. Feel free to call and I or one of our deacons will do our best to serve you in any way we can. If you know of someone who needs financial help or food, be sure to call the church office. Karen and I love you and pray for you daily. May the Lord richly bless you and keep you safe. Pray that we may we all be able to get together soon.