



YOUTH MINISTRY CHALLENGE:

Are you ready to lay aside some real weight? For the next 30 days, we will go on a daily spiritual weight loss regimen that will ensure maximum results in your effort to be a leaner spiritual being!

HEBREWS 12:1 (NLT)

God's Discipline Proves His Love

Therefore, since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us

J U N E 2 0 1 3

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<h1 style="color: red; font-style: italic;">SPIRITUAL EDITION</h1>						<p>1</p> <p>Read 1 Chapter of the Old Testament (Any Chapter)</p>
<p>2</p> <p>Tell 3 people that God loves them!</p>	<p>3</p> <p>Pray for at LEAST 10 minutes today!</p>	<p>4</p> <p>Cellular Rest: Power off your Cell Phone for 2 hours and focus on Jesus</p>	<p>5</p> <p>Spend the day in consecration for youth</p>	<p>6</p> <p>Tell 5 People that God loves them. <i>Invite them to church</i></p>	<p>7</p> <p>Attend Late Night Prayer</p>	<p>8</p> <p>Read 2 Chapters of the NT (Any Chapter)</p>
<p>9</p> <p>GIVE THANKS! Find things to be thankful for today! Express it to those around you!</p>	<p>10</p> <p>Pray for at LEAST 15 minutes today!</p>	<p>11</p> <p>Trivia Day: Name 10 Kings in the Bible from Memory</p>	<p>12</p> <p>BRING A FRIEND TO YOUTH SERVICE!</p>	<p>13</p> <p>SOCIAL MEDIA TAKE OVER! <i>Post 2 scriptures on all your pages</i></p>	<p>14</p> <p>IDENTIFY A SPIRITUAL LEADER WHO HAS IMPACTED YOU. SEND THEM A THANK YOU NOTE</p>	<p>15</p> <p>Invite 3 people to the FOJ Summit. <i>(Invitations at the Welcome Center)</i></p>
<p>16</p> <p>ATTEND FIRST FRUITS PRAYER!</p>	<p>17</p> <p>Pray for at LEAST 20 minutes today!</p>	<p>18</p> <p>Cellular Rest: Power off your Cell Phone for 3 hours and focus on Jesus</p>	<p>19</p> <p>SOCIAL MEDIA TAKE OVER! <i>Post 2 scriptures on all your pages</i></p>	<p>20</p> <p><i>Family Prayer:</i> Pray with a family member</p>	<p>21</p> <p>Trivia Day: Name 10 Wives in the Bible from Memory</p>	<p>22</p> <p>BRING A FRIEND TO SERVICE TONIGHT!</p>
<p>23</p> <p>DO A SACRIFICIAL DEED TODAY!</p>	<p>24</p> <p>Pray for at LEAST 25 minutes today!</p>	<p>25</p> <p>FAST <i>Spend the day in fasting and prayer.</i></p>	<p>26</p> <p>Memorize a passage of scripture and share it in Youth Service!</p>	<p>27</p> <p>Trivia Day: Name 20 OT Books in Order from Memory!</p>	<p>28</p> <p>SOCIAL MEDIA TAKE OVER! <i>Post 2 scriptures on all your pages</i></p>	<p>29</p> <p>Read 4 Chapters of the NT (Any Chapter)</p>
<p>30</p> <p>Bring 2 Friends to Church TODAY</p>	<p>All submissions should be sent to: Youth@Pentab.org</p>					

"DROPPING THE WEIGHT OF THIS WORLD"