Other Events and Activities:

Ladies Prayer

Leader – Pat Porter
Host Location – Pat Porter's House
When – Tuesday Mornings 10:00 am – 11:30 am
Contact Phone – (360) 273-2364 (Pat Porter)
*Ladies Only

Revolution

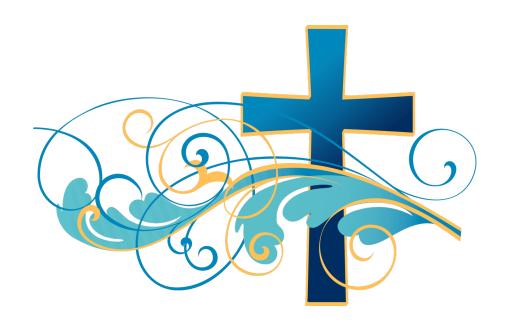
Leader – Darryl Vaughan
Host Location – Blue Church Building
When – Wednesday Evening's 7:00 pm – 8:00 pm
Contact Phone – (360) 453-7670 (Darryl Vaughan)
*Youth - Grades 6th – 12th

Prayer Meeting

Leader – Eilene Anderson Host Location – Blue Church Building When – 3rd Friday of Every Month 7 pm – 8 pm Contact Phone – (360) 273-7932 (Eilene Anderson)







Please visit our website @ www.rochesterlife.org

Disillusioned with Yourself Disillusionment - Part 2

Pastor David Ristow

"I am exhausted from crying for help; my throat is parched and dry. My eyes are swollen with weeping, waiting for my God to help me." Psalm 69:3 (NLT)

Have you ever been disillusioned with yourself?

Disillusionment can last for just a few days weeks, months, or even years. The longer your disillusionment stays the deeper the impact it will have on your life.

The disillusionment can affect at least four major areas of your life.

1.	It	your
2.	It	your
3.	It	_your
4.	It	your Christian

Disillusionment can negatively affect your physical and mental state.

•	It can affect your
•	It can affect your
•	It can affect your

Biblical examples of people who were disillusioned with themselves

Followers of God regularly overlooked their ability, their authority, and their commitment.

1.		<i>Matthew 26:75</i> - John21:17a	
2.		<i>Matthew 27:5</i>	
3.		Matthew 26:20-21	
4.		Psalm 43:5	
What to do when disillusionment comes			
1.	Don't	Mark 6:36-37	
2.	Don't	John 6:8-9	
3.	Don't	Matthew 15:32-33	
4.		your heart and mind in God's word – ian 3:16; Romans 12:1-2	

"And remember, it is a message to obey, not just to listen to.

So don't fool yourselves."

Iames 1:22