CTHIM NEWSLETTER



CTHIM is now on Periscope! Follow us under Prophet Theodore.

We praise God that more people are coming for healing and deliverance at Bethesda House of Healing. God is moving us onto a different focus in our ministry.

MINISTRY GROWTHS AND CHANGES

by: Esther Upham Aluoch

Recently, CTHIM has been undergoing a few minor adjustments. As always, we want to remain open and obedient to the leading of the Holy Spirit. One of the adjustments came about simply by observing the change of attendance at our Saturday meetings, and seeing that the Holy Spirit must be leading in this to cause us to modify what we have been doing, and how we have been ministering. So, with the low attendance we were having at our Saturday meetings, we decided to start putting our services on Periscope, and reach out to more people through that medium. For anyone who wants to join us, just download the Periscope application on your phone, and choose to follow us under "Prophet Theodore".

Simultaneously, while the attendance at our Saturday meetings reached a low, we also started getting more and more calls for people seeking deliverance; here within Columbus, and also out of state. In February, we ministered counseling and deliverance to a mother/daughter, and also to a mother and son who came to stay at the Circleville house. In March, we have another young lady coming, and I'm sure we'll start seeing more and more people coming for help. It is wonderful to see how God brings deliverance and healing to people. Most of them also get filled with the Holy Spirit, and this is the empowerment they need to go back home and keep their deliverance.

TESTIMONIES

by: Esther Upham Aluoch

Rusty started coming to CTHIM last spring. While attending our services, the Holy Spirit ministered several



And all the trees of the field shall know that I the Lord have brought down the high tree, have exalted the low tree, have dried up the green tree, and have made the dry tree to flourish: I the Lord have spoken and have done it. Ezekiel 17:24

times to him through Theodore. As someone who had served in the Iraq war, he was suffering from PTSD. Prophet Theodore insightfully recognized that those dealing with PTSD needed to be surrounded by family and community, instead of being isolated. Gradually, he opened up to Theodore, and he was able to get some deliverance prayer. God miraculously set him free. Now he is sharing the gospel wherever he can, and even to the Amish, since he speaks German. In addition, his counselor (who is a non-practicing Jew) said that he didn't need to come back for counseling anymore, and that whatever he was getting from church, he should keep doing it. Praise God for miracles!

Danette started coming to CTHIM in September with her sister and brother-in-law. During that time, she received several prophetic words about getting a job, a car, and her own place. God answered quickly, and beautifully, and all of those things came to pass. Then, in December, she came to a service with her son, and both of them were filled with the Holy Spirit on the same night. What a beautiful way the Lord completes His plans for His beloved.

THE POWER OF YOUR THOUGHTS: WHERE STRONGHOLDS BEGIN

by: Prophet Theodore Aluoch

The enemy loves to put thoughts into the believer's mind. Those thoughts (if meditated on), produce strongholds, which produce feelings, which land us in bondage, and this all because we listened to the devil more than to our heavenly Father.

Two voices are speaking to us every day. Satan likes to come along and tell the believer, "Look at that sin you did 5 years ago! That was so bad! You're such a failure!" But Jesus, through God's Word, tries to tell us that if we turn to Him, we will be forgiven (1 John 1:9), and our past will be forgotten, "I, even I, am he that blotteth out thy transgressions for



Put off...the old man which grows corrupt according to the deceitful lusts, and be renewed in the spirit of your mind, and that you put on the new man which was created according to God, in true righteousness and holiness. Ephesians 4:22-24

The Cognitive Triangle

Thoughts
Create
Feelings

Feelings
Create
School Separation

Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee. Isaiah 26:3

mine own sake, and will not remember thy sins." (Isaiah 43:25)

We are faced with a choice: we can either listen to Satan's lie that we are a failure, or we can listen to God's Word that tells us that our past has been washed away and we are new creatures in Christ! 2 Cor 5:17, "Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new."

Whichever voice we listen to will crowd the other one out. The one we feed will reign in us! The same is true in the spiritual realm. The more we listen to Satan's lies and deception, the more he will build strongholds in our mind. The more strongholds that go up, the harder it will be to hear God's voice. The other side of the coin is true too: the more we feast ourselves on the truth of God's Word, the more it tears down strongholds and makes it harder for the enemy's voice to penetrate our system.

If we listen to Satan's lies, he will continue to feed us that lie, and it will grow into a stronghold (a lie that is believed, or an incorrect thinking pattern). Our feelings are quite often a direct result of our thoughts. If we think that we are a failure, we will feel like one. However, if we listen to our heaven Father, who is speaking truth to us through His Word, we will begin to tear down the strongholds in our life.

Our thoughts can affect how we feel. When we believe something, it will affect our feelings. When we believe we are a failure, we will feel like one. When we believe we are a forgiven saint, we will feel like one.

The difference between a guilt-ridden Christian and a light-hearted and joyful Christian is often one simple thing: what they are thinking about. Guess who's thinking about the sin, the guilt and the past? Now guess who's thinking about how they have been washed clean and they are a new person in Christ Jesus?

Whatever we keep our mind on (think about often) will affect our whole being. Isaiah 26:3, "Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee."