



Our mission is to equip people to grow their faith
by connecting to God and others
while reaching out with love

Proper 10
July 12, 2020

Liturgy of the Word

Prelude

Siciliano
Air and Gavotte

John Stanley
Samuel Wesley

A bell will be rung three times to begin our worship

Opening Song

Come, we that love the Lord

1 Come, we that love the Lord, and let our joys be known, join
2 Let those re-fuse to sing who nev-er knew our God; but
3 The hill of Zi-on yields a thou-sand sa-cred sweets be-
4 Then let our songs a-bound, and ev-ery tear be dry; we're

in a song with sweet ac-cord, and thus sur-round the throne.
chil-dren of the heav-en-ly King may speak their joys a-broad.
fore we reach the heav-en-ly fields, or walk the gold-en streets.
march-ing through Em-man-uel's ground to fair-er worlds on high.

Opening Acclamation

Presider
All

Blessed be God: Father, Son, and Holy Spirit.
And blessed be God's kingdom, now and for ever. Amen.

Collect for Purity

Presider Let us pray together.

Almighty God,

All to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Gloria

Glo - ry,
Glo-ry, hal - le - lu - jah, Lord we praise your Ho - ly name,--- Glo-ry,
Glo - ry hal - le - lu - jah, Lord we praise your Ho - ly name.---
Glo-ry to God in the high-est, and peace to His peo - ple on earth.
Lord God, heav - en - ly King, al - might - y God and Fa - ther, we
wor - ship you, we give you thanks, we praise you for your glo-ry.
Lord Je - sus Christ, on - ly son of the Fa - ther, Lord God, Lamb of
God, Glo-ry, Glo-ry, hal - le - lu - jah, Lord we praise your Ho - ly name,---
Glo - ry, hal - le - lu - jah, Lord we praise your Ho - ly name,--- Glo-ry,

(continues on next page)

Women

Men

name. A - men.

Presider May God be with you.
People **And also with you.**
Presider Let us pray.

The Collect of the Day

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The Ministry of the Word

First Reading

Genesis 25:19-24

These are the descendants of Isaac, Abraham's son: Abraham was the father of Isaac, and Isaac was forty years old when he married Rebekah, daughter of Bethuel the Aramean of Paddan-aram, sister of Laban the Aramean. Isaac prayed to the Lord for his wife, because she was barren; and the Lord granted his prayer, and his wife Rebekah conceived. The children struggled together within her; and she said, "If it is to be this way, why do I live?" So she went to inquire of the Lord. And the Lord said to her, "Two nations are in your womb, and two peoples born of you shall be divided; the one shall be stronger than the other, the elder shall serve the younger." When her time to give birth was at hand, there were twins in her womb. The first came out red, all his body like a hairy mantle; so they named him Esau. Afterward his brother came out, with his hand gripping Esau's heel; so he was named Jacob. Isaac was sixty years old when she bore them. When the boys grew up, Esau was a skillful hunter, a man of the field, while Jacob was a quiet man, living in tents. Isaac loved Esau, because he was fond of game; but Rebekah loved Jacob. Once when Jacob was cooking a stew, Esau came in from the field, and he was famished. Esau said to Jacob, "Let me eat some of that red stuff, for I am famished!" (Therefore he was called Edom.) Jacob said, "First sell me your birthright." Esau said, "I am about to die; of what use is a birthright to me?" Jacob said, "Swear to me first." So he swore to him, and sold his birthright to Jacob. Then Jacob gave Esau bread and lentil stew, and he ate and drank, and rose and went his way. Thus Esau despised his birthright.

Reader Hear what the Spirit is saying to God's people.
People **Thanks be to God.**

Psalm 119:105-112

1. Your word is a lantern to my feet * and a light upon my path.
2. **I have sworn and am determined * to keep your righteous judgments.**
3. I am deeply troubled; * preserve my life, O Lord, according to your word.
4. **Accept, O Lord, the willing tribute of my lips, * and teach me your judgments.**
5. My life is always in my hand, * yet I do not forget your law.
6. **The wicked have set a trap for me, * but I have not strayed from your commandments.**
7. Your decrees are my inheritance for ever; * truly, they are the joy of my heart.
8. **I have applied my heart to fulfill your statutes * for ever and to the end.**

Second Reading

Romans 8:1-11

There is therefore now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law—indeed it cannot, and those who are in the flesh cannot please God. But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

Reader Hear what the Spirit is saying to God's People.
People **Thanks be to God.**

Gradual Hymn

Thy Word

mp 2 *mp-mf* REFRAIN

Thy word is a lamp un-to my feet

and a light un-to my path. path.

VERSES 1-2

mf

1. 7 When I feel a - fraid, think I've lost my way,
2. Now I will not for - get your love for me, and yet my

1. still you're there right be - side me. And
2. heart for - ev - er is wan - der - ing.

1. noth - ing will I fear as long as you are near.
2. Je - sus, be my guide, and hold me to your side.

1. You are near me to the end.
2. I will love you to the end. *D.S.*

VERSE 3

f

3. Noth - ing will I fear as long as you are near.

3. You are near me to the end.

FINAL REFRAIN

Thy word is a lamp un-to my feet and a light un-to

my path. path, and a light un-to my

path. You're the light un-to my path.

Presider The Holy Gospel of our Lord Jesus Christ according to Matthew.
People **Glory to you, Lord Christ.**

Jesus went out and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen! Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

Presider The Gospel of the Lord.
People **Praise to you, Lord Christ.**

Sermon The Rev. Liz Tichenor

You are invited to join in a time of silence and reflection following the homily.

Hymn

Make Me a Channel of Your Peace

Verses 1, 2, 4



1. Make me a chan - nel of your peace. Where
2. Make me a chan - nel of your peace. Where
4. Make me a chan - nel of your peace. It



there is ha - tred, let me bring your love. Where
there's de - spir in life, let me bring hope. Where
is in par - don - ing that we are par - doned, in



there is in - ju - ry, your par - don, Lord, And
there is dark - ness, on - ly light, And
giv - ing of our - selves that we re - ceive, and in



where there's doubt, true faith in you.
where there's sad - ness, ev - er joy.
dy - ing that we're born to e - ter - nal life.

Verse 3



3. Oh, Mas - ter, grant that I may nev - er seek So much to be con -



soled as to con - sole. To be un - der - stood as to un - der -



stand. To be loved as to love with all my soul.

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

The Prayers of the People

standing

Presider Let us pray with trust in God, saying, God of mercy, hear our prayer.

Leader Holy One, guard and direct your Church in the way of service, love, and praise.

People God of mercy,
Hear our prayer.

Give to all nations an awareness of the unity of the human family.
God of mercy,

Hear our prayer.

Cleanse our hearts of prejudice and selfishness, and inspire us to hunger and thirst for what is right.

God of mercy,
Hear our prayer.

Teach us to use your creation for your greater praise, that all may share the good things you provide. We give thanks especially for Ann, Dan, Leigh, Maddie and Grace, Jean, Kevin, Amy, Andrew, Benjamin, Emma and Katie, members of our parish family.

God of mercy,
Hear our prayer.

Strengthen all who give their energy or skill for healing, and for those who are sick in body, mind or spirit. We pray especially those on our Parish Prayer List, and those we now name: ____.

God of mercy,
Hear our prayer.

Set free all who are bound by fear and despair.

God of mercy,
Hear our prayer.

Grant a peaceful end and eternal rest to all who have died, and your comfort to those who mourn. We pray especially for those we now name: ____.

God of mercy,
Hear our prayer.

And praying together,

**Holy, holy, holy God:
fill us with strength and courage,
with discernment and compassion,
that we may be your instruments
of justice and love in this world,
that it may be on earth as it is in heaven. Amen.**

Confession

Presider Let us confess our sins against God and our neighbor.

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

The Presider pronounces God's forgiveness:

Almighty God have mercy on you,
forgive you all your sins through our Lord Jesus Christ,
strengthen you in all goodness,
and by the power of the Holy Spirit keep you in eternal life. **Amen**

The Peace

Presider The peace of Christ be always with you.

People **And also with you.**

The Offertory

Presider On this day God has acted; Jesus Christ is risen! Let us rejoice and be glad!

Offertory Music

Songs My Mother Taught Me
Rob Evans, saxophone

Anton Dvorak, Op. 55, No. 4

While we are physically separated, your financial support of the church is still appreciated and important! If you would like to make a gift online, you can securely do so through [PayPal here](#). You can also mail checks to the church at 399 Gregory Lane, Pleasant Hill CA, 94523. Thank you!

The Great Thanksgiving

standing

Presider All things come of you, O God,
People **and of your own have we given you.**

May God be with you.
And also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

It is right, and a good and joyful thing,
always and everywhere to give thanks to you,
Father Almighty, Creator of heaven and earth;

Through Jesus Christ our Lord;
who on the first day of the week overcame death and the grave,
and by his glorious resurrection opened to us the way of everlasting life.

Therefore we praise you,
joining our voices with Angels and Archangels
and with all the company of heaven,
who for ever sing this hymn to proclaim the glory of your Name:

Ho - ly, ho - ly, ho - ly,
 ho - ly Lord, God of pow-er and might, heav-en and earth,
 heav-en and earth are full of your glo - ry. Ho -
 san - na in the high - est, ho - san - na in the
 high - est. Bless-ed is he, bless-ed is he who
 comes in the name of the Lord. Ho - san - na in the
 high - est, ho - san - na in the high - est. Ho -
 san - na in the high - est, ho - san - na in the high - est.

The Presider continues

Holy and gracious Father:

In your infinite love you made us for yourself;
 and, when we had fallen into sin
 and become subject to evil and death,
 you, in your mercy, sent Jesus Christ, your only and eternal Son,
 to share our human nature, to live and die as one of us,
 to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross,
 and offered himself, in obedience to your will,
 a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death,
 our Lord Jesus Christ took bread;
 and when he had given thanks to you,
 he broke it, and gave it to his disciples, and said,
 "Take, eat: This is my Body, which is given for you.
 Do this for the remembrance of me."

After supper he took the cup of wine;
and when he had given thanks,
he gave it to them, and said, "Drink this, all of you:
This is my Blood of the new Covenant,
which is shed for you and for all for the forgiveness of sins.
Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

All
Christ has died.
Christ is risen.
Christ will come again.

The Presider continues:

We celebrate the memorial of our redemption, O Father,
in this sacrifice of praise and thanksgiving.

Recalling his death, resurrection, and ascension,
we offer you these gifts.

Sanctify them by your Holy Spirit
to be for your people the Body and Blood of your Son,
the holy food and drink
of new and unending life in him.

Sanctify us also that we may faithfully receive this holy Sacrament,
and serve you in unity, constancy, and peace;
and at the last day bring us with Blessed Mary the God-Bearer,
and all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ.
By him, and with him, and in him,
in the unity of the Holy Spirit
all honor and glory is yours, Almighty Father,
now and for ever. **Amen.**

The Lord's Prayer


Presider As our Savior Christ has taught us, we now pray:

Cantor:



Our Fa - ther in heaven,

All:



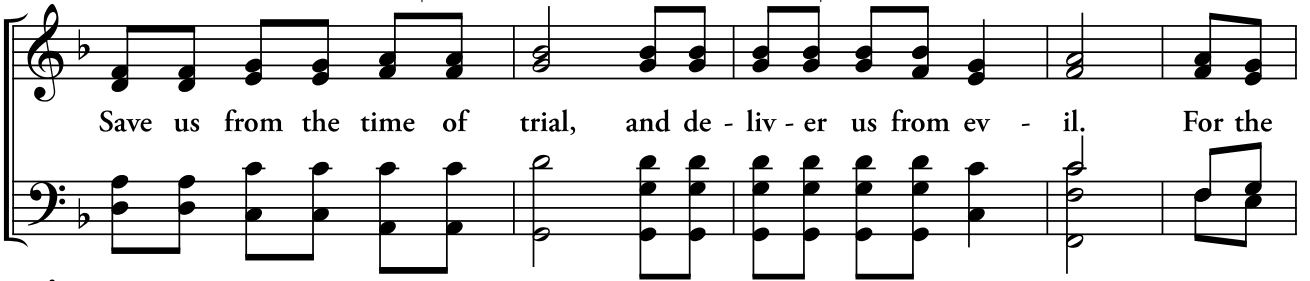
hal - lowed be your Name. Your king - dom come.



Your will be done on earth as in heaven. Give us to - day our dai - ly bread. For -



give us our sins as we for - give those who sin a - gainst us.



Save us from the time of trial, and de - liv - er us from ev - il. For the



king - dom, the power, and the glo - ry are yours, now and for ev - er. A - men.

The Presider breaks the Bread, and says:

Presider Alleluia. Christ our Passover is sacrificed for us.

People Therefore let us keep the feast. Alleluia.

A Prayer for Spiritual Communion

In union, O Lord, with your faithful people who long to gather at every altar of your Church, where the Holy Eucharist has been celebrated, and, we pray, will be celebrated again soon, we desire to offer to you praise and thanksgiving. We remember your death, Lord Christ; we proclaim your resurrection; we await your coming in glory. Since we cannot receive you today in the Sacrament of your Body and Blood, we beseech you to come spiritually into our hearts. Cleanse and strengthen us with your grace, Lord Jesus, and let us never be separated from you. May we live in you, and you in us, in this life and in the life to come. Amen.

Announcements

Birthdays, Anniversaries and Milestones

The Hands of God



To - day, to - mor-row and al - ways we re - joi - ce in the hands of God. May God's
pow - er - ful hands sup - port you, May God's guid - ing hands lead you, May God's
lov - ing hands en - fold you. We re - joi - ce in the hands of God.

Final Blessing

Presider God's Blessing be with you,
Christ's peace be with you,
the Spirit's outpouring be with you,
now and always.
Amen.

Closing Hymn 530

Spread, O spread thou mighty word

1 Spread, O spread, thou might - y word, spread the king - dom of the Lord,
2 word of how the Fa - ther's will made the world, and keeps it, still;
3 word of how the Sa - vior's love earth's sore bur - den doth re - move;
4 word of how the Spi - rit came bring - ing peace in Je - sus' name;
5 Word of life, most pure and strong, word for which the na - tions long,

1 that to earth's re - mot - est bound all may heed the joy - ful sound;
2 how his on - ly Son he gave, earth from sin and death to save;
3 how for - ev - er, in its need, through his death the world is freed;
4 how his nev - er - fail - ing love guides us on to heaven a - bove.
5 spread a - broad, un - til from night all the world a - wakes to light.

The musical score consists of two systems, each with a treble and bass staff. The lyrics are printed between the staves. The first system covers the first five lines of lyrics, and the second system covers the next five lines. The music is in a simple, hymn-like style with a clear melody and accompaniment.

Dismissal

Presider Let us go forth in the Name of Christ.
People **Thanks be to God.**

Postlude

Trumpet Voluntary

Henry Heron

Prayer List

Klaus	Bob
Sally & Cary	Teresa
Glenn	Paula
Jennifer M.	Jeff
Jim	Grace
Kirk	Joy
Jake & Family	Amy
Carl	Kathie
Becky	John
Karen	Shelly
Mark	Julie
Joann	Matthew
Kenny	Dave
Len	Pat
Peggy	John
Pauline	Rosella
Eloise	John
Katherine	Kris' family
Violaine	Betty
Jennifer	Rev. Robert
Pam	Bev
Mary Pat	Mike
Chris	Amy
Carmel	Meg
Cammy	Rick
Robyn	Chaz
Skip	Marcos
Rev. Steve	Jim
Sasha	Jordan
Pat	Dick
Rick	

Please Pray for those in the Armed Services

Tristan, David, Katie, Kris, Devin, Adam, Jason, John

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