



**Instructions: Men / Dads** – For the next seven days. Try to set your clock 15 minutes earlier than normal. Get up and as the leader of your home take time to specifically pray for yourself as a leader, and for your spouse and kids.

For the next seven days, take time to play with your kids. This is never a waste of time.

For the next seven days would you take time to fast (anything)?

Things to remember:

1. Good attitude, be positive!
2. Build them up, not beat them up.
3. Inspire your family to obey God.
4. Have fun with these people put under your care.

If you mess up, don't throw in the towel. Repent and keep going.

Life transformation TAKES TIME and EFFORT! Just keep showing up.

Day One: I DECLARE that I am growing, changing and developing as I press into the Lord every day.

I desire to become everything He has envisioned me to be.

With God on my side, I cannot lose. In the end,  
we the Kingdom of God wins.

This is my declaration.

Day Two: I DECLARE that I walk by the Spirit and do not walk in the flesh. I will turn away from every known sin in my life. I will ask the Holy Spirit to reveal to me areas of compromise and will turn from them.

I have been bought with a price, I know longer live, but Christ lives in me,  
and this life I now live I live for the Son of God.

This is my declaration.

Day Three: I DECLARE that Jesus loves me. He might not like everything that I do, but He loves me.

Because He loves me and died for me,

I want to be obedient to Him in everything I do.

I do not want to sin and if I do, I will keep a short account with Him,  
repenting quickly when the Holy Spirit convicts me.

I want to live for Him every day.

This is my declaration.

Day Four: I DECLARE that I will live as a healer.

I am sensitive to the needs of those around me.

I will lift the fallen, restore the broken, and encourage the discouraged. I am full of compassion and kindness.  
I won't just look for a miracle; I will become someone's miracle  
by showing God's love and mercy everywhere I go.

This is my declaration.

Day Five: I DECLARE that I have a sound mind filled with good thoughts, not thoughts of defeat.

By faith, I am well able. I am anointed. I am equipped.

I am empowered.

My thoughts are guided by God's Word every day.

No obstacle can defeat me, because my mind is programmed  
for victory.

This is my declaration.

Day Six: I DECLARE that I will use my words to bless people. I will speak favor and victory over my family,  
friends, and loved ones.

I will help call out their seeds of greatness by telling them  
"I'm proud of you, I love you, you are amazing, you are talented,  
you are beautiful, you will do great things in life."

This is my declaration.

Day Seven: I DECLARE a legacy of faith over my life. I declare that I will store up blessings for future generation. My life is marked by excellence and integrity. Because I'm making right choice and taking steps of faith, others will want to follow me, God's abundance is surrounding my life today.

This is my declaration!

Praying the Word is the most important.

Not sure where to start, begin reading  
Proverbs or Psalms out of your mouth!

Pray it out, speak it out, live it out!