



They come in the form of addictions; the things we believe to be true about God, ourselves and others. They are the deep hurts and chronic heart pain that has shaped our thinking and often defined us.

They are our issues.

Jesus' remedy for our issues is the Truth. He said if we knew the truth, we would be free. (John 8:32).

Welcome to New Heart Healing and Recovery | *an experience with The Truth and the Issue.*

## T H E I S S U E C H A N G E

### CHANGE CAN BE INTIMIDATING

Change is difficult for many people. Some people “hate” change. Some “fear” change. Stepping out of a comfort zone can be frightening. Changing anything in our lives can be challenging. On the other hand, NOT making certain changes can be MORE risky.

My family moved at least once or twice a year throughout my entire childhood. Changing schools, making new friends, catching up on school lessons, getting to know the neighborhood, and accepting the new house as a home, were all par for the course.

- I learned how to pack quickly at a young age.
- I learned that moving was the lifestyle.
- I learned how to disconnect from relationships at the drop of a hat with little or no emotion since relationships are transient and accountability is nil.

*Change was synonymous with insecurity.*

### WHAT MAKES YOU INSECURE?

- ☐ Does it make you nervous when the season line up on TV changes?
- ☐ Are you particularly anxious during an election year?
- ☐ Do you have serious buyer's remorse if you make a major purchase?
- ☐ Is it unreasonable to expect you to “blindly” accept procedure changes at work?
- ☐ What about getting a new doctor?
- ☐ **How about a new belief?**

## T H E T R U T H C H A N G E

### WELCOMING



### CHANGE IS ALWAYS RISKY

What if I move and I don't like the new apartment?  
What if I get married and the marriage doesn't last?  
What if I buy a car and it turns out to be a lemon?  
What if I take a new job and I don't measure up?  
What if I quit using and then fall off the wagon?  
What if I trust in Jesus and He lets me down?  
What if I let Him down?

### FEAR PARALYZES

If your “What if's” are keeping you from making *healthy changes*, you could be in a rut. Not just a rut, but hole—a deep pit! There is no security in a pit!

If your “What if's” are keeping you from making Godly choices, then your lack of change is causing you to make UNGODLY choices.

### GET OUT OF THE PIT

Choose to make healthy changes and Godly choices TODAY!

- “*And I will give you a new heart, and I will put a new spirit in you. I will take out your stony, stubborn heart and give you a tender, responsive heart* | Ezekiel 36:26, NLT

For God to give you a new heart...now THAT'S a huge change!

But you must make some choices first...

- “*Now **choose life**, so that you and your children may live*” | Deuteronomy 30:19, NIV

Choose life... choose Jesus Christ. And choose to obey!

Find your security in Christ... Jesus says:

- “*If you love me, you will obey what I command*” | John 14:15
- “*If you obey my commands, **you will remain in my love**, just as I have obeyed my Father's commands and remain in his love*” | John 15:10

Choosing to obey God will require you to make some changes. These changes will bring security rather than insecurity to your heart, as you remain in Christ's love.

## Welcome to New Heart Healing and Recovery

New Heart Healing and Recovery is based on the promise of the Father recorded in Ezekiel 36:26 (TLB)

*“I will give you a new heart with new and right desires, and I will put a new spirit in you.”*

Whether you are an alcoholic, drug, gambling, or sex addict; or a man or woman wrestling with the pain of their core issues (shame, rejection, abuse, anger, unforgiveness) you are invited to join us in the amazing faith-driven experience of exchanging a broken, cynical, unbelieving heart for a new one.

Visit our website:  
[newheartministry.com](http://newheartministry.com)

## Talk to Us

Do you have a Prayer Request?

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How Can We Help You?

☐ I WOULD LIKE SOMEONE TO  
SHOW ME HOW I CAN KNOW  
JESUS AS SAVIOR.

☐ I NEED COUNSELING.

☐ OTHER: 

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Your Information

NAME 

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ADDRESS 

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CITY 

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ZIP 

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TELEPHONE

( 

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EMAIL 

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Thank You

 **NewHeart***Ministries*

# Welcome!

I will give you a New Heart  
with New and Right Desires,  
and I will put a New Spirit  
in you | Ezekiel 36:26 (TLB)

New Heart

# Healing and Recovery