



They come in the form of addictions; the things we believe to be true about God, ourselves and others. They are the deep hurts and chronic heart pain that has shaped our thinking and often defined us.

They are our issues.

Jesus' remedy for our issues is the Truth. He said if we knew the truth, we would be free. (John 8:32).

Welcome to New Heart Healing and Recovery | an experience with *The Truth and the Issue*.

## THE ISSUE      FEAR OF FAILURE

### WHAT WOULD YOU TRY IF YOU KNEW YOU COULD NOT FAIL?

The **fear of failure** comes from the belief that you must meet certain standards in order to feel good about yourself. As a result, you could be a perfectionist, maybe even manipulating others in order to succeed. Or you may completely avoid taking healthy risks... after all, how can you fail if you don't try?

### WHY BOTHER TRYING IF I'M JUST GOING TO FAIL?

Is your fear of failure keeping you from the healthy risk of saying "no" to your addiction or other life-controlling issue?

- "If I fail, those I love will disapprove of me or even reject me."
- "If I succeed, how will I ever be able to maintain that high standard?"

But if you don't try, isn't that the same as failure?

If the fear of failure is keeping you from making "healthy-risk" choices, you may be stuck in an unhealthy lifestyle of denial, loss, poor health, bad relationships... all because of fear.

**"AND WITHOUT FAITH IT IS IMPOSSIBLE TO PLEASE GOD."**  
(Heb. 11:6)

It's impossible to please God without faith??

No matter what I do or what I say I can't please God without faith??

Well, guess what: **Fear is the opposite of Faith!**

That includes the fear of failure. If fear is keeping you from taking healthy risks... if fear is keeping you in isolation... if fear keeps you bogged down in your issues instead of centered in the truth... there is an exchange you can make!

## THE TRUTH      FEAR OF FAILURE



### THE EXCHANGE

Jesus Christ made an exchange on the cross in order to free you from the lies and addictions and unhealthy choices. He made an exchange on the cross, so if you accept the exchange, you can be free from fear. Jesus Christ is the **AUTHOR** of your faith!

- FALSE BELIEF SYSTEMS = SHACKLES
- TRUTH = FREEDOM

***Exchange your false belief systems for the TRUTH!***  
***Exchange your shackles for freedom!***

### STEP ONE | ASK JESUS TO HEAL YOUR HEART

- Whether it's addictions, shame, guilt, or other issues, Jesus is "the way, the truth and the life" (John 14:6). Whatever wounds you have that caused you to fear, Jesus is here to heal you.
- Accept Him into your wounded, fearful heart—He'll begin the healing process right away.

### STEP TWO | KNOW WHAT THE BIBLE SAYS ABOUT FEAR

- "For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future" | Jer. 29:11
- "But because of his great love for us, God, who is rich in mercy, made us alive with Christ even when we were dead in transgressions—it is by grace you have been saved" | Eph. 2:4-5
- "I can do all this through him who gives me strength" | Phil. 4:13
- "So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand" | Isaiah 41:10

### STEP THREE | TAKE A STEP OF FAITH!

- You can take the power out of the fear of failure, knowing that God will never leave you, has plan for your life, loves you so very, very much, and will give you the strength to succeed.
- Go ahead! Take that step of faith!

(Recommended Reading: *The Search for Significance*, by Robert S. McGee)

## Welcome to New Heart Healing and Recovery

New Heart Healing and Recovery is based on the promise of the Father recorded in Ezekiel 36:26 (TLB)

*"I will give you a new heart with new and right desires, and I will put a new spirit in you."*

Whether you are an alcoholic, drug, gambling, or sex addict; or a man or woman wrestling with the pain of their core issues (shame, rejection, abuse, anger, unforgiveness) you are invited to join us in the amazing faith-driven experience of exchanging a broken, cynical, unbelieving heart for a new one.

Visit our website:  
[newheartministry.com](http://newheartministry.com)

## Talk to Us

Do you have a Prayer Request?

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How Can We Help You?

☐

I WOULD LIKE SOMEONE TO  
SHOW ME HOW I CAN KNOW  
JESUS AS SAVIOR.

☐

I NEED COUNSELING.

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OTHER: 

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Your Information

NAME 

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ADDRESS 

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CITY 

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ZIP 

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TELEPHONE

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EMAIL 

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Thank You

# Welcome!

I will give you a New Heart  
with New and Right Desires,  
and I will put a New Spirit  
in you | Ezekiel 36:26 (TLB)

New Heart

# Healing and Recovery

 **NewHeart***Ministries*