



They come in the form of addictions; the things we believe to be true about God, ourselves and others. They are the deep hurts and chronic heart pain that has shaped our thinking and often defined us.

They are our issues.

Jesus' remedy for our issues is the Truth. He said if we knew the truth, we would be free. (John 8:32).

Welcome to New Heart Healing and Recovery | an experience with *The Truth and the Issue*.

## T H E I S S U E **No Choice**

In Genesis 4, **Cain's attitude was a dead giveaway** to what was in his heart—or at least, what was trying to be in his heart: sin.

Notice that Cain had not yet sinned against his brother or God, but God did not accept Cain's offering of produce—fruits and veggies and grains. He did accept Abel's offering of a lamb because it was what was prescribed.

I imagine when God said, "sin is crouching at your door; it desires to have you, but you must master it," **Cain became even angrier at being rejected**, and might have thought, "I am a farmer and my brother is a rancher; I offered the best of my crop and so did my brother, yet mine wasn't good enough because it didn't bleed."

And the bad attitude had to have progressed from one step to another, on and on, until finally Cain was thinking in his heart, "**I'll give you blood!**"

**And he spilt the blood of his brother.**

The **potential turning point** was when God spoke to him about his attitude.

**Our attitude says a lot for what choices we are making.** If your attitude is unchecked, it can lead you to a point where it seems you have **no choice but to sin.**

If Cain would have listened and **humbled himself**, he could have mastered it and sent the sin at the door of his heart running; but instead he let it in.

Thankfully, when we have a bad attitude, God will always let us know.

## T H E T R U T H **No Choice** OVERCOMING



Today the Holy Spirit lets us know if sin is crouching at our door—He lets us know if we have a bad attitude—and we have a choice at that **potential-turning-point moment.**

We can choose to let sin in and allow the attitude to worsen until it brings death...

...spiritual death...

...physical death...

...death of relationships...

...death of employment...

...death of a marriage...

death of God's plan for this moment of your life.

Or we can **choose to listen and obey the Holy Spirit**, humble ourselves, and "*do nothing out of selfish ambition or vain conceit, but in humility consider others better than [ourselves]*" | Phil. 2:3. We should have the attitude like that of Christ Jesus (Phil. 2:5).

Sin is crouching at your door.  
It's a matter of life and death.

**What choices are you going to make today?**

**CHOOSE LIFE!**

### Welcome to New Heart Healing and Recovery

New Heart Healing and Recovery is based on the promise of the Father recorded in Ezekiel 36:26 (TLB)

*"I will give you a new heart with new and right desires, and I will put a new spirit in you."*

Whether you are an alcoholic, drug, gambling, or sex addict; or a man or woman wrestling with the pain of their core issues (shame, rejection, abuse, anger, unforgiveness) you are invited to join us in the amazing faith-driven experience of exchanging a broken, cynical, unbelieving heart for a new one.

Visit our website:  
[newheartministry.com](http://newheartministry.com)

# Talk to Us

Do you have a Prayer Request?

---

---

---

How Can We Help You?

I WOULD LIKE SOMEONE TO SHOW ME HOW I CAN KNOW JESUS AS SAVIOR.

I NEED COUNSELING.

OTHER: \_\_\_\_\_

Your Information

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

ZIP \_\_\_\_\_

TELEPHONE \_\_\_\_\_

( ) \_\_\_\_\_

EMAIL \_\_\_\_\_

\_\_\_\_\_

 **NewHeart** *Ministries*

# Welcome!

**I will give you a New Heart with New and Right Desires, and I will put a New Spirit in you | Ezekiel 36:26 (TLB)**

New Heart

# Healing and Recovery

Drugs and Alcohol . Families of the Addicted . Men's Issues . Women's Issues