



They come in the form of addictions; the things we believe to be true about God, ourselves and others. They are the deep hurts and chronic heart pain that has shaped our thinking and often defined us.

They are our issues.

Jesus' remedy for our issues is the Truth. He said if we knew the truth, we would be free. (John 8:32).

Welcome to New Heart Healing and Recovery | an experience with *The Truth and the Issue*.

T H E I S S U E **Past and Future**

God lives in the Past, Present, and Future—all at once.

He is eternal

Human Beings live on a timeline – a sequence – moving from Point A to Point B.

We live in the Present only—on a very small piece of that timeline (Mondays, 5 o'clocks, March's, 2012's) However, we sometimes spend too much time in the Past, either regretting the Past, or wishing the Past would be restored. Or we spend too much time in the Future: planning, hoping, *fearing*. It's good to plan and hope, but we need to spend more time in the Present, since that is where we live.

Sometimes, in recovery, **we get stuck**. We get stuck and can't go forward to the next step of healing. When things in the Past, such as sin, guilt, shame, and pain get in the way of how we see our Future, we get stuck: our past distorts our view of the Future with fear and condemnation. If you allow it, Satan will trap you in your past, rendering you unable to move forward because of the weight of guilt and shame.

But, the other trap is just as significant: the future. If you will play the "what if" game with the enemy, you will become paralyzed with fear; unable to take a step because... well... what if?

T H E T R U T H **Past and Future** DEALING PROACTIVELY



God is in the Past, Present, and Future

—all at the same time—

GOD IS ETERNAL | BUT WE'RE NOT!

The Bible says:

"So, as the Holy Spirit says: TODAY, if you hear his voice, do not harden your hearts" | Hebrews 3:7-8a

That tells me we are not going to hear God's voice by regretting the Past or worrying about the Future. He meets us in the NOW, not the Future...because we're not really there yet.

There's only one way to deal with the failures and sins of the past: ask Jesus to forgive you; to cleanse you. "... if we admit our sins—make a clean breast of them—he won't let us down; he'll be true to himself. He'll forgive our sins and purge us of all wrongdoing." | 1 John 1:9-10 (The Message). There's no way to answer the "what if" question. We can't know the future. So we trust Jesus with our future. He is the author and finisher of our faith.

Take time today to spend time in the NOW—with God. If you do, your issues and fears will begin to be resolved, your perception of the Past will begin to take on a whole new look, and your Future will happen—WITH GOD.

Get UN-stuck. Live in the Present; one day at a time. It's in the present we experience His grace, His power, His presence.

"This is the day the Lord has made, let us rejoice and be glad in it!"
Psalm 118:24

Welcome to New Heart Healing and Recovery

New Heart Healing and Recovery is based on the promise of the Father recorded in Ezekiel 36:26 (TLB)

"I will give you a new heart with new and right desires, and I will put a new spirit in you."

Whether you are an alcoholic, drug, gambling, or sex addict; or a man or woman wrestling with the pain of their core issues (shame, rejection, abuse, anger, unforgiveness) you are invited to join us in the amazing faith-driven experience of exchanging a broken, cynical, unbelieving heart for a new one.

Visit our website:
newheartministry.com



Talk to Us

Do you have a Prayer Request?

How Can We Help You?

I WOULD LIKE SOMEONE TO
SHOW ME HOW I CAN KNOW
JESUS AS SAVIOR.

I NEED COUNSELING.

OTHER: _____

Your Information

NAME _____

ADDRESS _____

CITY _____

ZIP _____

TELEPHONE

() _____

EMAIL _____



Welcome!

I will give you a New Heart
with New and Right Desires,
and I will put a New Spirit
in you | Ezekiel 36:26 (TLB)

New Heart

Healing and Recovery

 **NewHeart** *Ministries*