



They come in the form of addictions; the things we believe to be true about God, ourselves and others. They are the deep hurts and chronic heart pain that has shaped our thinking and often defined us.

They are our issues.

Jesus' remedy for our issues is the Truth. He said if we knew the truth, we would be free. (John 8:32).

Welcome to New Heart Healing and Recovery | an experience with *The Truth and the Issue*.

T H E I S S U E *prayer*

WHO PRAYS?

Do you pray? Does someone you know pray? Do they get answers? Do you? Does it make any difference whether we pray or not?

Some say prayer is nothing more than meditation, and is effective in bringing a sense of peace because of the focusing of the mind inwardly.

Some say prayer is wishful thinking and was invented to give children a sense of security when praying, "Now I lay me down to sleep..."

Some say asking God for anything is futile and that He is so big and we are so little that He doesn't care and never answers prayers. Especially if they "tried" praying and still didn't get that job...or their spouse still left them...or their loved one still wasn't healed from cancer.

Where was God then?

WHAT CAN HAPPEN?

There were times when the Israelites didn't pray. Granted, they had priests and prophets to pray on their behalf – like Isaiah and Moses and Aaron. But at a crucial time in their history—at a time when God was ready to judge and destroy Jerusalem, He looked for someone who would "stand in the gap" and pray on Jerusalem's behalf, and in the whole nation He didn't find one single person who was praying for Jerusalem! Can you imagine?

(You can read about it in Ezekiel 22).

T H E T R U T H *prayer*

The Importance of



WHAT IS PRAYER?

Prayer is conversation with God. It is simply talking with God and listening to him, telling Him your thoughts and feelings, praising Him, thanking Him, confessing sin, and asking for His help and advice.

The essence of prayer is humbly entering the **very presence** of almighty God.

CONFESSION

Sometimes prayer includes a confession of the things you have done wrong. It is through confession that you demonstrate the humility necessary for open lines of communication with the almighty, holy God. Confession is the first step of **agreeing** with God.

PRAY FOR OTHERS AND YOURSELF

- *"I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people—for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. This is good, and pleases God our Savior, who wants all people to be saved and to come to a knowledge of the truth" | 1 Timothy 2:1-4.*
- We are to pray for others. We can pray for our families. We can pray for those who don't know how to pray for themselves. And we are told to pray for those in authority. It pleases God!
- Believe it or not, for whatever reason, some of us forget to pray for ourselves. We have so many people in our lives and so many things on our wish list that we can forget to just draw near to Father God.
- Ask God for guidance and then wait for His direction. This really is an expression of an **intimate relationship with our Savior Jesus Christ**.

DOES GOD ALWAYS ANSWER PRAYER?

God listens carefully to every prayer and answers it. His answer may be yes, no, or wait. Any loving parent gives all three of these responses to a child. God always answers based on what he knows is best for you.

TRUST GOD!

He loves you and wants to have a conversation with you!
Enter His holy, loving presence today!

Welcome to New Heart Healing and Recovery

New Heart Healing and Recovery is based on the promise of the Father recorded in Ezekiel 36:26 (TLB)

"I will give you a new heart with new and right desires, and I will put a new spirit in you."

Whether you are an alcoholic, drug, gambling, or sex addict; or a man or woman wrestling with the pain of their core issues (shame, rejection, abuse, anger, unforgiveness) you are invited to join us in the amazing faith-driven experience of exchanging a broken, cynical, unbelieving heart for a new one.

Visit our website:
newheartministry.com

Talk to Us

Do you have a Prayer Request?

How Can We Help You?

☐ I WOULD LIKE SOMEONE TO
SHOW ME HOW I CAN KNOW
JESUS AS SAVIOR.

☐ I NEED COUNSELING.

☐ OTHER:

Your Information

NAME

ADDRESS

CITY

ZIP

TELEPHONE

(

)

EMAIL

Thank You

 **NewHeart***Ministries*

Welcome!

I will give you a New Heart
with New and Right Desires,
and I will put a New Spirit
in you | Ezekiel 36:26 (TLB)

New Heart

Healing and Recovery