



They come in the form of addictions; the things we believe to be true about God, ourselves and others. They are the deep hurts and chronic heart pain that has shaped our thinking and often defined us.

They are our issues.

Jesus’ remedy for our issues is the Truth. He said if we knew the truth, we would be free. (John 8:32).

Welcome to New Heart Healing and Recovery | an experience with The Truth and the Issue.

THE ISSUE Rejection

From the time we were little babies, finding our value in the eyes of our parents, and in the way they protected us (or failed to protect us) and provided for our needs (or didn’t provide for us), rejection has always been a huge fear-factor in how our lifestyles formed, what decisions we’ve made, and what path we find ourselves on today.

The following is from *The Search for Significance*, by Robert S. McGee:

Fear of Rejection

Read each of the following statements. Put an X next to each statement that is true. If a statement is very intensely true, put 2 Xs next to it.

- ☐ 1. I avoid certain people.
- ☐ 2. When I sense that someone might reject me, I become nervous and anxious.
- ☐ 3. I am uncomfortable around those who are different from me.
- ☐ 4. It bothers me when someone is unfriendly to me.
- ☐ 5. I am basically shy and unsocial.
- ☐ 6. I am critical of others.
- ☐ 7. I find myself trying to impress others.
- ☐ 8. I become depressed when someone criticizes me.
- ☐ 9. I always try to determine what people think of me.
- ☐ 10. I don’t understand people and what motivates them.

If you end up with 6 or more Xs, the fear of rejection may form a general backdrop to your life, affecting your decisions on a daily basis and robbing you of peace. Worse, experiences of rejection may dominate your memory, causing depression, isolation, and anger.

THE TRUTH OVERCOMING Rejection



WHAT OTHERS SAY

Our fear of rejection is proportional to the degree to which we base our self-worth on the opinions of others, so if we believe the lie “I am what others say I am”, the fear of rejection will plague us.

If past rejection has left you making bad choices and compromising your integrity and morals in order to avoid being rejected, there is still hope. The truth is that you are totally accepted by God, in Christ Jesus.

STEP ONE | KNOW WHERE YOUR SENSE OF VALUE COMES FROM

- Are you basing your self-worth on others’ opinions or on **God’s opinion**?
- “Once you were alienated from God and were enemies in your minds because of your evil behavior. But now He has reconciled you by Christ’s physical body to present you holy in his sight, without blemish and free from accusation” | Colossians 1:21, 22
- You are HOLY IN HIS SIGHT!

STEP TWO | UNDERSTAND THAT GOD HAS IMPARTED VALUE TO US

- **Are you afraid** of being rejected by potential employers, the opposite sex, the court system, or your old “friends?”
- **Is that fear** of rejection keeping you from making good choices?
- “Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is – His good, pleasing and perfect will” | Romans 12:2

STEP THREE | ASK GOD

- **Ask God** to constantly remind you of His love and acceptance and forgiveness of you. Ask Him to fill you with love for Him and for others, for “perfect love drives out fear” | 1 John 4:18
- **Make a conscious effort** to make choices by faith and obedience, rather than by fear and self-doubt.
- “God made him who had no sin to be sin for us, so that in him we might become the righteousness of God” | 2 Corinthians 5:21

Wow! We are valuable to God!

Welcome to New Heart Healing and Recovery

New Heart Healing and Recovery is based on the promise of the Father recorded in Ezekiel 36:26 (TLB)

“I will give you a new heart with new and right desires, and I will put a new spirit in you.”

Whether you are an alcoholic, drug, gambling, or sex addict; or a man or woman wrestling with the pain of their core issues (shame, rejection, abuse, anger, unforgiveness) you are invited to join us in the amazing faith-driven experience of exchanging a broken, cynical, unbelieving heart for a new one.

Visit our website:
newheartministry.com

Talk to Us

Do you have a Prayer Request?

How Can We Help You?

☐

I WOULD LIKE SOMEONE TO
SHOW ME HOW I CAN KNOW
JESUS AS SAVIOR.

☐

I NEED COUNSELING.

☐

OTHER:

Your Information

NAME

ADDRESS

CITY

ZIP

TELEPHONE

(

)

EMAIL

 **NewHeart***Ministries*

Welcome!

I will give you a New Heart
with New and Right Desires,
and I will put a New Spirit
in you | Ezekiel 36:26 (TLB)

New Heart

Healing and Recovery