



They come in the form of addictions; the things we believe to be true about God, ourselves and others. They are the deep hurts and chronic heart pain that has shaped our thinking and often defined us.

They are our issues.

Jesus’ remedy for our issues is the Truth. He said if we knew the truth, we would be free. (John 8:32).

Welcome to New Heart Healing and Recovery | *an experience with The Truth and the Issue.*

# THE ISSUE THE STORM

## JESUS SLEPT

*“On that day, when evening had come, he said to them, ‘Let us go across to the other side.’ And leaving the crowd, they took him with them in the boat, just as he was. And other boats were with him. And a great windstorm arose, and the waves were breaking into the boat, so that the boat was already filling. But he was in the stern, asleep on the cushion. And they woke him and said to him, ‘Teacher, do you not care that we are perishing?’”* | Mark 4:35-38 (ESV).



## DO YOU EVER FEEL LIKE YOU’RE BARELY HANGING ON?

- Do you know what it’s like to battle against **wave after wave after wave** of one negative thing after another?
- Have you been beat down by the economy, beat up by your emotions, buffeted by some relationships, and barraged by near hopelessness?
- Do you ever wonder if God has simply turned His back on you – or if He’s sleeping?
- Do you wonder why He lets you go through so much drama, trauma, and pain?

Seriously! Where is God?

# THE TRUTH PASSING THROUGH THE STORM



## JESUS IN THE STORM

*“And he awoke and rebuked the wind and said to the sea, ‘Peace! Be still!’ And the wind ceased, and there was great calm. He said to them, ‘Why are you so afraid? Have you still no faith?’”* | Mark 4:39-40 (ESV).

Granted, most of the time Jesus doesn’t put an end to the “storm” just because we are afraid, but in this case He did. “Peace! Be still!” He said to the winds and the waves, demonstrating both His ultimate power, as well as the difference between fear and faith.

## YOUR FEAR MAY SEEM JUSTIFIED

You have every reason to be afraid when you lose your job or get THE diagnosis or find your cupboards bare when your children are hungry. You have every reason to wonder if God even cares when the circumstances are making life unbearable.

Trusting God with your circumstances may not CHANGE your circumstances, but while fear brings only panic, anger, and doubt, faith will bring peace and rest.

Anytime you find yourself in a storm, **it is your chance** to demonstrate faith, receive peace, and observe the glory and power of God.

## PEACE IN THE STORM

Your storm could be:

- A conduit through which God speaks | Job 38:1, 40:6
- A tool of God to get you where He wants you | Jonah 1:4
- A reason to find shelter in His powerful name | Isaiah 25:4; Prov. 18:10
- A time of refinement and strengthening in Christ | Jer. 9:7; 2 Cor. 1:8-9

## CLICHÉ VERSES

Besides all the wonderfully, encouraging verses that seem to become cliché during a storm, such as *“God has a plan for your life...”* | Jer. 29:11; *“All things work together for good...”* | Rom. 8:28; and, *“Do not be terrified; do not be discouraged, for the LORD your God will be with you wherever you go”* | Josh. 1:9, **remember to remember** how faithful God has been in the past.

**Remember to wonder in awe** at God’s mighty power, grace, and love.

**Remember** that you can trust Him.

And let yourself **regain a sense of anticipation** as you watch His Glory unfold in your life. After all, it’s all about His Glory.

## Welcome to New Heart Healing and Recovery

New Heart Healing and Recovery is based on the promise of the Father recorded in Ezekiel 36:26 (TLB)

*“I will give you a new heart with new and right desires, and I will put a new spirit in you.”*

Whether you are an alcoholic, drug, gambling, or sex addict; or a man or woman wrestling with the pain of their core issues (shame, rejection, abuse, anger, unforgiveness) you are invited to join us in the amazing faith-driven experience of exchanging a broken, cynical, unbelieving heart for a new one.

Visit our website:  
[newheartministry.com](http://newheartministry.com)

## Talk to Us

Do you have a Prayer Request?

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How Can We Help You?

☐

I WOULD LIKE SOMEONE TO  
SHOW ME HOW I CAN KNOW  
JESUS AS SAVIOR.

☐

I NEED COUNSELING.

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OTHER: 

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Your Information

NAME 

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ADDRESS 

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CITY 

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ZIP 

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TELEPHONE

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EMAIL 

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Thank You

 **NewHeart** *Ministries*

# Welcome!

I will give you a New Heart  
with New and Right Desires,  
and I will put a New Spirit  
in you | Ezekiel 36:26 (TLB)

New Heart

# Healing and Recovery