



They come in the form of addictions; the things we believe to be true about God, ourselves and others. They are the deep hurts and chronic heart pain that has shaped our thinking and often defined us.

They are our issues.

Jesus' remedy for our issues is the Truth. He said if we knew the truth, we would be free. (John 8:32).

Welcome to New Heart Healing and Recovery | an experience with *The Truth and the Issue*.

## THE ISSUE SURRENDER

### READY? READY TO WALK AWAY?

Are you done? Are you ready to walk away from partying and self-medicating with your “drug of choice?” Are you ready to give up the lies and games? Are you ready to give up trying to control the people around you?



### SURRENDER = LOSS OF “FREEDOM”?!?

Surrender, by definition, means to give up control: the freedom to do what I want when I want.

O.K., fair enough: who wants to sign up for a loss of freedom?

But, stop and think about it for a moment: have you been living a “life of freedom;” a life in which you have made your own choices?

The hard reality is what you have believed to be freedom is not freedom at all. You have been deceived. The fact is the craving for your “drug of choice” has narrowed your choices to use anyone, do anything for “the next hit.” The fear of losing control – of not being able to manage every detail of your of life – has locked you inside a “prison of your mind.”

Your freedom is not freedom at all. It's an illusion.

### THINK ABOUT IT

What keeps you from surrender? What prevents you from “walking away” right now?

How long will you cling to your illusion of freedom? How long will you believe the lie that you can manage your life and control your addiction? How long will you attempt to control the people in your life?

## THE TRUTH SURRENDER

STEPS TO BIBLICAL

### STEP ONE: CHECK YOUR OPTIONS

Do you still have an option: some plan in your back pocket you are going to try before giving into surrender?

Be careful. Too many alcoholics or drug addicts have “played their option” and lost. Too many spouses, parents, and friends have attended memorial services for those who chose “playing option” in place of surrender.

### STEP TWO: GIVE UP CONTROL | NO DEALS

The life and healing Jesus offers you is not open to negotiations: there are no deals.

Jesus gave up His life on a cross to offer you and me something we could never do for ourselves: forgiveness of sin, relationship with God, and eternal life (Romans 3:23; 6:23, Ephesians 2:8-9).

One day Jesus encountered a group of “would be disciples.” Oh, they liked the idea of being a disciple – a follower – of this amazing teacher who could make blind men see, and lame men walk. But, they wanted a deal. They weren't quite ready to exchange their old lives for new life in Jesus.

No deals. There were no deals then. There are no deals now.

Give up. Toss in those options in your back pocket. Come to Jesus.

### STEP THREE: TURN FROM | TURN TO

Turn to Jesus. Run to Him. Surrender to Him. Give up control to His control. You can trust Him.

Turning from without turning to will never work. If in turning from you don't turn to (Jesus), you will turn back.

Jesus has to be your destination as you walk away from your lifestyle. He must become Savior.

### STEP FOUR: STOP ISOLATING | PURSUE RELATIONSHIP

You can't do it alone. Get into relationship with Jesus and those who love Him.

- In Christ, there is power, strength, and freedom.
- **Surrendering** to Jesus results in freedom.
- Those who have experienced the power of Jesus Christ are there to encourage you, pray with you, and hold you accountable.
- **Both relationships are vital to your success.**

## Welcome to New Heart Healing and Recovery

New Heart Healing and Recovery is based on the promise of the Father recorded in Ezekiel 36:26 (TLB)

*“I will give you a new heart with new and right desires, and I will put a new spirit in you.”*

Whether you are an alcoholic, drug, gambling, or sex addict; or a man or woman wrestling with the pain of their core issues (shame, rejection, abuse, anger, unforgiveness) you are invited to join us in the amazing faith-driven experience of exchanging a broken, cynical, unbelieving heart for a new one.

Visit our website:  
[newheartministry.com](http://newheartministry.com)

## Talk to Us

Do you have a Prayer Request?

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How Can We Help You?

☐

I WOULD LIKE SOMEONE TO  
SHOW ME HOW I CAN KNOW  
JESUS AS SAVIOR.

☐

I NEED COUNSELING.

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OTHER: 

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Your Information

NAME 

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ADDRESS 

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CITY 

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ZIP 

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TELEPHONE

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EMAIL 

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 **NewHeart***Ministries*

# Welcome!

I will give you a New Heart  
with New and Right Desires,  
and I will put a New Spirit  
in you | Ezekiel 36:26 (TLB)

New Heart

# Healing and Recovery