



They come in the form of addictions; the things we believe to be true about God, ourselves and others. They are the deep hurts and chronic heart pain that has shaped our thinking and often defined us.

They are our issues.

Jesus' remedy for our issues is the Truth. He said if we knew the truth, we would be free. (John 8:32).

Welcome to New Heart Healing and Recovery | *an experience with The Truth and the Issue.*

THE ISSUE TEMPTATION

IT PROBABLY DIDN'T HAPPEN WITH JUST ONE CHOICE

When Adam and Eve sinned in the Garden, do you think it only took the serpent a few minutes to convince them to partake of the forbidden fruit? In all likelihood, took much longer than minutes.. In fact, it could have taken months or even years.

Think About It

We don't know how long they actually lived in the Garden and how many times they resisted temptation before the serpent was successful.

And do you think eating the forbidden fruit was the only temptation they faced? If so, **what was Eve doing at the tree** where "she saw that the fruit of the tree was good for food and pleasing to the eye, and also desirable for gaining wisdom," (Genesis 3:6)? She never should have been near that tree!

Think About It

What choices got her to the point of seeing that fruit of that tree "was good"?

What choices got her close enough to the tree to be able to see the fruit?

By the time we fall into temptation we have already made many choices on the way. By the time we drink that beer or open that website, buy that outfit or throw the dice, we have made decisions that, in and of themselves are not sinful, but that bring us to a point of believing that the choice to sin is logical and necessary.

Like Eve we find ourselves "taking hold of the apple" not all of sudden, but as the result of a series of unhealthy, often selfish, ungodly choices.

Sin is often progressive | Satan is a gradualist.

THE TRUTH RESISTING TEMPTATION



THERE'S A WAY OUT!

¹³“No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it.”
1 Corinthians 10:13 (NIV)

Look at verse 13 again: “No temptation...he will not let you...he will provide a way of escape.” That's the truth about temptation. You are not a victim. Your temptation is not unique to you. Your Father will provide a way of escape. Oh, yeah... HE WILL PROVIDE. (Say it aloud three or four times).

O.K., so how do I respond? Three (3) critical choices you and I must make whenever we are faced with temptation:

CHOICE #1

STOP | Stop Acting on That Choice You Were About to Make

- Stop talking.
- Put it down... yeah, that “drug of choice” in your hand.
- Leave the environment RIGHT NOW!
- Separate yourself from the people who are being used of the enemy to tempt you. Do it now.

CHOICE #2

LOOK | Look to Jesus and His Way of Escape

- “Jesus, I need you! Help me. Show me the way out of this temptation.”
- Look around you: there's a door out of where you are standing. Go through it. Do not wait. Do not think about it.

CHOICE #3

LISTEN | Listen for the Holy Spirit

- The Holy Spirit will speak to you. Oh, maybe not in a linguistic form of subject and predicate, nouns and verbs. But, if you listen, He will make sure you know what He wants to say. He'll speak it into your spirit.
- Whatever He says to do, obey. Don't argue, don't rationalize, don't try to “make a deal.” Just obey.
- Your obedience will place you squarely on the “way of escape.”

Welcome to New Heart Healing and Recovery

New Heart Healing and Recovery is based on the promise of the Father recorded in Ezekiel 36:26 (TLB)

“I will give you a new heart with new and right desires, and I will put a new spirit in you.”

Whether you are an alcoholic, drug, gambling, or sex addict; or a man or woman wrestling with the pain of their core issues (shame, rejection, abuse, anger, unforgiveness) you are invited to join us in the amazing faith-driven experience of exchanging a broken, cynical, unbelieving heart for a new one.

Visit our website:
newheartministry.com

Talk to Us



Do you have a Prayer Request?

How Can We Help You?

☐ I WOULD LIKE SOMEONE TO
SHOW ME HOW I CAN KNOW
JESUS AS SAVIOR.

☐ I NEED COUNSELING.

☐ OTHER:

Your Information

NAME

ADDRESS

CITY

ZIP

TELEPHONE

(

)

EMAIL

Thank You

Welcome!



**I will give you a New Heart
with New and Right Desires,
and I will put a New Spirit
in you | Ezekiel 36:26 (TLB)**

New Heart

Healing and Recovery

 **NewHeart** *Ministries*