



PART 5: HOW TO “ZOMBIE PROOF” YOUR MARRIAGE

1. Be _____ in your spiritual _____ and relationship with God.

2 Corinthians 13:5 (AMP) Examine *and* test *and* evaluate your own selves to see whether you are holding to your faith *and* showing the proper fruits of it. Test *and* prove yourselves [not Christ]. Do you not yourselves realize *and* know [thoroughly by an ever-increasing experience] that Jesus Christ is in you—unless you are [counterfeits] disapproved on trial *and* rejected?

2. Value the _____ and “_____” your portion.

Ecclesiastes 4:9-10 Two are better than one, because they have a good return for their labor: 10 If either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up.

3. _____ provides the nourishment and forgiveness releases the _____.

Colossians 3:12-14 Therefore, as God’s chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. 13 Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you. 14 And over all these virtues put on love, which binds them all together in perfect unity.

“Dean Version” of 1 Corinthians 13:8 “Love never fails. . . But people fail to love”

Ephesians 5:33 However, each one of you also must love his wife as he loves himself, and the wife must respect her husband.

4. Do the _____ things that ultimately make the _____ difference.

Revelation 2:5 (NLV) Remember how you once loved Me. Be sorry for your sin and love Me again as you did at first.

Matthew 25:21 “His master replied, ‘Well done, good and faithful servant! You have been faithful with a few things; I will put you in charge of many things. Come and share your master’s happiness!’

HOW TO KILL THE MARRIAGE ZOMBIES

1. Pray for your spouse no less than five minutes a day.
2. Kiss your spouse every time you leave or greet and before you go to sleep. (Guys: Touch her face when you kiss her.)
3. Send one text a day that expresses your love.
4. Hold hands while taking a walk, riding in the car, or watching a movie.
5. Guys: Open the car door for her.
6. Take 15 minutes everyday to share about your day.
7. Give a compliment to each other at least once a day.
8. Snuggle Daily: "A snuggle a day keeps abstinence away."
9. Give your mate preference above your own wants and desires.
10. Have an “electronic free” family meal at least four nights a week.
11. Wives: Tell him daily what an amazing man he is and he will climb Mt Everest to become it.
12. Practice kindness.
13. Ask the Holy Spirit to coach you and help you be a better husband/wife.
14. Go on a date once a week and one honeymoon per year.
15. Be intimate as often as needed to keep you both happy and satisfied.

CHALLENGE: If you knew your spouse had only two months to live how would you treat them?