

CONDUCT A LIFE AUDIT

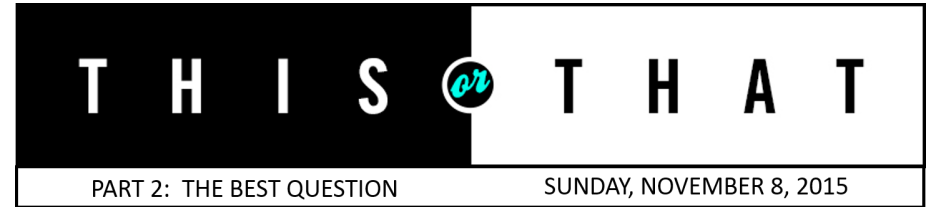
1. Make a list of your assets: Good habits & positive characteristics.
 - Honesty
 - Humor
 - Optimism
2. Make a list of your liabilities: Bad habits and negative characteristics.
 - Impatience
 - Indecisiveness
 - Being Overemotional

Possible life areas to audit:

- Audit how you spend your time
 - Audit your spiritual life
 - Audit your habits
 - Audit your character
 - Audit your effectiveness
 - Audit your skills, education
 - Audit your health, fitness level
 - Audit your finances
 - Audit your relationships (marriage, family, and friends)
 - Audit your creativity
 - Audit how happy you are, how much fun you're having
 - Audit your energy level
 - Audit your career & leisure time
 - Audit your major life goals
3. Rate yourself on a scale of 1-10 where you currently are. Then decide where you want to be and the daily decisions that will get you there. Only start "action steps" with THREE areas initially.

Example:

- ❖ Time Management: 4 Goal: 8
Time Frame: 40 Days
Action Steps:
 - Get up when the alarm goes off
 - Leave 10 minutes earlier for work each day
 - Set reminders on the phone
 - Daily make and review a task list for the day
 - Be at least 5 minutes early to every appointment



Bad decisions are usually the result of _____
_____.

THE BEST QUESTION

1. Will provide answers to keep you out of situations and circumstances that rob you of your _____.
2. Is a new _____ to evaluate every opportunity, invitation, and relationship.
3. Will give you a new _____ on: love, life, career, finances, family, and schedule.
4. Will give _____ on issues the Bible doesn't specifically cover.
5. Will help you draw the line _____, relationally, and ethically.
6. Has the potential to irritate as well as _____.

INSIGHTS FROM EPHESIANS

Ephesians 4:1 (NIV) ...I urge you to live a life worthy of the calling you have received.

(AMP) So I, the prisoner for the Lord, appeal to you to live a life worthy of the calling to which you have been called [that is, to live a life that exhibits godly character, moral courage, personal integrity, and mature behavior—a life that expresses gratitude to God for your salvation]...

Ephesians 5:1 (AMP) Therefore become imitators of God [copy Him and follow His example], as well-beloved children [imitate their father]...

Ephesians 5:15-17(NIV) Be very careful, then, how you live—not as unwise but as wise, 16 making the most of every opportunity, because the days are evil. 17 Therefore do not be foolish, but understand what the Lord's will is.

WHAT IS THE BEST QUESTION?

_____ is the _____ thing _____?

Proverbs 4:7 (NLT) Getting wisdom is the wisest thing you can do!

Proverbs 2:1-22

WE USUALLY ASK THE WRONG QUESTIONS

1. "Is there anything _____ with it?"
2. Leads to: "How _____ can I get to the line without actually doing something wrong?"
3. Leads to: "How far over the line between right and wrong can I go without experiencing _____."

WALKING IN VICTORY

- ❖ The purpose of GRACE is to empower us not _____ us!

Titus 2:11-12 (NIV) For the grace of God has appeared that offers salvation to all people. 12 It teaches us to say "No" to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age...

- ❖ Every _____ could have been avoided if we asked the best question ever, "What is the wise thing to do?"

Ephesians 5:16 (NIV) ...making the most of every opportunity, because the days are evil.

(NLV) Make the best use of your time.

Proverbs 14:8 (NIV) The wisdom of the prudent is to give thought to their ways. . .

Ephesians 5:17 (NIV) Therefore, do not be foolish, but understand what the Lord's will is.

- ❖ We must ask the question and _____ the answer.

HOMEWORK: Read through the entire Book of Proverbs this week. That equals 4.5 chapters per day.

Family Discussion Time:

1. As you go through your week ask yourself and each other, "The Best Question" on a regular basis.
2. What bad decisions have you made in the past month that you could have avoided if you had asked this question? Discuss and learn from each other.
3. What adjustments do you personally need to make as you filter the various areas of your life through, "What is the wise thing to do?"
4. Share highlights from the Book of Proverbs that stood out to you.