

# The Sword



Your weekly connection with St. Michael's Episcopal Church

17 October 2013

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## Anniversaries

## Upcoming at St. Michael's:

+Harvest Fall Festival at St. Michael's Pumpkin Patch, Saturday, 9:30 a.m. to 12:00 p.m., after Little Angels Christian Preschool Pumpkin Carving.

+LEM Training, Saturday, 9:00 a.m.

+ Worship for All Saints Day, November 1. Due to the Episcopal Charities Ball, the normal evening Eucharist for All Saints Day will be replaced by two alternative services, at 7:00 a.m. and 10:00 a.m. Please contact Nancy Holmes, [nholmes@stmichaelsbarrington.org](mailto:nholmes@stmichaelsbarrington.org) if you would like to have names included in the memorial prayers for our All Saints Day worship.

## ***Needed: Farmers, for God's Sake***

*a letter to the people of St. Michael's from the Rector*

*Jesus said, "The harvest is plentiful, but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into his harvest field." - Luke 10:2*

Dear people of St. Michael's,

Looking ahead to the Harvest Festival this Saturday leads me to ponder how distant most of us are from actual experiences of harvest. This isn't a lament for the 'good ol' days', but only a recognition that most of us can't comprehend the skills and contingencies and timing and waiting and rewards involved in ancient, recent or modern agriculture.

## This Week

### Birthdays

- 10.20 James Blair, Jim  
Carney, Julie  
Gunderson, Max  
Weiss, John Yerger,  
David Kline  
10.21 Mackenzie  
Jaekel  
10.22 Court Rejman,  
Gwen Kenrich  
10.23 Sean Malec  
10.24 Tony Belcore  
10.26 Lynn Mayberry,  
Bob Daly

I saw this lack in myself over the past few months. Our family planted a tiny garden plot alongside our home, no more than 25 square feet. We planted beets, carrots, green beans and peas. But we didn't know when or how to thin the beets or carrots when all the seedlings came up so closely bunched together. We missed most of the pea and bean harvest simply because we weren't paying attention for 10 days or so. I bought veggies at the store and failed to harvest what was homegrown.

For a variety of reasons, when it comes to our food, most of us mainly leave to others what we could do for ourselves but choose not to.

All of this leads me to wonder about our faith and the many biblical references to harvests. In his letter to the Philippians, Paul imagines those who persevere in faith as being *'tilled with the fruits of righteousness.'* In his Letter to the Galatians, Paul describes the *"fruit of the Spirit ... love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control."*

In both instances, Paul's language connotes prior, intentional, thoughtful cultivation. It occurs to me: in the case of food I eat, I can leave it to others. But in the case of what God desires to cultivate *in the soil of my own life*, I can't leave it to anyone else. I can't buy it. I can't expect a worthwhile harvest unless I have a clear intention and choose to devote to it quite a bit of time and toil.

Naturally, I hope many of us will turn out for the Harvest Festival on Saturday. In the bigger picture, I also hope many of us are increasingly devoted to thoughtful stewardship of the plots that God has apparently put into our care.

-Patrick+

## Food for the Journey, this Sunday, 20 October, and Sunday, 27 October

### Anniversaries

- 10.20 Whitney &  
Carter Brett  
10.22 Kathy & Bill  
Saunders  
10.23 Cheri & Rick  
Walter  
10.24 Stephanie &  
Peter Douglas

**The conversation begins after the 9:00 a.m. service (roughly at 10:05 a.m.) and we are committed to ending at 10:40 a.m. so those who want to can make the 10:45 worship service.**

**Food for the Journey, 20 October (10:05 a.m.)**

***"Hands-On Spirituality: Stories and Reflections"***

The presentation will be introduced and moderated by Fr. Patrick and

10.26 Susan &  
Gwynne Johnston

will feature voices of those in our prayer shawl ministry at St. Michael's, as well as a mandala artists and thoughts about the contemplative nature of knitting, craftwork, gardening and/or baking. Optional



preparation: for a related article, *Hands-on Spirituality: People of different faiths are discovering that crafts like knitting can be a form of prayer or meditation*, click [here](#).

### **Food for the Journey, 27 October (10:05 a.m.)**

#### **Interfaith Dialogue: A Glimpse into Islam**

Judaism, Christianity, and Islam all trace their roots to Abraham. And yet, to say the followers of these faith traditions have a complicated relationship is an understatement. As a way of learning about the Islamic faith and its relationship to and differences with Christianity, we have invited Mushtaq Merchant to teach our Food for the Journey forum on October 27th. If you have ever wanted to learn more about the Islamic faith tradition, this is a great opportunity to engage with someone who has devoted a lot of time and energy to interfaith dialogue.

### **Rest in Peace**

10.21 Margaret Ford

10.22 Robert Brown

10.23 Barbara Hager,

Joy Dowling

10.24 Helen Roberts,

Edwin Randall, Jack

Haugen

10.25 Eva Johnson

10.26 Stephen Wright,

Norman Linde



*Mushtaq Merchant*

Mushtaq Merchant was educated in US with M.S. from University of Missouri and MBA from Northwestern University. He lives in Deer Park and runs a successful Computer business in Arlington Heights. Though he is not ordained to teach Islamic studies he has been practicing Islam since childhood and he is involved with many interfaith meetings at our Islamic center.



### **Ministry Highlight Sunday, 20 October: Thanksgiving Community Meal**

SUNDAY: October 20, 2013

MINISTRY: **Thanksgiving Community Meal**

**For the 8th time, volunteers at St. Michael's and beyond are hosting a free Thanksgiving dinner for the community. A homemade traditional meal of turkey and all the trimmings will be served to over 200 guests. Our guests include 50 recruits from**

**Great Lakes Naval Base, youth from Maryville Academy, neighbors, and parishioners. If you're a family of one or a family of many, there is a seat for you!**



**Tim Murray will be the Ministry Highlight presenter at 9:00 and 10:45 a.m.**

## **Little Red Wagon**

In October and November we will be gathering food for St. Cyprian Food Pantry. It is the largest pantry to which we donate food. It serves over 1,600 people each month. The needs are

great! With the approach of Thanksgiving, items such as yams, cranberry sauce, canned pumpkin and stuffing mix would be great additions to the usual breakfast, lunch and dinner foods. The pantry further requests,

TUNA,  
TUNA,  
TUNA,  
soups &  
cereals!

Monetary donations to the Food Pantry Fund are always welcome.

**Next Ministry Highlight Sunday, 27 October: Hands on Outreach: Meals on Wheels!**

## **In the Parish family**

+Those for whom prayers have been requested:

Dean; Rea; Leanne; Julie & family; Steve & Barb; John; Amy; Rollo; Connie; Joan; Kathy; the Couch family; Steve; Doug; Bonnie; Meredith; Roberta; Amy; Katie; Dick; Judy; Dolores; Mary; Mary Beth & family; safety & peace in South Sudan; St. Cyprian Food Pantry; military troops in danger including those from our parish, especially, Zane, Ryan, Michael, Bruce, and Taylor.



*Kathy Randolph completed the Chicago Marathon! Congratulations to her and many thanks for making this an opportunity to support youth ministries at St. Michael's. If you pledged your support, you can send your payment to the church office, put the check in Kara Baker's mailbox, or see Kara in person. Many thanks to all for your support!*

## **From Our Youth Minister:**

### **THIS WEEK:**

Saturday, 10/19 @ 9:30-12:00-St. Michael's Fall Festival, a fun opportunity for fellowship for people of all ages. There will be games, crafts, food, pumpkins, face painting, and storytelling. We need youth support to sell pumpkins, help with games, food, etc. Please let me know if you will serve in this capacity.

Sunday, 10/20 @ 9:00-LIFT Worship & Formation

Sunday, 10/20 @ 10:45-SMUSH Worship & Formation

Sunday 10/20-Deadline to Commit to the Mission Trip. The SMUSH Mission Trip will be to Washington DC, June 7th-14th. PLEASE LET

ME KNOW IF YOU PLAN ON ATTENDING AS I HAVE TO MAKE A RESERVATION ASAP!!!

Sunday 10/20 @ 1:00-CROP Hunger Walk, a walk to end hunger. Check it out at <http://barringtoncropwalk.freehostia.com/>. Please let me know if you plan on participating.

**UPCOMING:**

Sunday 10/27, 12:00-1:00-Confirmation Class Lunch Out with Ric & Kara

Happening #97 - Registration now open! November 1-3 at Trinity, Wheaton. Happening is a weekend retreat for those who are in high school. The weekend is run by a wonderful staff of high schoolers and adults and wouldn't be possible without wonderful participants like you! Learn more at <http://www.episcopalchicago.org/at-work-in-the-church/youth-ministry/happening/>.

Friday 11/8, 3:00-7:30-Youth Volunteers to serve at the soup kitchen, Franciscan Outreach Center. There are only 8 spots, please let me know if you want to participate.



**Saturday, 19 October**  
**9:30 a.m. to 12:00 p.m.**  
**at St. Michael's Pumpkin Patch**  
(immediately following Little Angels Family Pumpkin Carving Event in the Community Room, 9:00 until 10:00 a.m. Sponsored by Little Angels Preschool: 847.381.5490. All are welcome, please call in advance.)



**Games, crafts, pumpkins, refreshments, and a Storyteller (stories begin at 10:30 & 11:30 a.m.)**

**Invite your friends and neighbors!**

## Presented by the Children's, Youth and Families' Ministries



**The Lay Eucharistic Ministers (LEMs) will be meeting on Saturday, October 19 at 9:00 a.m.** in the nave for a training session. Current LEMs and any parishioners interested in becoming a part of this ministry or

just seeing what it is all about are invited to attend! Please call Suzanne Fler (847.202.8934) or Fr. Kevin (847.381.2323x13) with any questions. We would love to have you become a part of this rewarding ministry!



### **Monday Morning Meditations & Mandalas**

Mondays, 6:00 a.m. - 7:30 a.m.

October 28, November 11 & 25

St. Michael's Episcopal Church, Barrington

Meditations led by Janette Warner

Mandala guidance and drawing materials provided by Brooke Raymond

Monday Morning Meditations & Mandalas aims to provide a space to step away from stress and into some breathing room of your own making - for reflection, quiet and calm.

See a flyer [here](#) with more information.

### **All Saints' Day at St. Michael's**

As has long been the custom, deceased loved ones will be remembered in prayer in the context of St. Michael's All Saints' Services. **On All Saints' Day, Friday, November 1**, we will pray aloud for all deceased loved ones, whatever the date of their death. **For this service on November 1 you are invited to bring a photo of your loved one to place by the altar.** On All Saints' Sunday, November 3, we will pray aloud for those loved ones who have died within the past twelve months. If you would like to have the name of a deceased loved one read during the All Saints prayers, please print the name(s) in the designated binder, located in the narthex/front entrance, **no later than Sunday, Sunday October 27.**



## Grief Sharing Workshops

Have you ever had a friend in pain struggling with their loss? That loss could be the death of a spouse, a child in trouble, an unexpected career change, retirement, a family member with mental illness, multiple moves, an empty nest, a divorce? The list is exhaustive. However many forms in which grief arrives, there are similar tools to help that friend. We've all had the experience of wishing we knew what to do or just the right thing to say. God sees our hearts and knows we're trying our best.

"Grief Sharing is Vital Kingdom Work," says Harold Ivan Smith, and I have come to believe this in very personal ways.

Come to three sessions (all different material) and gather some tools for this important work.

We will be using the book, *When you don't know what to say/How to Help your Grieving Friends* by Harold Ivan Smith. Please call the office and ask to reserve your copy (about \$10) and to give us an idea of attendance. The book will be available at the sessions but you do not have to buy this book to participate.

To reiterate: this is a workshop to give you the tools to help a friend.

**Monday nights, Nov. 4, 11 & 18**

**St. Michael's Church - Undercroft**

**7:00-8:30 p.m.**

Church office - 847-381-2323

Peace,

Kay Lewis

Lay Parish Chaplain

**Angelus Concert to take place at St. Michael's on 8 November at 7:00 p.m.** Angelus is comprised of six young

women from Mt. Vernon Senior High School in Indiana. Dedicated to the performance of sacred music of varied religious traditions and historical periods, Angelus is completely unique among American high school vocal ensembles. Angelus explores repertoire that is both





historically and artistically significant, including medieval chant and polyphony, works from the American Sacred Harp tradition and contemporary Irish and American compositions. Please plan to attend this special event!



## **Volunteer for the Community Thanksgiving Dinner at St. Michael's!**

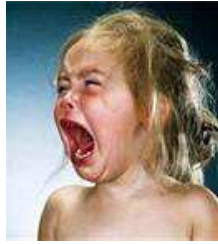
St. Michael's is preparing to host our **8th annual free community dinner on Thanksgiving Day, Thursday, November 28.**

In the past, our guests have included members of the community, 50 recruits from Great Lakes Naval Base, youth from Maryville Academy, and many from our parish. Volunteers are needed for this event: cooking (unstuffed) turkeys (we supply the bird), pie baking, set-up, table setting, decoration coordinator, serving, clean-up. Items needed to borrow just for the day: laptop computers, cell phones, (the recruits love this special time to connect with their families), guitars, and a karaoke machine. Volunteer slots fill up early for this popular event. Sign up poster is located in the foyer outside the Community Room.

In addition to all the wonderful volunteers and vendors who donate just about everything needed for the event, **this year we are humbly requesting monetary donations.** Each year we need to rent a warming oven, round tables, and purchase a few items not covered by our generous donor vendors. Any monetary donation is gratefully accepted and appreciated.

And remember, you are invited to join us for dinner! Great meal and great fellowship!

If you would like to learn more, contact Nancy Holmes in the Parish Office at 847-381-2323 x11 or [nholmes@stmichaelsbarrington.org](mailto:nholmes@stmichaelsbarrington.org).



**Would you or a friend like a "Paid Play Date?" Or is there a Grandma out there who wants more time with children? Or a college student who doesn't have class on Tuesday morning?**

The Tuesday morning Ladies Soul Journey group is desperately needing childcare on Tuesday mornings, at St. Michael's nursery from 9:30-11:30. Our schedule runs through November 16 and will resume in January, after the holidays. We're only talking about three children at this point. But we are committed to offering childcare to our Moms who want to come.

Please give me a call and/or pass the word.

Many thanks,  
Kay Lewis  
847-909-8374



**Sharing Our Elders' Journeys  
A Bishop Anderson House Pastoral  
Care Workshop  
Saturday, October 26, 9:00 a.m. - 3:00  
p.m.**

St Mary's Episcopal Church, 210 McHenry Avenue,  
Crystal Lake, IL 60014

For those of you who may have missed last spring's Bishop Anderson House workshop, Sharing Our Elders' Journey, it is being offered again at St Mary's, Crystal Lake. This longer version will focus on understanding the needs of our elders and learning some pastoral care techniques that can help us "be" with our senior friends and our parents in a more effective manner. It is for anyone involved in or interested in caring for seniors.

Offering presentations on the unique needs of elders, non-verbal communication, active listening and leading senior group ministry, the workshop will be led by a group of professionals familiar with the pastoral care of seniors.

-Building Elder Care Ministry: The Revs. Newt Carpenter, Ron

Valentine, Tom Craighead

-Active Listening: Mr. Bud Upshaw, Principal Consultant of Upshaw Management Consulting

-Lunch with networking and sharing time

-The Cognitively Impaired, Dementia, Alzheimer's: The Rev. Linda Green, MSW

-What is Hospice?/Death and dying: Ms. Chris Moore

-Area Resources for Caregivers: Ms. Susan McCoy

-How to be a good advocate for your loved one/Caring for the caregivers

There is no charge, however we request a \$5.00 donation for lunch.

Register here: <http://bishopandersonhouse.org/event/elder-care-workshop/>

We look forward to seeing you.



**Join us for  
a FREE MEAL at  
The Community Meal**

**Thursday, October 24, 2013  
St. Paul United Church of Christ  
401 East Main Street  
Barrington  
5-7pm**

What's Happening in October?

- Join us for a Halloween celebration!
  - We will be reading spoooooooky Halloween stories.
  - Children will receive a trick-or-treat goodie bag.
  - Don't forget to wear your Halloween costumes!
- We will be serving tossed salad, garlic bread, and lasagna. Yum!
- We will be offering FREE tutoring to students (K-12) in any subjects.
- St. Paul United Church of Christ is celebrating 150 years of ministry! To celebrate, the first 150 people to attend the meal will receive a Community Meal pencil.

Joyce P. from Barrington Area Council on Aging (BACOA) will be speaking about BACOA and the services they offer to seniors, family caregivers, and the community. Her presentation begins at 5:30 pm.

**Upcoming Events**

- +19 October, Fall Festival and Little Angels Pumpkin Carving Event
- +25-26 October, October Men's Retreat
- +27 October, 50! Something Oktoberfest, 4:00 p.m.
- +28 October, 11 and 25 November, Monday Morning Meditations & Mandalas, 6:00 a.m.
- +1 November, All Saints Day Service, 7:00 and 10:00 a.m.
- +4, 11, 18 November, Grief Sharing Workshop, 7:00 p.m.
- +8 November, Angelus Sacred Music for Women's Voices Concert at 7:00 p.m.

## **Revised Common Lectionary Year C, Pentecost 22**

Jeremiah 31:27-34; Psalm 119:97-104; 2 Timothy 3:14-4:5; Luke 18:1-8

### **Contact Info**

St. Michael's Vestry

Kathy Sawyer Randolph - Sr. Warden, Shan Atkins - Jr. Warden

Pete Douglas, Lora Gier, David Bishop, Sof Ts'o

Dolores Kampert, Ray Kean, Pat Kane, Mike Savage

Cristy Cressey, John Totten, Teri Doran, Lance Marcinek

John Davis - Treasurer, Craig Anderson - Clerk

Marissa Longo, Youth Representative Madelyn Lanham, Youth Representative

Clergy and Staff

The Rev. Patrick Raymond, Rector; The Rev. Kevin Caruso, Associate Rector; The Rev. Laurie Michaels, Deacon; Caren Hunter, Director of Little Angels Christian Preschool; David Baker, Director of Music Ministries; Thom Wibbels, Organist; Kara Joy Baker, Youth Pastor & Director of Children's Choir; Nerissa Brueckbauer, Children's Education Director & Communications Coordinator; Kim Lessner, Parish Operations; Nancy Holmes, Parish Administrator & Rector's Assistant; Rich Hornickel, Sexton.

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[www.stmichaelsbarrington.org](http://www.stmichaelsbarrington.org)

The Sword is published each Thursday. Any questions or comments regarding this publication should be sent to [news@stmichaelsbarrington.org](mailto:news@stmichaelsbarrington.org).

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