



The Sword

Growing and learning together in Christ through worship, fellowship and service.

Your e-connection with St. Michael's Episcopal Church

March 6, 2014

In This Issue

- +Upcoming at St. Michael's
- +Introduction to Lent
- +Food for the Journey
- +In the Parish Family
- +Wheelchair Needed
- +From Our Youth Minister
- +Solemn Communion Class Prepares
- +Women's Retreat
- +Lent Madness
- +Flapjacks & Fellowship
- +My Bright Abyss
- +Prayers for South Sudan
- +Upcoming Community Events
- +A Lenten Reflection



Don't forget to **Spring forward** one hour on March 9th at 2:00 a.m.

Upcoming at St. Michael's

- +School of Faith ~ On going. See side bar for details.
- +March 6, Vestry Meeting (rescheduled from Feb), 7pm
- +March 8, Solemn Communion Service, 5pm
- +March 9, Invitation to Lent, between 9 & 10:45
- +March 14-15, AWSM Women's Retreat

Wednesdays in Lent

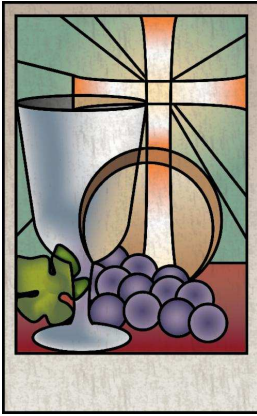
Worship + Meal + Conversation = begins March 12

6:00 p.m. Stations of the Cross Prayer Service (click [here](#) for Stations info), followed by optional Healing Prayer

6:30 p.m. Dinner (clergy will provide a salad, consider bringing something to share)

7:00 p.m. Various programs/offerings - click [here](#) for more information (small groups on Healing Prayer, Spiritual Gifts, St. Michael's 101, etc.)

**St. Michael's
Worship Times**



Sundays:

7:45 a.m.

9:00 a.m.

10:45 a.m.

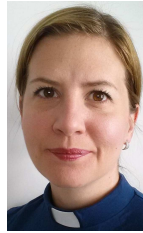
For additional service information, events and activities, please visit our website by [clicking here](#).

Quick Links

[+Our Website](#)

[+Little Angels
Preschool](#)

[+Diocese of
Chicago](#)



Introduction to Lent

by the Rev. Eva Ulrika Baydoun

As we are entering the season of Lent, winter has not yet lost its grip over our part of the country. I do admit I envy my friends back in Sweden who keep e-mailing me pictures of the remarkably early spring flowers growing in their gardens. However I suggest that we make the slow but certain arrival of springtime work in our favor, as it reminds our spirits that God will surely refresh us with new life as we surrender us and our inner winter to him and his warm light.

This inner winter may look different in every one of us, it may be frozen emotions, still lying like glaciers inside us, and we have given up even expecting them to softly melt down. Likely there are some bad habits, sins, which are tying us down, hindering us, like heavy snow to go in bloom and serve as God intends for us. Some of us may be stuck in thought patterns like self-hatred, bitterness, and unforgiveness. These patterns restrain us, in a perhaps unseen, but very real manner.



I suggest that this Lent will not be about "giving up something for Lent", but rather surrendering the whole of ourselves to Christ. This surrendering could be made easier by actually forsaking certain food, media and entertainment. But rather than to deprive ourselves for a few weeks before Easter, and then go back to life as usual, lets draw close to the Lord on his way to the cross, and expect to be changed after Easter. Surely Jesus knew that fasting and prayer comes before breakthrough and glory. Alongside of Him, we receive the fullness of his grace as we pay attention and listen to Him, watch and love Him. Close to the heart of Christ His Spirit will bring into the light, whatever He wants us to deal with. Our inner winter, with ice, dead twigs and limited access to full freedom, could meet full springtime about the same time as Easter comes.



Follow us on Facebook!

Lent Resources

St. Michael's 'Household Prayer Calendar'

[Click here.](#)

Print a copy for everyone in your household.

Preparing for Lent

[Click here.](#)

The Lent App Church Publishing for iPhone & iPad Suitable for all ages.

[Click here.](#)

Lent Madness!



The time of Lent is given to us as a wonderful gift, a precious pearl. Lent is given to us as a gift of pure and deep joy as we are once again reminded of our great need, and of the greatness of our living Savior.

A short bio from Eva:

I was born 1976 in the north of Sweden. I was a registered nurse for a few years until my husband, daughter and I moved to the UK for a couple of years. There my husband became a Christian and I received a calling into ministry. I was ordained priest in Uppsala, Sweden in June 2010 and served three years in the Lutheran Evangelical Church before moving to the USA. My husband's job has brought us here for a period of time and we are glad to have our Church home at St Michael's Episcopal Church.

Food for the Journey: Sunday Morning Formation

THIS SUNDAY: March 9: An Invitation to Lent SPECIAL FELLOWSHIP and TIME! Join us in the Community Room between the 9:00 a.m. & 10:45 a.m. services for a time of food, crafts and fun. Something for everyone! Click [here](#) for a preview of crafts. The regular Food for the Journey programming will resume on March 16.

NEXT SUNDAY: March 16

30 Second Prayer Practices: A day is made up of 24 hours which is 1440 minutes or 86,400 seconds. How might you take 30 seconds out of those 86,400 we have each day to give thanks to God? How would can manage to find that time in a way that makes sense with the rhythms and patterns of our day? How might cultivating a practice of prayer, even a short-practice, help us be more mindful of God's presence in our lives? We look forward to a lively conversation exploring some strategies for developing habits of prayer in the midst of busy lives. Father Kevin will be leading this conversation.

In the Parish Family

Who will win the golden halo?

[Click here.](#)

Lenten Kids Korner



[Crown of Thorns](#)

[Lent Calendar](#)

[Lenten Prayer Box](#)



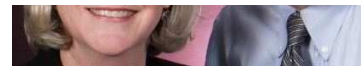
Ash Wednesday 2014

Young priests....

Fr. Patrick with Jackson Caruso and Gia Baudin

To our St. Michael's Family:
Sunday, March 9th, will be the last service that Bob and I will be attending at St. Michael's before moving to our home in Longboat Key, FL, a lovely island in the Gulf of Mexico just off the Sarasota coast. After the winter that we have had this year, our determination to move south has been reinforced!

Although we have attended services at St. Michael's for many years, it was approximately 5 years ago that we made a mutual conscious decision to become more involved at St. Michael's. As a result of that commitment, it has been my honor to coordinate the St. Michael's Lectors over the past several years, and Bob's worship experience has been significantly enhanced by his service as a Lay Eucharistic Minister ("LEM"). We encourage all members of St. Michael's to make a simple commitment as we did. We have been rewarded on many levels by the friendships that we have made here and by our active participation in the spiritual life of this parish. There are many opportunities for all to contribute and to benefit as we have.



Carol & Bob

Our door will be open to all who find themselves in the Sarasota area!

Carol Erker
thompsonlaw@msn.com

And a note from St. Michael's: Please join us in the Community Room for a farewell reception for Carol and Bob this Sunday after the 10:45 service.



**School
of
Faith
@ St. Michael's**

Small Group, BIG IMPACT



There are a number of ways to participate in small groups this Lent. Consider investing some time in your life of faith.

Sign up now!
[Click here.](#)



Altar Guild member **Ruth Silver** preparing for the season of Lent



Did You Know?



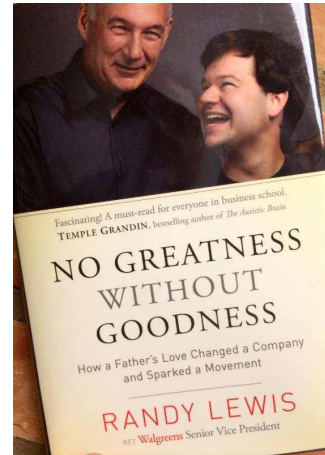
You can listen to past sermons online? Most of our Sunday sermons are archived on our website. Click [here](#) and turn up your volume.

John Davis cannot come out to play until he cleans his room. Well actually it is John Davis but it's not *his* room. John has taken it upon himself to spring clean a large storage closet in the church that hasn't been tended to in....well....you can see for yourself! John, do you hire yourself out for basements and garages too? Thank you for getting us into shape!



Congratulations to Randy Lewis, who's book, *No Greatness Without Goodness: How a Father's Love Changed a Company and Sparked a Movement*, has just been published by Tyndale House.

The book chronicles a personal odyssey of bringing personal faith, experience and values to bear in the culture and aspirations of business in 21st century America. As shown, the book cover features a photo of Randy with his son, Austin; and, as implied in the title, the message of the book is rooted in and grows out of the father-son relationship. And then there's the dedication: "To Kay, of course." Look it up at Amazon.com; or look for it on sale at And All The Angels gift shop; and look for an opportunity to discuss the book with Randy at St. Michael's soon.



Randy & Austin

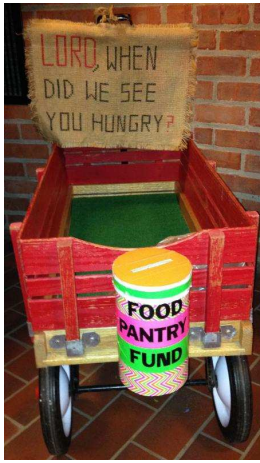


Welcome **Madeleine Grace Anderson** born on March 1. Madeleine is the daughter of Beth and Robert Anderson. Blessings to all!



Little Red Wagon

Those who have asked for our prayers: The Hoffman family, Jan, Julie, Tommy, Jean, Ed, Julie, George, Daria, Carrie, Carol, Brian, Dave, Donna, Dimetress, Cynthia, Chris, Melinda, Veronica, Brian, Paul & family, Amy, Rollo, Wauconda/Island Lake Food Pantry, safety & peace in South Sudan.



St. Cyprian Food Pantry will be our focus in March and April in collecting food for the needy.

In addition to regular supplies, specifically requested items are: au gratin potatoes, dried beans, canned tuna, ham, fruit, yams. And, needed for March/April: Easter type baskets.
Thank you.

Wheelchair Needed

A St. Michael's family is in need of a light weight wheelchair for a larger individual. Please contact [Fr. Patrick](#) if you can help.



From our Youth Minister

Kara Baker

kbaker@stmichaelsbarrington.org

We have received a challenge! Deacon Laurie has challenged us to feed the hungry during Lent. Any time that you come to church, please bring a canned good or snack food. Something that you might want to snack on yourself, and something relatively healthy. I have big baskets that we are going to fill with foods for those who are hungry. Please join me in seeing how much of a difference we can make as a group!

THIS WEEK:

Wednesday, 3/5-Ash Wednesday

Saturday, 3/8 @ 9:00-12:30-Confirmation Outing to BAPS Mandir

Sunday, 3/9 @ 9:00-LIFT Worship & Invitation to Lent Activities

Sunday, 3/9 @ 10:45-SMUSH Worship & Breakfast Out

Sunday, 3/9 @ 5:30-7:00-Confirmation Class in the Sturtz House

UPCOMING: Click [here](#) for upcoming events.

The Blood of Christ, the Cup of Salvation

St. Michael's **Solemn Communion Class**

begins their three-day retreat today. In addition to meeting once a week for the past six weeks, the children (aged 9-12) will

Remembering This Week

Birthdays

3.9

Graham Erbs
Madeleine Belden

3.10

Jennifer Tilly
Andrew Gier
Susan Beuttas

3.11

Steve Barnum
Andrew Erbs
Cassie Bacher
Campbell Mears

3.12

Nicholas
Marcinkiewicz
Brooklyn Murphy
Jackson Caruso

3.13

Annilee Quinlan
William Baar III
Robert Gier
Vicky Hutchinson
Giavanna Belcore

3.15

Hannah Welsh
Harry Wintringer
Felicity Caruso

Rest in Peace

3.13

Norton Penney
Patrick Kane
Wayne Stallard

3.14

Edna Fox

3.15

Max Hoffman

gather today, Friday, and Saturday morning in final preparation for their **Solemn Communion Service on Saturday at 5:00 p.m.** The craft shown at right is just one of the many meditations they will work on in the next three days. Stay tuned for some after-thoughts from children's ministries.



Anglican
Rosary

Women's Retreat

March 14 to March 15

at The Cenacle, Chicago, IL

Join the women of St. Michael's in a retreat lead by the

CALL TO REGISTER NOW!

Marti Kahn ~ kentkahn@bellsouth.net or 847-842-2287

Terri Longo ~ terrilongo@yahoo.com or 847-387-3645

LAST CALL

Lent Madness Update

When this edition of the weekly Sword is broadcast, *Lent Madness 2014* will be in its first day. **Basil the Great** v.



The Golden Halo

Christina the Astonishing (in alphabetical order - no preference intended). There remains time to vote until 7:00 am Friday. Do you prefer Christina? Or Basil? Go to www.LentMadness.org and vote your preference!

Just once per round. If you like, register your email address to receive reminders. A new round begins Friday morning: **Charles Henry Brent** v. **Julia Chester Emery**. After 24 hours, another round, the only Saturday round this year: **Alcuin** v. **Ephrem of Edessa**. Unfamiliar, you say? Read their bios as researched and promoted by the Celebrity Bloggers. Stay for the comments of other Lent Madness participants. Be amazed -- or Astonished ;-) -- by how inspiring these individuals have been to other followers of Christ. *Lent Madness*. It's playful. It's enlightening.



It's the Lenten devotion you may stick with all the way to Maundy Thursday - when we will know which of the 32 saints in the *Lent Madness 2014* bracket emerges as the winner of the coveted **Golden Halo**. Additionally, as Lent Madness is an offering of Forward Movement, it's a quick link from www.LentMadness.org to www.forwardmovement.org for more serious Lenten devotional materials.

Flapjacks and Fellowship

Wow. Gourmet chocolate chip pancakes! The choir ministry did a fantastic job of hosting the Shrove Tuesday Pancake Supper. Click [here](#) for additional photos from the evenings festivities.



Join Us For A Conversation

On **Wednesday April 9th at 7:00 p.m.**, parishioner **Dale Griffith** will lead a conversation on *My Bright Abyss: Meditation of a Modern Believer* by Christian Wiman. This book has been getting rave reviews in publications as far ranging as the New Yorker, the Wall Street Journal and the New Republic. Join us for a conversation exploring this beautifully written provocative work.

Narthex Banner



This beautiful banner hangs in the front entrance

Seven years ago, Christian Wiman, a well-known poet and the editor of Poetry magazine, wrote a now-famous essay about having faith in the face of death. My Bright Abyss, composed in the difficult years since and completed in the wake of a bone marrow transplant, is a moving meditation on what a viable contemporary faith-responsive not only to modern thought and science but also to religious tradition-might look like. (description of book from Amazon.com)

Prayers for Peace in South Sudan

foyer. It was handmade by Ruth Silver in 2003 and is displayed during the season of Lent.

Week of March 2

The crisis in South Sudan continues...humanitarian needs increase. And, now as Lent begins, and we consider ways to reflect upon our lives in relationship with this season of sacrifice, repentance, forgiveness, let us add to our daily prayers our brothers and sisters in Renk Diocese. Pray for Bishop Joseph, their shepherd, attending to the needs of incoming internally displaced persons, as well as the host community of Renk. Pray for Chief Bior Kuir, lay church leader and Chief of the Dinka Tribe in Renk, for his efforts in keeping peace among his people. Pray for Jacob Panchol, Dean of Students, for Renk Theological College, which strives to remain open to students, most of whom have not arrived due to insecurity from the fighting in their villages and the need to remain with their families.

O God, Compassionate Creator, in the world you wish your children not to use swords but to turn in love toward one another in reconciliation. We pray that throughout the whole world people may move through hatred and mistrust and find a common ground in you. Lord, hear our prayers and the prayers of our brothers and sisters of Renk Diocese for South Sudan.

Upcoming **COMMUNITY EVENTS**

World Day of Prayer

March 7 at 9:00 a.m.

Cary United Methodist Church will be hosting a World Day of Prayer Service. Please invite your friends and neighbors to join you in attending. Click [here](#) for additional information.

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**Celebrate St. Patrick's Day**  
**Corned Beef & Cabbage Dinner**

*with Dundee Scottish Bagpipe Band and Irish Dancers*  
Saturday, March 8 ~ Seatings: 5:00 p.m. & 6:15 p.m.

St. James Episcopal Church  
516 Washington Street, West Dundee



For tickets call: 847-426-5612  
Pre-purchased: Adults \$12; Seniors \$10; Kids \$6  
At the door: Adult \$15; Senior \$12; Kids \$7

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## The Community Meal

Thursday, March 13  
@ St. Paul United Church of Christ  
401 East Main Street, Barrington



Menu: chicken cacciatore, spaghetti with sauce and gluten-free spaghetti, salad, rolls, and desserts.

A registered dietitian from Good Shepherd Hospital, will be speaking about health and wellness.

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## St. James Cathedral

Lenten Evensong Services  
March 9, 16, 23, 30 at 4:00 p.m.

[Read more...](#)

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## New Clothes for Easter

**Please. Donate. Online.**

**For clothes.  
For Easter.  
For kids.**

[lydiahome.org/donate](http://lydiahome.org/donate)  
(select Easter Donation)  
questions? [mkober@lydiahome.org](mailto:mkober@lydiahome.org)

**LYDIA**  
Strengthening Children & Families

**Lydia Home**, a Christian multi-service agency who cares for children, is looking for some cash (online) donations so that their kids might be able to shop for some new clothes for Easter Sunday. They ask that donations be submitted by April 11th in order to allow

time to shop. Click [here](#) to be directed to their website.



**You Are Invited**  
to the  
**Lawrence Hall Youth Services**  
**Lucky Charm**  
**Cocktail Reception**

**Harry Caray's**  
33 W. Kinzie Street  
Chicago, IL 60654

**03.13.14**  
5:00 p.m.  
to  
7:00 p.m.

**\$50**  
Beer, Wine,  
Hors d'oeuvres

**Sponsorship Levels**  
Pot 'o Gold \* \$1,000  
Lucky Leprechaun \* \$500  
Four Leaf Clover \* \$250

Buy tickets and advance raffle tickets, and to sponsor the event visit [www.lawrencehall.org](http://www.lawrencehall.org)



**CATCH THE LATIN SPIRIT!**  
**Bishop Anderson House**  
**Spring Gala**  
Celebrate our one of a kind Ministry  
Sunday April 27, 2014

Kay Lewis has been asked, and said **YES**, to chair the annual fund raiser event for Bishop Anderson House. Way to go Kay! Watch for upcoming details.

Lent is a time to take the time  
to let the power of our faith story take hold of us,  
a time to let the events  
get up and walk around in us,  
a time to intensify  
our living unto Christ,  
a time to hover over  
the thoughts of our hearts,  
a time to place our feet in the streets of Jerusalem  
or to walk along the sea and listen to his word,  
a time to touch his robe



and feel the healing surge through us  
a time to ponder and a time to wonder...

Lent is a time to allow a fresh new taste of God!

From *Kneeling in Jerusalem*. © 1993 Ann Barr Weems.  
Used by permission of Westminster John Knox Press.

## Upcoming Events for Your Calendar

School of Faith ~ On going. See side bar for details.

March 6, Vestry Meeting (rescheduled from Feb), 7pm

March 8, Solemn Communion Service, 5pm

March 9, Invitation to Lent, between 9&10:45 services

March 12, Wednesdays in Lent,

6:00 pm Stations of the Cross Prayer Service; 6:30pm Dinner; 7:00pm Program

March 14-15, AWSM Women's Retreat, @ The Cenacle

March 25, Prayer Shawl Ministry, 7:00 p.m.

March 26, St. Michael's Book Club, 7:30 p.m.

Click [here](#) for a complete calendar of events on our website.

## Contact Info

### St. Michael's Vestry

[vestry@stmichaelsbarrington.org](mailto:vestry@stmichaelsbarrington.org)

Shan Atkins - Senior Warden; David Buckley, Jr., Junior Warden

David Bishop, Sof Ts'o, Dolores Kampert, Ray Kean, Pat Kane, Mike Savage

Christy Cressey, Teri Doran, Randy Lewis, Leslie Yerger, Jay Younger

John Davis - Treasurer, Craig Anderson, Clerk

Marissa Longo, Youth Representative; Sean Tucker, Youth Representative

### Clergy and Staff

The Rev. Patrick Raymond, Rector; The Rev. Kevin Caruso, Associate Rector

The Rev. Ulrika (Eva) Baydoun, Assisting; The Rev. James Bullion, Assisting

The Rev. Elizabeth (Betsy) Ward, Assisting; The Rev. Laurie Michaels, Deacon

The Rev. Judith Heinrich, Deacon; Caren Hunter, Director of Little Angels

Preschool; David Baker, Director of Music Ministries; Jeni Younger, Coordinator

of Children's Ministries; Kara Joy Baker, Youth Pastor & Director of Children's

Choir; Kim Lessner, Parish Operations; Nancy Holmes, Parish Administrator &

Rector's Assistant; Rich Hornickel, Sexton;

Jonathan Gallilher, Webdesign

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The Sword

St. Michael's Episcopal Church, 647 Dundee Avenue, Barrington, IL 60010

The Parish Office is open 9:00 a.m. to 5:00 p.m. Monday through Friday.

website:

www.stmichaelsbarrington.org

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*The Sword* is published each Thursday. The deadline to submit items to be included is Tuesday at Noon. Any questions or comments regarding this publication should be sent to

[news@stmichaelsbarrington.org](mailto:news@stmichaelsbarrington.org)

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