

# WORKPLACE VIOLENCE/ACTIVE SHOOTER



# TRAINING OBJECTIVES

1. Define an Active Shooter
2. What active shooter's are looking for in targets
3. How to respond
4. What to expect when law enforcement arrives
5. What to expect
6. Test on objectives



# What is an Active Shooter?



# DEPARTMENT OF HOMELAND SECURITY

**An Active Shooter is an individual actively engaged in killing or attempting to kill people in a confined and populated area; in most cases, active shooters use firearms(s) and there is no pattern or method to their selection of victims.**



**Active shooter situations are unpredictable and evolve quickly. Typically, the immediate deployment of law enforcement is required to stop the shooting and mitigate harm to victims.**



**Because active shooter situations are often over within 10 to 15 minutes, before law enforcement arrives on the scene, individuals must be prepared both mentally and physically to deal with an active shooter situation.**



- Since 2006, the US has averaged with 4 or more deaths every 2.9 months
- On average about 20 mass shootings take place every year



- Your chances of being involved with an active shooter are very slim.





## What do killers look for when choosing a victim?

- Easy targets
- Someone they can see and hit
- Victim that is not moving, frozen in plain sight

**The harder you are to see and/or  
hit the SAFER you are.**



**How do you survive an active shooter incident?**

- **Quickly determine the most reasonable way to protect your own life.**



**The following video contains graphic content of a violent nature.**

**Viewer discretion is advised.**

		
<b>RUN/ESCAPE</b>	<b>HIDE</b>	<b>FIGHT</b>
IF POSSIBLE	IF ESCAPE IS NOT POSSIBLE	ONLY AS A LAST RESORT

# RUN HIDE FIGHT



1. Run/Escape- If you can
2. Hide - If you can't escape
3. Fight – If you have to as a last resort

# RUN/HIDE/FIGHT



# RUN

# RUN/HIDE/FIGHT



**When an attack starts if you can:**

- Find a way out of the location
- Escape
- Run
- Get out
- Evacuate regardless of whether others agree to follow



# RUN/HIDE/FIGHT



## Make sure you:

- Preplanning is essential/crucial
- Have an escape route and plan in mind
- Call 911 when you are safe
- Leave your belongings behind
- Prevent individuals from entering an area where the active shooter may be

# RUN/HIDE/FIGHT



**Use any available means to get out:**

- Emergency exits
- Windows
- Exits in the back
- Exits in kitchens
- Exits in stock rooms

# RUN/HIDE/FIGHT



**Stay calm and think clearly.**

**Visualize your movements in advance.**

# RUN/HIDE/FIGHT



- How would you escape the main sanctuary if you heard shoots from this direction?

# RUN/HIDE/FIGHT



# HIDE

# RUN/HIDE/FIGHT



If running and evacuation are not possible hide.

If you can find and use:

- Cover – Something that will stop a bullet.
- Concealment – something that keeps you out of the shooters sight.

# RUN/HIDE/FIGHT



Get to a room or a confined area that you can lock down.

Secure your location:

- Lock the doors
- Barricade the doors (furniture on wheels)
- Turn off lights
- Turn off cell phones
- Move away from windows

# RUN/HIDE/FIGHT



## Secure your location:

- Turn off any source of noise (i.e., radios, televisions)
- Hide behind large items (i.e., cabinets, desks)
- Remain quiet
- Remain calm



# RUN/HIDE/FIGHT



## Ways to barricade this location?

### If we heard shooting in the:

- Foyer
- North/west door
- North/east door
- Rorex Hall

# RUN/HIDE/FIGHT



# FIGHT

# **RUN/HIDE/FIGHT**

**As a last resort, and only when your life is  
in imminent danger FIGHT!!!!**



# RUN/HIDE/FIGHT



**Attempt to disrupt and/or incapacitate the active shooter by:**

- Acting as aggressively as possible against him/her
- Throwing items and improvising weapons
- Disrupt the shooters ability to see, breathe, control the weapon

# RUN/HIDE/FIGHT



## What are some common items that can be used as weapons?

- Fire extinguishers
- Staplers
- Flag poles
- Coat racks
- Umbrellas
- Books
- Anything you can throw



# RUN/HIDE/FIGHT



- Laptop computers
- Desk phones
- Pictures

# RUN/HIDE/FIGHT



## What can be used in here?



# RUN/HIDE/FIGHT



- Song books
- Bibles
- Shoes
- Cell phones
- Tablets
- Books
- Anything you can throw

# RUN/HIDE/FIGHT



**Attempt to disrupt and/or incapacitate the active shooter by:**

➤ Yelling

# RUN/HIDE/FIGHT



## Commit to your actions!!!!

## LAW ENFORCEMENT REPONSES

# Police



# LAW ENFORCEMENT RESPONSES

## During an active shooter:

- The first officers to arrive to the scene will not stop to help injured persons.
- Medical teams will come to render medical-aid
- Remain calm, and follow officers' instructions
- Put down any items in your hands (i.e., bags, jackets)
- Keep hands visible at all times
- Avoid making quick movements toward officers such as holding on to them for safety

# LAW ENFORCEMENT RESPONSES

## During an active shooter:

- Avoid pointing, screaming and/or yelling
- Do not stop to ask officers for help or direction when evacuating, just proceed in the direction from which officers are entering the premises

# LAW ENFORCEMENT REPONSES

- Officers may wear regular patrol uniforms or external bulletproof vests, Kevlar helmets, and other tactical equipment
- Officers may shout commands, and may push individuals to the ground for their safety



# LAW ENFORCEMENT RESPONSES

- Officers may be armed with rifles, shotguns, handguns
- Officers may use pepper spray or tear gas to control the situation





# What to expect?



- The sound of gun shots
- Lots of smoke
- The smell of guns after being shot gun powder
- Yelling and screaming
- Blood
- Dead bodies including co-workers people you know



- Your injury
- Fire alarms ringing
- Fire sprinklers going off



# TEST



**During an active shooter what is the first thing you should do?**



# Run



**If you can't run?**



# Hide





**If you can't hide?**



# Fight



**Any questions?**



## **References:**

**U.S. Department of Homeland Security**

**Los Angeles Sheriff's Department**

