

The Chimes



Winter 2017

A seasonal publication of



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The Mission Statement of SonRise Christian Fellowship

Bringing people into a personal relationship with Jesus Christ, gathering them together as a worshipping community, growing them up as His life-long disciples, and sending them out as ministers of the Gospel for the sake of the world.

SonRise Service Times

Sunday mornings

Traditional Service	8:30 am
Contemporary Service	10:30 am
Fuente de Vida	10:30 am
Shine Youth Service	10:30 am



Jerome Marroquin, Pastor



Greg Coppock, Admin Pastor



Banning Cantarini, Youth Pastor



Ryan Hunt,
Missions Director



Beth Ann Murray,
Children's & Preschool Director



Shayli Benner,
Worship Leader



John Redford,
Church Organist



Alex Gonzales,
Fuente de Vida Pastor
Facility Maintenance, Custodian



Art Blodgett,
Worship Director

GREAT EXPECTATIONS!

*"I'm bursting with God-news; I'm dancing the song of my Savior God.
God took one good look at me, and look what happened –
I'm the most fortunate woman on earth!"
(Luke 1:46-48, The Message)*

I'll never forget the day my son, Josiah, and his wife, Lynette, revealed to us that they were going to be parents for the very first time. Last year they invited Terri and me to meet them for lunch at a restaurant in Corona. Once we arrived and were seated, they presented us with a package - just a tiny, little unpretentious box with a small bow on it. When we opened it, all we discovered inside was a wee little green pea. That's it! That's all! ... Nothing else was in it. We looked up – puzzled . . .



"GOOD NEWS!" They exclaimed. "We are *expecting!*
That's about the size of the baby right now!"

As you can imagine, Terri and I screamed so loud for sheer joy, they almost called the cops on us for disturbing the peace! Okay ... well, my wife did all the screaming ... not me. No one cheers with gusto quite like Terri! But I was equally as thrilled as she was. It was a beautiful, unforgettable moment, and a life-changing milestone for our entire family. And since the birth of our precious granddaughter, Adelina, on January 10th our joy has known no bounds. Every day is a new adventure of sheer wonder and gratitude, just watching our sweet pea blossom into a beautiful little girl.



But before Adelina's birth, came the *waiting* ... and the *preparing* ... and the *praying*. Christian author, Wendy Wright, suggests: "Of all types of waiting, the waiting of pregnancy is most like the waiting that we do during Advent. The waiting of pregnancy is like the waiting we do for God." Pregnancy is wonderful ... but it takes great patience.

Advent (the four weeks before Christmas) is a season of waiting with *great expectations!* The unspeakable joy and redemption of Christmas is *coming!* . . . But *it is not yet here.* We wait for the coming of God. How desperately we need him to come and rescue us. Our world is messed up, and so are we. So we pray and we prepare, and we long for the arrival of our Blessed Savior to come and make things right again.

The Apostle Paul declares: "All around us we observe a pregnant creation. The difficult times of pain throughout the world are simply birth pangs. But it's not only around us; it's within us. The Spirit of God is arousing us within. We're also feeling the birth pangs. These sterile and barren bodies of ours are yearning for full deliverance. That is why waiting does not diminish us, any more than waiting diminishes a pregnant mother. We are enlarged in the waiting. We, of course, don't see what is enlarging us. *But the longer we wait, the larger we become, and the more joyful our expectancy.*" (Rom. 8:22-25, *The Message*)

Sometimes our lives seem so little and so insignificant. Even our church is small, like a tiny, innocuous green pea. But our problems and our challenges, on the other hand, appear huge and formidable, like a towering inferno threatening to overwhelm us and topple down upon us.



When the angel Gabriel first informed Mary that she would conceive and give birth to a child, the glorious Son of the Most High, the Savior of the world, she was stunned and incredulous. After all, she was just a poor, little Jewish peasant girl, *and a virgin at that!* The Romans were occupying the holy city of Jerusalem, and the world seemed more dark and ominous than ever. She felt totally powerless and impotent – the least of the least.

But look at the difference once the Holy Spirit falls upon her! Listen to Mary now, after the Spirit of God overshadows her and she suddenly realizes GOD'S VISION for her life: "I'm bursting with God-news!" she sings, "I'm dancing the song of my Savior God. God took one long at me, and look what happened – I'm the most fortunate woman on earth! For the Mighty One has done great things for me – *holy is his name!*" (Luke 1:46-49)

Immediately she begins to list and celebrate all the many ways her coming Savior will transform and bless not only her own little life, but the life of the entire planet, for the glory of God (see Luke 1:50-55). She is a woman inspired by great expectations! In fact, because her heart is so filled with faith in the Lord, she says all these wonderful things as if they've already taken place. *"For nothing is impossible with God!"*

Folks, the coming of Christ into our lives changes everything! Christmas is God's most intimate and most precious gift: the birth of his very own beloved Son, our Lord Jesus Christ. Just like Mary, we too live in a world oppressed by suffering and evil, where confusion and darkness reign. We begin to feel powerless and helpless, like victims trapped in a world that is spinning out of control. But once Mary became pregnant with the Good News of God, her entire perspective - her entire way of seeing her life and her world and her mission - changed completely, and she was filled with unspeakable JOY!

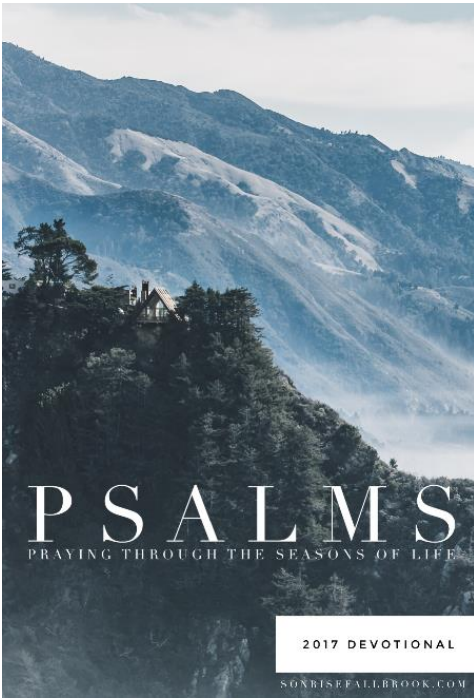
Our expectations influence the way we live. Fearful expectations result in fearful, defensive, self-protective words and actions. But great expectations, divine expectations result in joyful, faith-filled, God-sized miracles! Yes, we are small. Yes, there are physical and financial and relational challenges up ahead. But OUR GOD IS GREATER! That is the ultimate message of Christmas: *"For to us a child is born, to us a son is given, and the government will be on his shoulders. And he will be called Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace."* (Isa. 9:6)

This Advent season as we prepare to celebrate another glorious Christmas, and as we get ready to begin our new, all-church discipleship series, *Experiencing God*, in January 2018, may we, too, be inspired by GREAT EXPECTATIONS! And like Mary, may it profoundly impact the way we think and speak and act. May this Advent be the beginning of the holy breakthrough so many of us have been waiting and praying for.

GOOD NEWS: We are *expecting!* . . .
Merry Christmas everyone!



Pastor Jerome



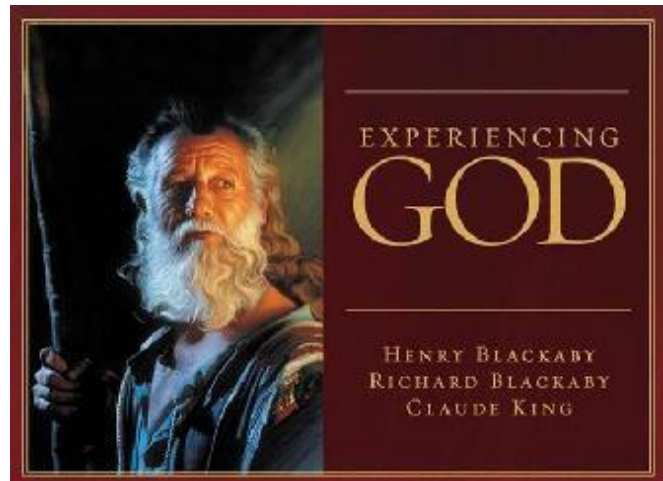
I hope you enjoyed the Psalms series as much as I did!

As we began to learn to pray through the seasons of life and pray the words of the Lord back to Him, a real sense of excitement began to build in my heart.

The series culminated in a great Thanksgiving celebration – right in midst of praising God and expressing thanks to Him for who He is!

The Lord’s perfect timing!

Now we look forward with *Great Expectations* – our Advent series - to what God has for us in the New Year. I am so excited to see what He has for us through *Experiencing God* in 2018!



God has planted a **new** vision in the hearts of a lot of different people in a lot of different areas and ministries. We are considering strategic ways to do ministry, we are thinking boldly, thinking differently and leveraging the gifts He has given us – like the servants with the talents, Jesus is multiplying what He has given and expanding His Kingdom. Church leadership is talking a lot about “**vision**” and we are looking **forward** together to whatever the Lord has for us next. We have **Great Expectations!** Proverbs 29:18 says “Without vision the people perish”. The Message paraphrases, “If people can’t see what God is doing, they stumble all over themselves; but when they attend to what He reveals, they are most blessed”. Something huge is bubbling just below the surface here at SonRise. Sure there are challenges ahead, but that’s where God works and I can’t wait to see the explosion of spiritual growth that He is going to bring to pass for His glory!

Bring on 2018!

Ryan

Meeting God in Leaky Pipes and Lazy Laptops

Gayle Kott

All of us who have been walking this earth for any length of time have gone through at least one major traumatic upheaval in our lives. Whether it is an illness, the loss of a loved one, or struggling with an addiction or some sinful behavior, we've all got something. And God is always faithful to meet us in those times of trial – speaking from my own range of experience it is those times that draw me closer to God, when my need for Him is so great all I can do is to hang on to Him. So even though there can be terrible pain in the midst of our trial, we can look back and see God's gentle hand helping and guiding us.

But what about the frustrations of daily life? Are we as quick to lean on God, and trust Him and not rely on our own strength? Recently I've had occasion to ponder this. One day last week was just flat challenging. It wasn't anything huge and daunting, because I would have immediately 'armored up' and dealt with that. I was having issues with technology and plumbing.

I realize all of us experience technology issues at one time or another, but for me, it was the timing. A few days earlier I had just entered the 21st Century and replaced my dial up internet with wi-fi. At last, I could finally download things like photos without taking my laptop the 8 miles to Fallbrook Coffee Company. This may seem like a small thing to many of you, but to me it was huge. So it happened that both my laptop and my cell phone developed issues on the same day – they both repeatedly froze and became unresponsive. Praise God they didn't both completely crash, as most of my work is on said laptop. Nonetheless, neither of them was operating at anything approaching peak efficiency, and buying new a phone or laptop is not in the budget in the foreseeable future. It was just a little thing, but it was irritating.



And then my son noticed the outside wall of the house was wet near the kitchen sink. He had to go to work, so I began the leak search. Not seeing anything obvious under the sink, I knew I had to figuratively dig deeper. I brushed away the cobwebs, checked for snakes, and crawled under my porch to the crawl space under my house to locate the leak. My flashlight, which had heretofore been reliable, decided it was more fun to flicker off and on than to give me a steady light. I found what I figured had to be the source of the leak – a piece of pipe that runs through the floor. Okay, I thought, I can do this. I've always prided myself on being able to take care of my own plumbing. I know the essentials: water runs downhill, and wash your hands before you eat. So, after a trip to the hardware store and three or four trips crawling under the house bringing the tools I thought I would need, I was scrunched under my kitchen floor, pipe wrench in hand, telling myself I can do all things through Christ who strengthens me. And I got the first fitting loose, no problem. The next one, though, was a huge problem –



I lacked the physical strength to get it loose using the tools I had on hand. I could have crawled back out for a bigger pipe wrench, but I was dealing with limited space between floor joists. I tried and tried, but it just wouldn't budge. My conversation with God went something like this:

"I thought You said I could do all things through Christ who strengthens me. Why can't I undo a stupid pipe fitting?" (Then, second guessing myself) "Am I even turning this the right direction? What do you mean I'm not 25 anymore and don't have the physical strength I used to have?" (That was probably me telling myself that and not the Lord, even though it is true.)

Finally I stopped ranting long enough to actually listen to that still small voice say, "It's okay to ask for help. You don't have to do everything on your own." I had actually known that voice was speaking for a while – I think I first heard it after my second or third trip crawling under my porch trying not to whack my head on the big support beam. However, I had been trying really hard to ignore it, and do things my way and in my own strength. I was saying the words from Philippians 4:13, but I was trying to use them for my purposes, not the Lord's.

Eventually I decided to admit defeat, and not have running water until my son got home from work. I wish I could tell you I had a spectacular rest of my day, rejoicing in all of the good gifts the Lord has given me, but I can't. I sulked like a two year old for a few minutes, and then decided to take my mind off the fact that I would be covered in dirt and cobwebs until the water could be restored. I was going to watch a DVD, but my son's puppy ate the remote, and I couldn't access the part of the menu I needed without it. Sigh. I gave up and ate some ice cream, and tried to put things into perspective. I have friends and relatives with real problems, like having no source of income, dysfunctional marriages, and life threatening illnesses. I know and love people in Malawi for whom running water or electricity is not an option. Watching a movie as a distraction – what's that? I decided to try to make the most of the rest of my day, until my son came home from work. Fortunately, my son is a good guy, always willing to help me, and does have the strength of a 25 year old. God gently pointed that out to me – "See how I've blessed you?" My son is pretty good at things, and was able to resolve the plumbing problem with a minimum of difficulty. I did thank him for making it look like he was having an issue with the valve under the sink, as I was having a hard time reconnecting it while he tightened the pipe under the house. Even though I didn't really want my son to have a problem, the fact that it wasn't all easy for him soothed my damaged pride a little bit.

So, you ask, what is the moral of my adventures in technology and plumbing?

First, God cares about the details of our lives. He was there as I was hunched under the floor, even though I was very close to using a colorful metaphor or two. Second, even though we as Christians tend to pray for things to go smoothly, that frequently isn't when God does His best work. When a potter is working clay, he has to stretch it and mold it – he doesn't just leave it in a smooth lump. Third, and this one is largely directed at me, we can't let pride keep us from listening to the Lord's wisdom. He created us to need each other and depend on one another, not to be islands of self-sufficiency.

Finally, whether we are in the boat in the middle of a gale force wind, hanging on for dear life and asking Jesus why He is sleeping, or we are just experiencing some mildly choppy seas, Jesus is always with us. Never will He leave us, never will He forsake us.

Take heart dear ones. Even on the days when it seems like the world is conspiring against you, you have a choice to make. You can choose to sulk like a two year old and eat ice cream, or you can choose to count your many blessings. And no matter what the circumstances, you can cry out to Jesus, or cry out to the Father. They will meet you wherever you are, even if it's in the crawlspace under a house.



Praying for the Lord to be glorified through each of your lives -

Gayle

John 16:33 "These things I have spoken to you, that in Me you may have peace. In the world you have tribulation, but take courage; I have overcome the world."

SCF Film Festival

Jerry Maurer

Are you one of the people who were sorry they missed the SonRise Christian Fellowship Fallbrook Family Film Festival? Then I suppose you will double your efforts to make it in 2018. You wouldn't want to miss it twice, would you? If you happen to be one of the people who didn't attend and also don't really know what you missed I have an easy task for you. Ask some people if they will be going next year and odds are at least one person will have attended in 2017.



They will stop what they are doing, look you in the eye, and say, ***"You've got to go!"***

Over 2,000 man-hours went into this grand event all in an effort to raise funds for your mission projects. The evening included short videos and live performances. The Parish Life Team would like to thank the filmmakers, singers, sound booth engineers, ushers, intermission coordinators, videographers, editors, musicians, emcees, and publicists. You get an "A+". The faux awards night turned out to be better than anyone expected. (Except for a handful of people, they knew it would be great entertainment the whole time.)

The three video cameras for this event captured all the fun and there is a great chance the footage will be expertly edited into what promises to be a highly entertaining DVD.



Ranging from a live unknown singer portraying the famed Opera Ghost to some time traveling youths to a "The Good, the Bad, and the Ugly" solo to an exhilarating and spectacular drone flight.

The team has not set the date for the Second Annual SCFFFFF yet but it will probably be sometime in October. If you think you might have a six minutes or shorter movie in you contact Jerry Maurer (760.828.8892) soon.



Where have you come from?

Where are you going?



My friend and confidant Jerome, often asks the staff, “We know where we came from as a church but, where are we going?” As a congregation we have already answered one question, “How did we get here?” We all came together as believers and made the decision as a body to leave the PCUSA. I believe these two new questions are relevant for us today. They are worth prayerfully pondering.

My friend Chris shared a book with me called, Sensible Shoes, by Sharon Garlough Brown. The story is about four women and their spiritual journeys. This is definitely a good read and I encourage you to pick it up, it will help you on your own spiritual journey.

I won’t give away any secrets but one particular chapter in Genesis really touched my soul and helped me understand how to answer Jerome’s questions. “Where have we come from?” and “Where are we going?”

In the book, Sensible Shoes, Hagar the servant girl to Sarai was fleeing from her mistress, Abraham’s wife, when the Angel of the Lord asked her these two questions while she was out in the wilderness. “Where have you come from?” and “Where are you going?”

I believe the answers can come from looking at our past and setting goals for our future. What has shaped us from our past? For most of us our past has made us who we are today. But for some, our past was filled with hurts and disappointments. As to the future, we also need to consider how we are moving forward in our life with God. The Holy Spirit is the key to answering these questions. However it won’t be easy.

I pondered the two questions with first asking the Holy Spirit to help me discern and explore, and only then did He help me bring to mind the people and events that have significantly shaped me.



The first question was easy in that I came from a God loving family. Both grandparents were strong Christian believers and always surrounded themselves with their church community. They also served in their church on a regular basis. My mom and dad started teaching me about Jesus when I was still in my mother’s womb. My father, who is now living with Jesus taught me about trusting and believing in God. He shared with me that because of his time in the Navy, he felt that he was a living example of an answered prayer. He served two consecutive tours in Vietnam and survived many missions, sometimes the only plane returning from his assignment.

He never spoke about his friends he lost but he did share that our great big God is always with you and it is God’s presence that made the difference.

My mom’s job during those challenging and very frightening years was to take care of herself, her children and the household affairs. But she felt her most important job was to keep dad alive in our daily lives. We shared tapes, letters while keeping God upfront and personal while going to church, attending events and always surrounding ourselves with, and relying on our church family. Throughout my childhood we never strayed from our love for God or from our church family. God was always at the center of our lives.

When I became an adult, God brought me a man of God to marry who also came from a strong Christian family. We also experienced the navy life and learned for ourselves how to depend and trust in our Father,

God. After five sweet years together as man and wife, God blessed us with a perfect baby boy, Coleman. Really he is perfect, just ask my mom. My husband, TJ, and I, raised Coleman in the church. He began attending Bible Study Fellowship when he was two years old and has never stopped loving His Lord.



So in answering where you came from a good place to start may be to look at how God's presence impacted your life. Where have you come from? Right now, ask God to give you the courage to name not only the times when you felt God's presence, but also the times when you felt His absence. How have these experiences shaped you into who you are today?

SonRise Christian Fellowship has always been a congregation that sought after God's own heart. We are very much like David in the Bible. We are strong in that we have always trusted God's direction and we are courageous in sharing His word and love for everyone. In January, we will be studying the series, *Experiencing God*, which tells the story of a church and its challenges.

Where are you going? Now this is a tough one, first we need to consider the invitations God is currently giving us. How is God leading us into a deeper relationship with Him? What promises of God, are giving us hope for the future? How do we plan to be continually with Him who is always with us?

Pastor Jerome just finished the series on the Book of Psalms. Many of His people, especially, David shared his insights on how to love God. I totally enjoyed the daily devotions with David's inspirations and all the variety of ways Christ was mentioned in the book.

So again we are back to where are we going? Personally I am still working on this question. This has been my church family for over 30 years. Yes, I've noticed we are smaller but so are all the churches in America. What I do know is that the Bible is still our emphasis and Pastor Jerome says, "We're about ministry; that's where we will continue to place our focus."



Where am I going? Well, I believe God is too big to be confined in a box of our own making. I have made a promise to God and to our precious children that I will do my very best to show our families how much God loves them.

Where is SonRise's Children's Ministry going? Our hearts desire is to see God use this ministry to grow His Kingdom and impact lives by restoring families, equipping parents to raise godly children and teach our children to love Jesus. It is such a blessing to watch our families thrive.

SonRise Christian Fellowship's Children's Ministries, Sunday school, The Preschool, AWANA, and Los Amigos are all about sharing God's love with each other while learning how He wants us to live in this world today.

Alongside Him,

Beth Ann Murray

What's Happening in Children's Ministries?!



Preschool –In August we started off with only 26 children enrolled. But because of your prayers we are up to 34 children now. We have had a great beginning and are looking forward to the New Year. We have lots of 4 year olds, so please tell your friends and neighbors we still have room in our 3 year old class. Jesus lives here with us every day. His stories come alive as well as His patience and love for the staff. You are more than welcome to come and visit the preschool anytime. Our doors are always open, we sing, we dance and we love all day long.

We have a faithful board again this year. We will need a few new members as some are retiring from the board after many years of service. Let me know if you would like to serve on our preschool board.

Just call Beth Ann, 760-728-1032.



Sunday school is in full swing. We have an awesome teaching staff. I rarely need to find a sub for them. They want to teach your children about God all the time. We still use a curriculum written and published by www.kidsSundayschool.com where we can choose our themes each week as well as each season. We possibly might change the elementary curriculum soon. But I plan to use all the resources we have, especially the teachers themselves. We will work together in this decision.



The elementary class had a trip to the Palomar Observatory on November 26th. Roy Callahan led the way and the children were excited about going on an adventure. We had a fun lunch together, toured the observatory and took a hike on an adventure to the Vista Point. We saw some awesome views of God's creation.

We are also getting ready for our Christmas program for Dec 10th. As usual the kids will definitely put you in the Christmas spirit. After all shouldn't that be the reason for our gathering. Jesus and fellowship. How much fun will that be?

He is the Reason for the Season!



Dear Church Family,

I am so blessed and thankful to be the commander of a growing ministry at this church, known as AWANA. This year we have approximately 75 kids and 20 leaders, and are still continuing to grow.



With holiday season picking up, we just celebrated thanksgiving by creating turkeys and fruit filled cornucopias and will be celebrating Christmas with our "Happy Birthday Jesus Party" on December 14th. I am opening up this party to the church family; so if you would like to go and meet some of the kids or even see what our ministry is about please RSVP as soon as possible.

Thank you for all your prayers and blessing for our ministry, they truly have gone a long way!

Harmony Zampino

Los Amigos is going strong with 15 students and 15 tutors! Thank you church family for responding to our call for additional tutors.



The kids and tutors alike really enjoyed our recent swim day – it's fun to jump into the pool! – as well as our field trip on November 28th to the Painted Earth Ceramic Studio in Temecula, and then dinner at Pat and Oscars. The kids got an opportunity to make a Christmas gift for someone special.

I have one new boy waiting to join our group, and he needs a tutor. Would you be willing to show the love of Jesus to a child while helping him with his homework? We meet each Tuesday from 2:30 - 4:15. Give me a call at (760) 533-6672 if you have any questions.

Merry Christmas!

Charlene Mann

MORE FROM OUR PRESCHOOL!

As my third year teaching at SonRise Christian Preschool is underway, I would like to take this opportunity to introduce myself to our church family. My name is Amber McCormick and I am the head teacher of the Pre-K class. I received my associate degree in early childhood education two years ago while working as an aide in the 3 year old class here.



Children are our most valued resource to the future. I am dedicated to cultivate this group of kids by implementing a curriculum aimed at developing their growth mentally, emotionally, socially, and spiritually in a Christian environment. It is a blessing to watch our children come to know God as our creator and friend. I yearn to equip our students to live for God with hearts that are fixed on pleasing Him. At the same time I am preparing them for Kindergarten and our students will leave Pre-K knowing how to write their names, count to 30, and be able to recognize at least 25 sight words.

The support we receive from the church is a valuable asset to our school and we are lucky to have it every year. Your caring spirit is greatly appreciated.

Amber McCormick



*Big thanks to
Suzette Phillips
who came and repainted our
Preschool Trolley for us!*

Men's Ministries

Jerry Maurer



Is the filament in your mental bulb emitting less lumen than a broken menorah? Is it an omen that you are lamenting the acumen of your ability to make amends, even with a friendly Mensch? Are you lamenting mental ailments even if they are only momentary? Do the amenities of today cause deferment to your bachelor days when your favorite thing on the menu was Top Ramen with pimentos?

There is an immensely commendable way to stop the momentum of the menacing fermentation of the figments of your imagination. That would be to join a men's group. There are no strenuous mental gyrations, jeepers, stop and think for a moment. The guy who wrote this article needs mending himself. (And he's a men's group facilitator!) Stop banging your head against a brick wall.



There is a place to mentor and be mentored by men just like you!

Wednesdays

7:00 am Men's Group Fellowship with Tom DuMont & Jim Fowler- Fallbrook Coffee Co.
7:00 pm Men's Group - Jerry Maurer's Home (760.828.8892)

Saturdays

7:00 am Men's Group with Pastor Greg Coppock – Fallbrook Coffee Co.

It all commences when you take the first easy step.

Why not check out a group and see if it is for you?

A demented ruler once commented, "Don't blame Nero!" The point is neither that emperor with dementia nor any of us deserves clemency but it is ours if we will humble ourselves. So check it out. And all God's people said, "Amen."

How many times do the three letters "men" appear in that exact order in this entire article? A grand prizewinner (and an honorable mention) will be drawn from those who submit the correct answer in a timely fashion to: JerryRMaurer@gmail.com. The end.

Dear Church Family,

What can I give to you at this special time of Christmas? It's has to be something exceptional! Perhaps the best poem I've ever read? Although this is not strictly a Christmas poem, I think you can appreciate its advent perspective. The poem is by Maya Angelou, a Pulitzer-, Tony-, and Grammy-winning writer. She was best known for her autobiographies, but as a Christian, I think this poem is perhaps her best work. If you love these illustrations from the book form of the poem, thank Edward Burne-Jones, the 19th century painter. I highly recommend buying the book of the same name!

This poem moves me to tears. I can barely breathe when I read it. I guess that's because I always substitute "Jesus" for the word "love" when I read it. I hope you enjoy it as much as I do!

Merry Christmas!!!

Brad Fox

Love's Exquisite Freedom

By Maya Angelou

We, unaccustomed to
courage,
exiles from delight,
live coiled in shells of
loneliness
until love leaves its high
holy temple
and comes into our sight
to liberate us into life.





Love arrives and in its train
come ecstasies,
old memories of pleasure,
ancient memories of pain.

Yet if we are bold,
love strikes away
the chains of fear
from our souls.

We are weaned from our timidity.

In the flush of love's light

we dare be brave.

And suddenly we see

that love costs all we are

and will ever be.

Yet it is only love

which sets us free.



What Can We Expect?

Gayle Kott

Do you remember wanting something for Christmas as a child, and you wanted it so badly, you didn't just tell Santa, but you threw it in your prayers as well? Then you waited with eager expectation, and waited, and waited... Sometimes I think that is how God feels about us. He sees us drawing nearer and nearer to Him, and He is so eager for our time together with Him. Sometimes I wonder if He says, "Oh good, they're awake! I can't wait to spend time with them!"

But how do we act in the morning? Do we wake up, stretch, and say, "Good morning Lord! How are You this morning?" Or is there a bit less enthusiasm on our part?

Even though I am a 'morning person', I admit I'm not always as eager as I should be for another day full of adventures with God. That is how I view life, at least in theory – an adventure with my Abba Father, Holy Spirit, and Jesus, my save the day action hero. Unfortunately, though, I don't always treat life that way. Winter is not particularly my favorite season. December is wonderful with the anticipation of the holidays and time spent with family, but then comes January, and I always tend to feel like, "It's over already? Now what?" On the Christian calendar, it is the season of Epiphany. On my calendar, it can be the season of discontent. The weather is colder and the days are short, and spring can't come soon enough to suit me. I realize my need to apologize to God for that, because every day is gift, and He gives us seasons for a reason, both in weather and in life.

But back to Christmas for a moment. Even though I love Christmas, I recognize that both for myself and many others it is a season of frenzied activity. Shopping and holiday get togethers and special programs all blur together, leaving us worn out and sometimes frazzled. Especially in those times it is necessary for our spiritual, emotional and physical health to have time set apart with God. It is always needful, but the crazier life gets, the more we need to draw near to God, and rest in Him. I recently read a definition of "abide" that said in Greek it meant to lean back and put your full weight on an object. Do we dare put our full 'weight' on Jesus, resting quietly in His arms, abiding in Him, remaining in Him? Absolutely. And getting back to the subject of seasons, there are times to rest quietly in His love, and just be with Him, and times to pray fervently, and still be with Him. I believe it was Martin Luther who said he prayed for two hours every day, except for exceptionally busy days – then he prayed three hours. I'd like to follow that example, and spend that much time devoted exclusively to being in God's presence. I'm not there yet, but it sounds lovely.





Some of you are probably thinking I'm crazy, that you are fortunate to get five minutes of prayer before the world becomes demanding of your full attention. Others might be wondering what you could possibly have to pray about for twenty minutes, let alone two hours. In any case, no matter how long or brief our prayer time may be, we need to bring our whole heart to the Father. We don't have to worry about holding anything back, because He loves us, no matter what.

He loves us in spite of our messes, and even though He already knows our hearts, He wants to hear what we have to say. It draws us closer to Him, which is the desire of His heart. In our chaotic culture, it is more important than ever to have that close relationship, and try to hear God's voice in our lives. The more time we spend in the Word, the better we can understand His heart, and the closer we are to Him. "Your word is a lamp to my feet and a light to my path." (Psalm 119:105) None of us can possibly comprehend the mind of God, because, well, He's God and we aren't. But He does reveal Himself to us if we are attentive.

So, what can we expect as we draw closer to God? Speaking for myself, I can first tell you what I do not expect. I do not expect life to suddenly turn into sunshine and lollipops. I do not expect all of my problems to magically disappear. What I do expect is His peace and His joy in the midst of life's trials. I expect to know that I am seen by Him, heard by Him, and fully known and loved. I expect to see miracles. I expect the ability to walk in the freedom He bought for me, for all of us. Freedom from guilt and shame, and yes, even fear. I'm not saying those emotions won't occur, but we don't have to walk in them; we don't have to live in them. Jesus took all of that to the cross, and we don't have to carry it. "As far as the east is from the west, so far have You removed our transgressions from us." (Psalm 103:12) And, eventually, all who have accepted Jesus as our Lord and Savior can expect to be in His physical presence. What a joy that will be! But for now, every day spent walking in the land of the living, in every season, is a present from our Abba Father. What we do with it after we unwrap it is up to us.

This Christmas, brothers and sisters, I exhort you to give God the gift He wants most – you, including your time and your heart. He has never left you, and never will, but I hope you will allow yourself to be blessed by resting in His presence. There was a reason James told us to draw near to God, and He will draw near to us. We desperately need it, and it is the deep desire of His heart as well. He loves you, and can't wait to spend time with you.

Praying for His peace and joy in each of your lives this season, for His grace, mercy and favor for you and your families, and that you might draw closer to Him than ever before, no matter what circumstances life may throw at you.

Gayle



GO into all the world....

Ryan Hunt

As the Missions Director here at SonRise, I have gotten to know a number of our missionaries – professionals who have been sent out to spread the Gospel of Jesus Christ... and whom we support financially, but I have also been hearing an increasing number of people wanting to respond to the challenge to GO. To be a Going church in addition to a Sending one.

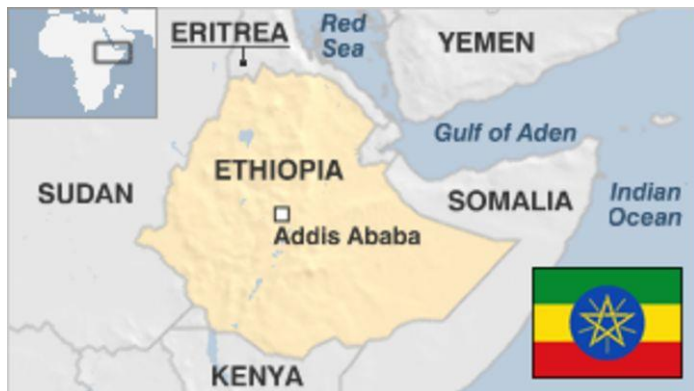
As I said in my last Chimes article, I really believe that we have done a great job at writing checks and supporting missionaries, but I believe God is calling us to something more! As we look forward to the *Experiencing God* Bible study in the New Year, we know that God is at work ... and we get to be a part of what He is doing! Certainly not because He needs our help, but we are invited to participate with Him.

When God calls us and we finally decide we are ready to go, the first question is usually “Where am I supposed to go?” Closely followed by “How will I get there? What will it cost?” and “Is it safe?”

I had an opportunity to some weeks ago about a new opportunity God has opened for us to go to Ethiopia this July. It has been a real God sighting to watch Him orchestrate all of the details. We thought we were to go one direction, but He very clearly closed some doors and opened a completely different path for us. As we follow Him, maybe that will help us answer some of those questions about GOING.

I can't answer for you where you are supposed to go(but it's Ethiopia ☺). Just kidding! You'll have to listen to the Lord for His direction – but I do know that we are all supposed to be moving out of our comfort zone and going somewhere! That might mean across the street to love on your neighbor, it might mean getting more involved in our community by joining our homeless ministry, being part of our missions fundraising team, or joining Awana or Los Amigos and blessing children in the name of Jesus.

Maybe, just maybe, it means traveling to Ethiopia with our team in July, hosting a VBS program for children there, serving for a day at the feeding center, visiting an orphanage, and encouraging church planters in the region.



How will we get there and what will it cost? Logistically, we can figure out how we are going to get there. What it will cost is a much bigger question. We will certainly have some fundraisers and we trust God to provide financially, but it's still going to cost something. Maybe your vacation hours, maybe time with your family, maybe some other sacrifice, but it will cost us each something. Nothing compared to what the Lord sacrificed for us!



Is it safe? Of course not! It's not safe to go across the street or to the corner market either, but we know that we go with God and we have His power and His protection. He's not safe either don't forget. Like *The Lion, The Witch and The Wardrobe* when asked if Aslan is safe. Of course He's not safe – but He's good.

I actually collect carved lions and they are actually a common image and emblem in Ethiopia. The capital city of Addis Ababa even has a huge statue of a lion in the center square. My favorite! Always reminds me of that Aslan quote. It's not safe, but what an adventure with the Lord!



Missions is a way of life, but it starts with just one step. Just GO. Across the street, to San Diego or out of the United States, but GO. Maybe it starts with using your summer vacation for a higher purpose. Maybe it starts with joining our trip to Ethiopia this July!

For details about the Ethiopia trip, general information on Missions, to find out about other upcoming opportunities or just to discuss where God is calling you to GO please email or call me. I'm always happy to share with others how God is at work in your life, in His church and in His world!
ryan@sonrisefallbrook.com 408-234-1343.

Vision for Missions

To see Sunrise Christian Fellowship become a GOING church in addition to a SENDING church, facilitating discipleship, identifying and building up leaders, and supporting partnerships with indigenous teams working to fulfill the Great Commission.

Your generosity as a church, your giving spirit and your loving hearts for others allowed us to send over \$5,000 through a special offering to help the victims of Hurricane Harvey. Here is a letter we received in response from Franklin Graham.

FRANKLIN GRAHAM
P.O. BOX 3000, BOONE, NC 28607

November 3, 2017

Dear Reverend Marroquin,

Thank you for the gift sent to Samaritan's Purse for Hurricane Harvey relief from SonRise Christian Fellowship. Your generous support is deeply appreciated.

I have recently returned from preaching the Gospel in seven cities across Texas with the Decision Texas Tour. We thank God that hundreds of people responded to the invitation to make decisions for Jesus Christ. Please join us in praying for them.

While I was in Texas, I also went to some of our Samaritan's Purse disaster relief work sites. Our staff and volunteers there and in Florida are continuing to help hurricane victims remove water damaged sheetrock and carpet, put tarps on damaged roofs, remove downed trees, and start making repairs. We have begun rebuilding homes in Texas.

Our staff is also on the ground in the Caribbean helping to provide clean water, hygiene kits, heavy-duty plastic, generators, and other emergency supplies to those who have lost so much. As we help in Jesus' Name, our goal is to share the Good News that, *"God sent not his Son into the world to condemn the world; but that the world through him might be saved"* (John 3:17).

Again, thank you for your partnership and your prayers that make this work possible. May God richly bless you.

Sincerely,



Franklin Graham

FG/jm

Reverend Jerome Marroquin
SonRise Christian Fellowship
463 S Stage Coach Lane
Fallbrook, CA 92028

*...and here is a special letter from one of our supported missionaries –
Jay and Sarah Gerhart*

Dear SonRise family,

What a wonderful tradition. Our non-American friends love celebrating this holiday with us. It is so good to stop, reflect, and celebrate all the things for which we are grateful.

In 2017, Jay found his sweet spot in impacting young lives for the kingdom. It is very rewarding for us both to work with college students who are keen to learn and grow in their Christian walk. We are also very thankful that Thomas has been enjoying life in Cape Town and his studies in Geomatics; that Graham has full-time employment in San Diego and loves his Ultimate Frisbee; and that John Samuel has found deep fulfillment in his music this year.

Our local home group has been a source of great fellowship as we grow together in friendship. We are also very thankful for our Joburg and U.S. One Challenge teammates who serve us in so many ways to ensure that we can flourish in life and ministry in Zimbabwe.



As we observe global events, it makes us increasingly grateful for daily safety and security, food and provision, and for all your answered prayers on our behalf. We dearly miss you and give deep thanks for your interest in our lives. Thank you for your love and commitment to us.

As you prepare for Christmas, we know some of you are looking for creative ways to give. In Zimbabwe, there is no end to the possibilities. A student can get a degree at the local university for only \$1000 per year. Like Innocent, most of the students in The Base ministry are struggling financially. Several, including Rose, cannot academically proceed because they are in debt to the university.

Others cannot pay their rent. George has completed his theology degree, but cannot graduate until he pays off his accumulated debt. Their bills vary between about \$200-\$1000. Times are very difficult here. This Christmas, if you would like to give towards these needs, please send your contribution to the Gerhart's "Zimbabwe Project Fund." Gifts are tax deductible, and details are below. For this kind of generosity, we are also deeply grateful. For more details, go to <http://www.onechallenge.org/give/>

Thank you,

Jay and Sarah

Christmas Without Jesus

Dave Hunt

It is just a small village, perhaps 250 inhabitants. All are farmers, each with a small plot of land in the beautiful countryside surrounding their quiet community. When "God favors them" as they would say they have good crops, enough to eat and a happy life. The weather is always mild – not too hot and not too cold and except for some unusual heavy rains their simple homes made of mud walls and grass roof are comfortable and provide all the protection they need. Their large families live in several small huts arranged in clusters dotting the hillside village. Festivals throughout the year break the somewhat monotonous life of these Ethiopian villagers as they celebrate various historical events or family milestones.

But one festival, to us was glaringly missing. Christmas. Oh, they would change the routines of daily life at Christmas time – anything for a celebration. Some folks in some of the neighboring villages celebrate on this day, so why not? But in this village it was Christmas without Jesus.



You see, this is a Muslim village, like thousands throughout the region.

They worship God. They attend the local house of worship. They pray every day. They care for their families and even help those who may be struggling. They try to live a life pleasing to God. They work hard. And like most of us, the parents want a great future for their children. Fortunately, their village had a small school, the pride of the community. Decorated with local produce, handcrafts, and occasional imports from the town some distance away, the simple plastic roof structure with no walls has become the community center. Most of the festivals are celebrated here. Including Christmas. But it's a Christmas without Jesus.

Can you imagine – Christmas without Jesus? It just doesn't make sense. Without Jesus, it's an empty festival with nothing to celebrate. (Not too different for many Americans!) And at the core, that's what much of life is for these Muslim villagers. Nothing to celebrate because they don't know Jesus. Oh yes, their holy book tells them that Jesus was the greatest of the prophets, but for years their leaders, while teaching them to worship God,

have taught them that it is Mohamed that they should honor and revere. The reality of Christmas has been hidden from them. So, year after year, they would celebrate Christmas without Jesus.

Until one day, Ahmed returned to his village. He had been away for twelve years, chased from his family and the community because he had dared to say that it was Jesus they should honor and revere, not Mohamed. In those twelve years Ahmed had studied the Bible and had been eagerly sharing the Good News about Jesus with several of the other small villages scattered throughout the region. But until now, he had fearfully steered clear of his home community. But when he heard that a Christian couple was regularly visiting his village and had adopted a baby from the community, he knew it was God's time for him to boldly return. Of course, with the message of Jesus burning in his heart he could not be quiet. And he found a different spirit in his community. The regular visits from the Christian couple and the willingness to rescue one of the neglected "sons of the community," had paved the way for him to share the Good News of the gospel with his family and the entire village. Ahmed's eighty-year-old father was the first to become a Jesus follower. Soon there were others.



And now no longer, is Christmas celebrated without Jesus. Now the center of the celebration Jesus has transformed this community as many have chosen to follow him. Christmas has become the greatest of all their annual festivals – Christmas *with* Jesus!

(All over the world hundreds of thousands of disillusioned Muslims are turning to Jesus. We believe this is God's time to move aggressively forward to take the gospel to those places like North Africa and the Middle East where more than 95% of people do not know Jesus. They need the opportunity to hear and to celebrate Christmas with Jesus.)

Coffee shop survival

Tim O'Leary

Seek first the kingdom of God and His righteousness and all these things will be added to you.
Matthew 6:33

And so arrives another deadline of the *Chimes* and yet another chunk of open space for your humble coffee shop correspondent to fill. Unfortunately, due to circumstances rather than choice, my visits to the place of late have become rather catch as catch can. Duties have drawn me elsewhere recently. Distractions seem to abound, and only rarely have I been able to pop into the little coffee shop that our congregation opened at the corner of Mission and Fallbrook in April 2014. As a result, it was with pencil and paper in hand that I recently drifted into the coffee shop for the Saturday morning men's group headed by Pastor Greg Coppock. It had been a month or more since I last participated. I had lost touch with the news of the place. I didn't know if it was still holding its own financially. I wasn't sure what had happened regarding the landlord's request for a 9 percent rent increase. I still didn't know the status of the monthly fee she wanted to assess us for the fish pond that flanks our parking lot.

Fresh in my mind was a Nov. 8 story in the *Wall Street Journal* that was headlined "Crunchtime for Coffee Shops – Crowded market loses steam as shakeout looms; specialty brews at the gas pump." The article told of a boom in coffee shops that has swelled their ranks to nearly 33,000 in the U.S. today. Starbucks, which elbowed its way into Fallbrook as our most aggressive competitor, has increased its outlets by 16 percent over the past five years, the story said. The piece told of how the rush into the marketplace by cheaper options – convenience stores, gas stations and fast food joints – is starting to take a bigger bite out of traditional coffee shops.

On my way in to our shop, I spotted many of the familiar faces that populate the place. A group of three men conducted a Bible study at a side table outside the front door. Two women and a dog anchored a table near the bubbling pond as a toddler dashed between and around them.

There were four of us at our men's group that day, brothers who in turn have seen the stings and suffering of everyday life. We talked of those, of course, as well as the financial struggles that our church is experiencing and the fruit that our coffee shop is producing in the community.

"The coffee shop is doing well," Pastor Greg assured us. It's still in the black despite a 3 percent rent increase, a \$50 a month pond maintenance fee and a sizable jump in the state-mandated minimum wage. "I think we're fulfilling the call that God put in our hearts for this place," Pastor Greg continued. "He called us to be obedient and not to be afraid as we opened a watering hole in His name without plastering it all over the place."

With His help, we did just that. For me, entering the place often feels like stepping onto holy ground. Day after day, customers there lift up hundreds of people in prayer. We give thanks to our Lord for His gifts, most of all the salvation that comes through Christ Jesus.

As our recent Saturday morning gathering wound down, Michael Lauzun, gave his words of praise. Michael and I have shared a connection since we met a couple of years ago at the coffee shop and then church. We have walked separate but similar paths through many of the same dark valleys – divorce, blending new families, battling drink. He has ministered to me through his faith, his smile, his sense of purpose and his unshakable knowledge that Jesus forgives, heals and saves.

"You're staring at a miracle here," Michael said of himself as Pastor Greg prepared to close us in prayer. "I'm keeping my heart and my eyes open to that."



God's Answering Machine

Thank you for calling Heaven. Please hold, you are number 34 million something in the queue.

I am sorry, all of our angels and saints are busy helping other sinners right now. However, your prayer is important to us and we will answer it in the order it was received. Please stay on the line.

If you would like to speak to:

God, press 1. Jesus, press 2. The Holy Spirit, press 3.

If you would like to hear King David sing a Psalm while you are holding, press 4.

To find a loved one who has been assigned to Heaven, press 5, then enter his or her social security number followed by the pound sign. For reservations in heaven, please enter J-O-H-N 3:16

For answers to nagging questions about dinosaurs, the age of the earth, life on other planets, why do the innocent suffer, and where Noah's Ark is, please wait until you arrive.

If you are calling after hours and need emergency assistance, please contact your local pastor.

Thank God, you can't call Him too often!!! You only need to ring once and God hears you. Because of Jesus, you never get a busy signal. God takes each call and knows each caller personally. When you call and the Lord will answer; you will cry for help and He will say: "Here am I!"

And when you do call: Emergency Phone Numbers

1. When in sorrow, call John 14
2. When men fail you, call Psalm 27
3. If you want to be fruitful, call John 15
4. When you have sinned, call Psalm 51
5. When you worry, call Matthew 6:19-34
6. When you are in danger, call Psalm 91
7. When God seems far away, call Psalm 139
8. When your faith needs stirring, call Hebrews 11
9. When you are lonely and fearful, call Psalm 23
10. When you grow bitter and critical, call 1 Cor. 13
11. For Paul's secret to happiness, call Col. 3:12-17
12. For idea of Christianity, call 2 Cor. 5:15-19
13. When you feel down and out, call Romans 8:31-39
14. When you want peace and rest, call Matt. 11:25-30
15. When the world seems bigger than God, call Psalm 90
16. When you want Christian assurance, call Romans 8:1-30
17. When you leave home for labor or travel, call Psalm 121
18. When your prayers grow narrow or selfish, call Psalm 67
19. For a great invention/opportunity, call Isaiah 55
20. When you want courage for a task, call Joshua 1
21. How to get along with fellowmen, call Romans 12
22. When you think of investments/returns, call Mark 10
23. If you are depressed, call Psalm 27
24. If your pocketbook is empty, call Psalm 37
25. If you're losing confidence in people, call 1 Cor. 13
26. If people seem unkind, call John 15
27. If discouraged about your work, call Psalm 126
28. If you find the world growing small, and yourself great, call Psalm 19



ANNIVERSARIES

DECEMBER

- 07 Karen & Walt Parry
- 10 Beth Ann & TJ Murray
- 13 Carol & Don Hughes
- 14 Wilma & Bill Chain
- 17 Art & JoAnn Deming
- 17 Tom & Lori Rondeau
- 18 Terri & Alan Simpson
- 19 Marlene & Allison Christopher
- 20 Judy & Bill Saunders
- 29 Jenny & Sam Mundy



JANUARY

- 06 Margaret & Jim Donovan
- 08 Cathy & Peter Smelser
- 11 Bonnie & Don McIver
- 17 Miriam & Jim Kirk

FEBRUARY

- 02 Hattie & Lougene Williams
- 12 Paulette & Brad Britton
- 18 Eva & Greg Montague

BIRTHDAYS

DECEMBER

- 01 Sherry Carter
- 02 Miriam Kirk
- 04 Brad Britton
- 07 Jim Donovan
- 09 Marlene Christopher
- 10 Donna Hall
- 10 Kaedin Kluis
- 10 Cathy Smelser
- 10 Gary Thomson
- 12 Kris Kluis
- 12 Bruce Sharp
- 13 Doris Bowling
- 13 Paul Patterson
- 15 Robi Foli
- 17 Nikki Hunt
- 18 Jay Johnson
- 22 Mimi Leraas
- 22 Esther Nair (Tanksley)
- 25 Toni Crisell
- 25 JESUS
- 28 Jenelle Madden
- 29 Phebi Foli
- 29 Diane Ice
- 30 Kathy Sears
- 31 Madison Britton
- 31 Greg Ullery

JANUARY

- 01 Bruce Daniel
- 01 Katariya Kluis
- 04 Hailey Dugas
- 07 Karl Stephens
- 10 T. J. Murray
- 14 Chad Duty
- 14 Alex Timme
- 17 Sandra Maile
- 17 Carla Thomson
- 20 Joannie Sawdon
- 20 Roseann Tebo
- 23 Sandi Simpson
- 25 Marilyn Gauthier
- 27 Katie Callahan
- 27 Chase Dugas
- 27 Van Hill
- 27 Glenn Mattes
- 29 Chuck Heiser

FEBRUARY

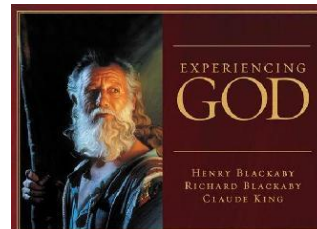
- 04 Caron Lieber
- 05 Lincoln Nair
- 05 Windy Smith
- 05 Jean Tiffany
- 07 Charlotte Glasgow
- 13 Gracie Fowler
- 15 Bethany Marroquin
- 17 Agatha Anderson
- 17 Jen Dugas
- 18 Burt Risser
- 19 Janet McCalla
- 19 Carolyn Rudd
- 22 Lila Sandschulte
- 23 Gladys Wark
- 24 Robert Crisell
- 24 Marion Lowell
- 24 Lauren Van Wechel
- 25 Joyce Brittain
- 25 Dustin Duty
- 26 Linda Cobb





CONNECT & GROW

Join us for our new series in 2018!



SUNDAYS

10:00 am *Experiencing God*
6:30 pm *Experiencing God*

**Fireside Room
Madden Home**

MONDAYS

1:00 pm Grief Share
7:00 pm *Experiencing God*
7:00 pm *Experiencing God*

**Fireside Room
Saunders Home
Hunt Home**

TUESDAYS

7:00 pm Young Adults (The Grind)

Fallbrook Coffee Company

WEDNESDAYS

7:00 am *Men's Experiencing God*
9:00 am *Pastor Jerome's Experiencing God*
1:30 pm *Experiencing God*
7:00 pm *Men's Experiencing God*

**Chapel
Fireside Room
Tiffany Home
Maurer Home**

THURSDAYS

9:15 am *Women of the Word Experiencing God*
1:30 pm *Experiencing God*
7:00 pm *Women's Experiencing God*

**Chapel
Glasgow's
Fireside Room**

SATURDAYS

7:00 am *Men's Experiencing God*

Fallbrook Coffee Company

OUTREACH OPPORTUNITIES – WAYS TO GET INVOLVED

Feeding America

You can help distribute food through the mobile food pantry here in our parking lot twice each month, or if you or someone you know is in need of food, please come receive a bag of groceries.

1st & 3rd Tuesdays each month
9:00 am, Parking Lot

Bread of Life Rescue Mission

Please join us as we serve a hot, delicious dinner to those in need.

3rd Monday every month
4:45 pm, Kitchen

Brother Benno's Soup Kitchen

Consider joining us as we drive to Oceanside and serve a hot breakfast to those in need.

4th Friday of every month
6:00 am Oceanside

Kairos Prison Ministry

A ministry reaching out to those in prison through writing letters and twice a year delivering home-baked cookies to inmates during the *Kairos Inside Weekend*.



Fallbrook Food Pantry

Every March, SonRise sponsors the Fallbrook Food Pantry. Please bring in canned and boxed food and place in the collection bins in the lobby.

Fallbrook Coffee Company

The coffee house is a warm, welcoming place to gather for fellowship and is also used for Bible studies and meetings by local groups. We are excited to see how the Lord is using us to serve the community through this venue.



622 S. Mission Road.
Hours: M-F 6am-5pm
Sat & Sun 7am-2pm

City of Refuge – San Diego

Overnight trips to the City of Refuge in downtown San Diego. Friday night is spent engaging the people on the streets and handing out care packages. Saturday morning we assist in handing out food at the warehouse until 2pm, then the team returns home.

Military Food Drop Box

Food drop box available in the lobby to those who would like to donate food items to our military.

To get involved, call the office at 760-728-5804 or visit

www.sonrisefallbrook.com

Follow us on Instagram [@sonrisefallbrook](https://www.instagram.com/sonrisefallbrook)