



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Family Gym Schedule - 20th Ave YMCA

Monthly Calendar For September 2016

The Family Gym is open to FAMILIES - all children must be supervised by an adult.

The Family Gym will close 30 minutes prior to and after all Body Pump classes to allow participants to set up necessary equipment.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
						3
4	5 12a-11:59p Skip Date: Labor Day 2016	6 5:30p-8p Karate	7 5:30p-6:30p Body Pump	8 9a-11a Childcare 5:30p-8p Karate	9 5:30a-9:30p Family Gym Closed - Floors Waxed	10 7a-7p Family Gym Closed - Floors Waxed
11 7a-7a Family Gym Closed - Floors Waxed	12 9a-11a Childcare 1:30p-2:30p Fall Home School Fit for Kids 5:30p-6:30p Body Pump	13 9a-11a Childcare 5:30p-8p Karate #5517	14 5:30a-6:30a Body Pump 9a-11a Childcare 1:30p-2:30p Fall Home School Fit for Kids 5:30p-6:30p Body Pump	15 9a-11a Childcare 5:30p-8p Karate	16 9a-10a Body Pump 12:20p-1:20p Body Pump 3:30p-4:30p Childcare 5p-6p Body Pump	17 8a-9a Body Pump 9:30a-10:30a Karate
18 5:30a-6:30a Body Pump 9a-11a Childcare 1:30p-2:30p Fall Home School Fit for Kids 5:30p-6:30p Body Pump	19 9a-11a Childcare 5:30p-8p Karate	20 5:30a-6:30a Body Pump 9a-11a Childcare 5:30p-6:30p Body Pump	21 9a-11a Childcare 5:30p-8p Karate	22 9a-10a Body Pump 12:20p-1:20p Body Pump 3:30p-4:30p Childcare 5p-6p Body Pump	23 9:30a-10:30a Karate	24
25 5:30a-6:30a Body Pump 9a-11a Childcare 1:30p-2:30p Fall Home School Fit for Kids 5:30p-6:30p Body Pump	26 9a-11a Childcare 5:30p-8p Karate	27 5:30a-6:30a Body Pump 9a-11a Childcare 1:30p-2:30p Fall Home School Fit for Kids 5:30p-6:30p Body Pump	28 9a-11a Childcare 5:30p-8p Karate	29 9a-10a Body Pump 12:20p-1:20p Body Pump 3:30p-4:30p Childcare 5p-6p Body Pump	30	

Information: Schedules are subject to change without notice. Information will be posted on gym doors and bulletin board.

Open Basketball: The family gym is available during open hours outside of the schedule listed above. It is open to families to shoot around; games can be played at a single basket.

OSHKOSH COMMUNITY YMCA - 20TH AVENUE LOCATION

3303 W 20th Avenue, Oshkosh, WI 54904

P 920 230 8439 F 920 230 8444 www.oshkoshymca.org