



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GENERAL HIGHLIGHTS

IN 2016:

- The YMCA **served 28,098** unduplicated people.
- YMCA athletic events **brought nearly 30,000 spectators to Oshkosh**. This included 9 YMCA swim meets, 8 High School swim meets, 16 high school hockey games, 75 youth hockey games, 16 college hockey games and an estimated additional 42,000 people come into our facilities to watch youth and adult sports programming.
- **348 different groups used the Y** for field trips, meetings & birthday parties.

YMCA members made
521,641
VISITS TO THE Y
in 2016. This does not include program or special event visits.

YOUTH DEVELOPMENT

5,600
SCHOOL AGE
CHILDREN
participated in sport and activity programs.

- Over **5,100 youth and adults learned to swim** at the Y.
- **144 kids per day** attend YMCA Child Care.
- 70 kids per day attend **4K at the YMCA**.
- 345 kids per day attend **YMCA before and after school** programs at 8 different schools.
- An average of **319 kids per day** attended licensed YMCA summer care programs.
- **2,450 pre-school children** attended sport and activity programs.

- **150 kids** compete year round on the Y swim team.
- **Over 400 youth** participated in tennis lessons.

HEALTHY LIVING

- Over **1,800 adults on 186 different teams** participated in sport and recreation programs.
- Members made over **77,500 visits** to group fitness classes.

The YMCA offers over
140 FREE
GROUP FITNESS
CLASSES
PER WEEK.

- There were **219,500 visits to our Health and Wellness Centers**.
- **20 different senior classes per week** saw **12,778 visits**.
- The Y offered **25 on-site exercise classes** per week to local business. In addition, we provided nutrition workshops, cooking demonstrations, incentive programming, and safety workshops.

- The YMCA provided nearly **1,500 hours of personal training** to members.

SOCIAL RESPONSIBILITY

The YMCA offers **numerous FREE programs** to the community:

- **Over 200 moms and their kids** attend our Strong Moms program.
- **25 cancer survivors** and their families completed our LiveStrong program
- **715 OASD 2nd graders** took part in our SPLASH program.
- **2,400 people** attended our community family nights.
- 300 people from **12 different corporate teams** participated in our annual Corporate Challenge.
- **The YMCA was home** to 8 high school swim meets, 16 high school hockey games, 16 UWO hockey games and 75 Warbird club hockey games.
- Over 500 people attended the annual Guns and Hoses Hockey game for **charity at the Y**.
- In 2016 the YMCA stepped in to help the Village of Winneconne with operations of the Marble Park swimming area. **Over 15,300 people** utilized the swimming area and **over 150 kids** participated in swim lessons.
- The Y collaborates with **30 different community agencies** providing programs and membership to those in need.
- **2,275 individuals** (50.4% under the age of 18) received membership assistance for a total value of \$491,951.
- The Y subsidizes **over \$400,000 in program fees** with direct and indirect financial assistance. This includes over \$150,000 in assistance to families for **licensed child care**.
- The Y provided approximately **\$100,000 in free facility use to community groups**
- The Y continued its collaboration with the Boys and Girls club by offering **FREE swim lessons, basketball programming and starting middle school nights**.

750 LBS. The amount of weight lost by **24 people** (collectively) in our Diabetic Prevention Program.



SPECIAL HIGHLIGHTS

2016 NEW PROGRAMS

- **Youth Mud Run** (500 participants) • **Winneconne Youth Baseball** • **Marble Park Swimming** • **Memory Café** collaboration with Alzheimer's Association • **Tennis Center Pickleball** play and tournaments • **TOPS Soccer** program free soccer program for kids with disabilities. (collaboration with local soccer clubs.) • **I Can Shine Bike Program**. Taught kids with disabilities how to ride a two-wheeled bike. • **TRX, Essentrics, STRONG, Cize Live, Yoga Workshop Series** • **Kindermusic**

LOOKING FORWARD TO 2017

- **Circuits and Cardio HIIT Training programs** • **Hot Yoga** • **Foam Roller Class** • **Bariatric Exercise** (collaboration with Aurora) • **Pre-natal Exercise** (collaboration with Aurora) • **Outdoor adult flag football** • **Nutrition/cooking classes**

The Y™ For a better us.™