

20TH AVE. FAMILY GYM SCHEDULE

	SUN	MON	TUES	WED	THURS	FRI	SAT
5:00 A.M. 6:00 A.M		BODY PUMP 5:00-6:30	OPEN				
7:00 A.M.				OPEN	OPEN	OPEN	
8:00 A.M.		OPEN	BODY PUMP 7:45-9:15				BODY PUMP 7:45-9:15
9:00 A.M.		CHILD CARE	CHILD CARE	CHILD CARE	CHILD CARE	BODY PUMP 8:45-10:15	KARATE
10:00 A.M.							
11:00 A.M.		OPEN		OPEN			
NOON		OI LIV	OPEN	OI LIV	OPEN	OPEN	
1:00 P.M.		FIT 4		FIT 4			
2:00 P.M.	OPEN	KIDS		KIDS			
3:00 P.M.		CHILD	CHILD	CHILD	CHILD	CHILD	OPEN
4:00 P.M.		CARE	CARE	CARE	CARE	CARE	
5:00 P.M.		OPEN		BODY		OPEN	
6:00 P.M.		BODY PUMP 5:45-7:15	KARATE	PUMP 5:15-6:45	KARATE	PICKLE BALL	
7:00 P.M.						6:30-	
8:00 P.M.		OPEN		OPEN		9:30PM	

SCHEDULE IS SUBJECT TO CHANGE WITHOUT NOTICE.
PLEASE CHECK GYM DOORS FOR ADDITIONAL OPEN TIMES AND CHANGES.