

## 20th Avenue Oshkosh YMCA Group Fitness Schedule REVISED 4-26-14

	8:00 AM CARDIO	7:45 AM CYCLING	9:00 AM PILATES	9:00 AM CYCLING
3-May	SUSAN-STEP & SCULPT	SOMER	MELISSA	SARAH
10	JOELLE-CARDIO KICKBOXING	MICHELLE	BEV	TBA
17	KRIS-ZUMBA	SEE YOU IN FALL!	LORI	
24	SHIRLEY-TABATA		LORI	
31	SUE-ZUMBA		CHERYLE	
7-Jun	SUSAN-CARDIO FUSION		LORI	
14	JOELLE-FIT CAMP		BEV	
21	SHIRLEY-TABATA		JOAN	
28	CHERYLE-CARDIO KICKBOXING		CHERYLE	
5-Jul	KRIS-ZUMBA		LORI	
12	SUSAN-INTERVAL		MELISSA	
19	JOELLE-FIT CAMP		BEV	
26	SHIRLEY-TABATA		CHERYLE	
2-Aug	SUSAN-STEP & SCULPT		JOAN	
9	JOELLE-CARDIO KICKBOXING		TBA	
16	KRIS-ZUMBA		CHERYLE	
23	SHIRLEY-TABATA		BEV	
30	CHERYLE-INTERVAL		LORI	