



20TH AVE. FAMILY GYM SCHEDULE

SUMMER 2014

	SUN	MON	TUES	WED	THURS	FRI	SAT	
5:00 A.M.		BODY PUMP 5:00-6:30	OPEN	OPEN	OPEN	OPEN		
6:00 A.M.								
7:00 A.M.			OPEN					
8:00 A.M.		OPEN	BODY PUMP 7:45-9:15					BODY PUMP 7:45-9:15
9:00 A.M.		CHILD CARE	CHILD CARE	CHILD CARE	CHILD CARE	BODY PUMP 8:45-10:15		KARATE
10:00 A.M.			OPEN	OPEN	OPEN	OPEN		OPEN
11:00 A.M.								
NOON	OPEN							
1:00 P.M.	ELITE KNIGHTS CHEER	OPEN	LIVE STRONG	OPEN	LIVE STRONG	OPEN	OPEN	
2:00 P.M.								
3:00 P.M.		CHILD CARE	CHILD CARE	CHILD CARE	CHILD CARE	CHILD CARE		
4:00 P.M.		CHILD CARE	CHILD CARE	CHILD CARE	CHILD CARE	CHILD CARE		
5:00 P.M.		BODY PUMP 5:15-6:45	KARATE	BODY PUMP 5:15-6:45	KARATE	OPEN		
6:00 P.M.								
7:00 P.M.		OPEN	OPEN					
8:00 P.M.								

SCHEDULE IS SUBJECT TO CHANGE WITHOUT NOTICE.

FAMILY GYM WILL BE CLOSED THE FOLLOWING WEEKS FOR TECHADVENTURE:

JUNE 23-27, JULY 21-25 AND AUGUST 4-8