

Family Movie Nights

We've all been there! You take the kids to a movie or watch one at home and...oops, there it is – an inappropriate word or scene happens before you can cough or cover their eyes. You hope it won't affect the kids. Problem is, it does affect them. So, here are some resources and ideas to help you make the most of the best of what Hollywood is offering these days.

Oops!



Check out the movie BEFORE you see the movie!

Use sites like these to know what's really in today's movies so no one is surprised or embarrassed.

<http://www.pluggedin.com/movies.aspx>

<http://www.crosswalk.com/culture/movies/>

<http://www.movieguide.org/>



What is a Family Movie Night?

A Movie Night is a golden opportunity for parents and children to have a meaningful discussion about one of Hollywood's better films. Find teachable moments while enjoying the show.

<http://www.pluggedin.com/familyroom/movienights.aspx>



Five Great Family Movies:

Most every family knows and loves classics and recent "classics" like *The Incredibles*, *Finding Nemo*, and the *Toy Story* trilogy. Here are five great family films that aren't quite as well known:

- ✓ Because of Winn-Dixie
- ✓ Kit Kittredge: An American Girl (*Men like this movie too!*)
- ✓ The Sound of Music
- ✓ Facing the Giants (*teen*)
- ✓ Charlotte's Web (2006)



Family game night is an excellent opportunity to put down the cell phones, turn off the computer and video games, and gather the family together. Parents and children are able to spend some much needed downtime together to reconnect and make memories.

It's also a good opportunity to keep the lines of communication open, especially as children grow older. Why not try to set aside one night a week or month as family game night.

Games bring the family together as well as teach children how to be good winners and losers. The board games you grew up with are still great ways for your family to spend fun time together. Today's kids still love yesterday's games!



Playing outside is a great way to exercise and have fun at the same time. Besides, nothing says "I love you" quite as wonderfully as drenching one another with a super soaker water gun!

Need some more ideas for Game Night?

<http://fun.familyeducation.com/games/33076.html>

<http://www.familieswithpurpose.com/>

<http://www.sheknows.com/parenting/articles/842477/50-family-fun-night-ideas-for-families>

