

Unstuck

(Feeling stuck? Know there is more. Need for growth. Need change. Can't seem to progress. Lost hope in things getting better. Stuck in a place of being broken, unfulfilled and out of alignment. This is a series on how to get UNSTUCK! Finding a place of healing, wholeness and holiness.)

(Review: Past Grace / Present Grace / Future Grace)

Process for Getting Unstuck

Perspective
+Plan
+Perseverance
+Partners
Progress

Greater Than Self Help

Perspective / God's View
+Plan / God's Plan
+Perseverance / God's Power
+Partners / God's People
Progress / God's Perfecting

Unstuck Perspective

New You with a New View

1 Corinthians 5:14-17 – ¹⁴For Christ's love compels us, because we are convinced that one died for all, and therefore all died. ¹⁵And he died for all, that those who live should no longer live for themselves but for him who died for them and was raised again.

¹⁶So from now on we regard no one from a worldly point of view. Though we once regarded Christ in this way, we do so no longer.¹⁷Therefore, if anyone is in Christ, the new creation has come:^[a] The old has gone, the new is here!

Ephesians 2:1-7 – As for you, you were dead in your transgressions and sins, ²in which you used to live when you followed the ways of this world and of the ruler of the kingdom of the air, the spirit who is now at work in those who are disobedient. ³All of us also lived among them at one time, gratifying the cravings of our flesh^[a] and following its desires and thoughts. Like the rest, we were by nature deserving of wrath. ⁴But because of his great love for us, God, who is rich in mercy, ⁵made us alive with Christ even when we were dead in transgressions—it is by grace you have been saved. ⁶And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus, ⁷in order that in the coming ages he might show the incomparable riches of his grace, expressed in his kindness to us in Christ Jesus.

New and Renewed

Romans 12:2 – ²Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

Philippians 3:16 – ¹⁶Only let us live up to what we have already attained.

Get Your Mind Right

Mind on Jesus

Colossians 3:1-4 – Since, then, you have been raised with Christ, set your hearts on things above, where Christ is, seated at the right hand of God. ²Set your minds on things above, not on earthly things. ³For you died, and your life is now hidden with Christ in God. ⁴When Christ, who is your^[a] life, appears, then you also will appear with him in glory.

Hebrews 12:1-2 – Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, ²fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God.

Mind on Eternity

2 Corinthians 4:16-18 – ¹⁶Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day. ¹⁷For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. ¹⁸So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal.

Mind Controlled

Romans 8:5-13 – ⁵Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires. ⁶The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace. ⁷The mind governed by the flesh is hostile to God; it does not submit to God's law, nor can it do so. ⁸Those who are in the realm of the flesh cannot please God.

⁹You, however, are not in the realm of the flesh but are in the realm of the Spirit, if indeed the Spirit of God lives in you. And if anyone does not have the Spirit of Christ, they do not belong to Christ. ¹⁰But if Christ is in you, then even though your body is subject to death because of sin, the Spirit gives life^[d] because of righteousness. ¹¹And if the Spirit of him who raised Jesus from the dead is living in you, he who raised Christ from the dead will also give life to your mortal bodies because of^[e] his Spirit who lives in you.

¹²Therefore, brothers and sisters, we have an obligation—but it is not to the flesh, to live according to it. ¹³For if you live according to the flesh, you will die; but if by the Spirit you put to death the misdeeds of the body, you will live.

Reminded

Romans 8:14-16 – ¹⁴For those who are led by the Spirit of God are the children of God. ¹⁵The Spirit you received does not make you slaves, so that you live in fear again; rather, the Spirit you received brought about your adoption to sonship.^[a] And by him we cry, "*Abba*,^[a] Father." ¹⁶The Spirit himself testifies with our spirit that we are God's children.

Romans 8:28-30 – ²⁸And we know that in all things God works for the good of those who love him, who^[a] have been called according to his purpose. ²⁹For those God foreknew he also predestined to be conformed to the image of his Son, that he might be the firstborn among many brothers and sisters. ³⁰And those he predestined, he also called; those he called, he also justified; those he justified, he also glorified.