



When the Seatbelt Light Comes on - Remember

Home Fellowship Notes

Date: April 19, 2015

Scripture: Psalm 77:1-15

Pastor Mike Jacobson

Icebreaker What is one of your best childhood memories?

Question? Do you have any comments, questions or thoughts concerning Sunday's sermon?

Question? What happens when we forget to think about God and His faithfulness in the past?

Thot: Forgetting is like mentally taking a scissors to an event in our life and cutting it into smaller pieces...in doing that - we miss the big picture.

Question? What is the big picture and what happens when we lose sight of the big picture?

Question? What is so healing about remembering what God has done in our life?

Thot: There is something about remembering that shifts our attention off ourselves and on to God...where it belongs in the first place.

II. Remembering

Question? Read Psalms 77:1-9. What was Asaph's problem?

Question? What do you think of the statement: *"disappointment leads to doubt; doubt leads to depression; and depression leads to despair."* Can you see where things start with a simple disappointment and end up overwhelming us?

Question? How easy is it to let a situation consume our attention and energy?

Question? Read Psalms 77:10-15. What changed in order for Asaph to respond like he did in this set of verses?

Question? Can you think of times when you remembered God's faithfulness in the past and those thoughts got you through the present situation? (Spend some time with this)

Question? How much do our emotions dictate what we think and how we behave?

Question? Refer to the following picture. The facts in this picture are truths from the Bible, we put our faith in those facts and the feelings just follow - the feelings may support what we know to be true or they may not. What happened when we get things out of order?



Thot: It is easy to pull away from God during those difficult times in life, but time with God is the very thing we need.

Thot: For Asaph self-centeredness gave way to God-centeredness.

Discuss the following:

- Occupation with self brings distress;
- Occupation with others brings discouragement;
- Occupation with Christ brings delight and contentment.

Question? What does the following statement mean to you: "Don't doubt in the dark what God has revealed (or taught) you in the light?"

Question? As you look back on your past, do you see where God was "in it after all"?

Prayer