King Avenue United Methodist Church 299 King Avenue Columbus, OH 43201 www.kingave.org





Fall 2013

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How to Use This Resource

At King Avenue, we invite, welcome and honor all people and nurture them to grow in service with Christ. This resource is intended to guide you toward service in community.

Perhaps you, your family, your small group, or your circle of friends would like to spend some time in mission getting to know God, each other, and yourselves better. Find a mission opportunity in this catalog and jump in! Each member of our missions leadership team is excited to be in contact with you about how your gifts can be used in this great network of Christians.

Most of all, know that this catalog cannot contain all the ways in which you can serve in missions in and with King Avenue United Methodist Church. If you have an idea and passion for a new mission opportunity, please contact us! We're always looking for new ways to serve alongside others to share God's love.

If you have any questions, please contact Rev. Anna Guillozet (anna@kingave.org or 614-424-6050 ext. 113).



Advocacy

Noun-

The act of pleading for, supporting, or recommending; active espousal.

Ex. He was known for his advocacy of states' rights.

Advocacy

Have you ever wanted to contact your elected representatives about some issue? Our advocacy team will keep you informed on human rights, poverty, peace, justice, and hunger concerns so that you can write that letter, make that call, or schedule that visit. We work within the guidelines of the social principles of the United Methodist Church, and certainly one has the freedom not to act on each recommended action. Many of our actions will come from our conference office and occur once a month. There is no limit on the number of participants, and many opportunities do not require leaving your home (e.g. letter writing, calling a law maker).

Sample:

The Honorable (full name)
United State Senate
Washington, DC 20510

Dear Senator (last name):

The legislation addressing (describe issue concisely, or use exact name of bill before legislature) is of paramount interest to me because I am a (Certified Academic Language Therapist, parent, teacher, etc.) This issue directly impacts (my students, my profession, the way we as professionals will be able to function effectively, my child, etc.)

I am primarily concerned about (describe major specific concern within the larger issue) because (state reasons or examples briefly, with only as many relevant details as necessary to make your point clearly.) Other aspects of this same issue that affect (my student, profession, child) are (describe briefly and secondary concerns and supporting situations, reasons, examples, etc.)

Although I have read reports of your position in the newspapers, I realize this may not fully represent your viewpoint. Therefore, I will look forward to your reply expressing your opinions, and your current stance on the issue.

Thank you for your consideration of my viewpoint on this matter. I believe it is an important issue, and would like to see the legislation (pass, fail, or be amended) to ensure effective educational services for the students involved.



Above: Pastor Anna writes a letter to lawmakers about immigration reform while at West Ohio Cooperative Mission U.

Sincerely,

Your name, Address Phone Number Email Address

Contact:

Rev. John Keeny jkeeny9@hotmail.com 614-424-6050

Some Issues:

Immigration Reform

Women's Rights

LGBT Rights

Poverty

Healthcare

Education

Hunger

Environmental Stewardship

United Methodist Church for All People

Community Gardens:

Community Development for All People has two community gardens. During the spring volunteers come to help prep and plant the sites. During the growing season, the gardens need routine maintenance and the vegetables harvested. In the fall, the gardens are prepared for the winter.

Mike Dyle Community Garden

Located at 764 Wager Street

This garden has flowers in the front of the garden and has raised beds for vegetables. Depending on season, weeding, harvesting, and watering will be needed. The Boy Scouts have just built a compost bin at this site, raising plants in 3 of the boxes. The other boxes are available for anyone in the neighborhood to harvest. Volunteers can arrange to come during the week or on a Saturday.

Southside Community Garden

Located on Stanford Alley between Bruck Street and 8th Street (near the site of the former settlement house).

This large garden has both community and private plots. Depending on season, it requires harvesting and weeding. Volunteers are needed to work on Monday, Wednesday, and Friday 9:30 a.m. until 11:30 a.m.



About Church for All People

Chartered in 2003, The Church for All People grew out of the message of unconditional love offered by the Free Store and the atmosphere of hospitality it created. It is intentionally cross-class and multi-racial. The church welcomes each of us as we are, no matter who we are or what we have done, and offers an environment where each of us can grow in our discipleship and turn our lives toward the light.

946 Parsons Avenue Columbus, OH 43206

614-445-7342



Free Store

Free Store volunteers assist the Free Store Director and Assistant Director in serving the community by performing check-out, inventory, racking and clerical duties.

HEAL Coaches

CD4AP, with assistance from other collaborators, has launched its new Healthy Eating And Living (HEAL) initiative. The HEAL program seeks to interconnect many of the healthy living activities that are currently being offered to low and moderate income South Side residents. Benefits of the program include developing a relationship with a peer health coach and shopping in a fresh foods market.

Seasonal and Event Opportunities

CD4AP runs a variety of additional programming throughout the year, such as additional community meals, fundraising events, Harmony on the South Side, housing projects and other seasonal volunteer opportunities.

Contact

Rev. Anna Guillozet anna@kingave.org 614-424-6050

For More Mission Opportunities visit:

www.4allpeople.org

Gates Fourth UMC

119 E. Gates St. Columbus, OH 43206

Phone: 614-443-3458

This is a great opportunity for small groups, Bible Studies, groups of friends, and organizations to serve in partnership!

Gates Fourth United Methodist Church

Gates Fourth UMC hosts a breakfast meal for the community on the fourth Saturday of each month. Guests include both church members and community members from the Merion Village (south of downtown) area. Volunteers from King Avenue assist the Gates Fourth team with greeting guests, distributing clothing/personal care donations, serving meals, assisting in the kitchen and clean-up. The kitchen and serving area is not air conditioned, so the dress code for this food service environment is casual, including shoes that can protect against hot spills. Two to three volunteers have the opportunity to practice their manual dishwashing skills, although the other tasks are less physically demanding. The mission coordinator schedules six to eight volunteers per month through e-mail. The only skills needed for this three hour commitment is to smile and the desire to bring hospitality to this diverse community.

Also, personal care items (toothpaste, new toothbrushes, razors, etc.) are always welcome. If you have any to donate, please be in contact with Barb.

Contact

Barb Shoulders blshoulders@yahoo.com





About LifeCare Alliance

LifeCare Alliance leads our community in identifying and delivering health and nutrition services to meet the community's changing needs.

1699 W. Mound Street Columbus, OH 43223 614-278-3130 www.lifecarealliance.org



Meals-on-Wheels (through LifeCare Alliance)

King Avenue United Methodist Church has a devoted mission group that serves Meals -on-Wheels through LifeCare Alliance every Saturday morning from 10:20 a.m. until about noon. The individuals who volunteer are responsible for delivering meals one Saturday a month either on their own or in teams for the King Avenue Route—Route 1402. This mission serves the elderly and disabled who are eligible for Meals-on-Wheels service. Volunteers commit to one Saturday per month with the route lasting approximately 1 to 1.5 hours. Training is provided by LifeCare Alliance and new volunteers can ride along with current volunteers to learn the route. Volunteers should be able to drive, have their own vehicle, and walk meals to homes and apartments. This is a great mission opportunity, as children are welcome! Children can help get the meal items ready or can accompany adults to homes for delivery.

Contact

Jill Geiger
jillgeig@aol.com

Open Shelter Lunch Packing

If you can make a baloney and cheese sandwich, you are qualified to be on one of our Open Shelter lunch packing teams. Our two teams make 200 sack lunches each month. One meets on the Thursday before the third Friday; the other meets on the Tuesday before the last Wednesday. Both meet at 6 pm in the church kitchen. We are usually done in 45 minutes. This is a great activity for all ages. A good number for each team is 6-8 persons. You can join an existing team or create a team of your own!

Contact

Rev. John Keeny jkeeny9@hotmail.com 614-424-6050



About the Open Shelter

The Open Shelter provides, directly or by referral, emergency shelter and assistance for homeless and marginally housed persons in Central Ohio, especially the most vulnerable among them; and to provide directly or by referral, coordinated, supportive services, and transitional and/or permanent housing, enabling homeless and marginally housed persons to achieve maximum participation in the community.

61 East Mound Street Columbus, OH 43215 www.theopenshelter.org



About Piedras Negras

Piedras Negras is a city on the U.S.—Mexico border across the Rio Bravo (Rio Grande) from Eagle Pass, Texas. The city's population is around 150,000 people.

In Spanish, *Piedras Negras* translates to "black stones" - a reference to the coal deposits that exist in the area

Contact

Scott Vaughan vaughanx4@columbus.rr.com

Mexico Partnership - Casa de Misericordia

King Avenue United Methodist Church has established a partnership with the House of Mercy (Casa de Misericordia) orphanage in the Mexican city of Piedras Negras. Casa de Misericordia is home to about two dozen children who have been placed there by the government because their parents are unable or unwilling to care for them. King Avenue sends two groups a year to the orphanage, where team members help with maintenance and improvement projects for the building and grounds, do activities with the children, worship with our Mexican brothers and sisters, and eat a lot of good Mexican food. The missions typically run Thursday through Monday and cost between &700 and \$850 per person, depending on airfare. This is a great family mission opportunity as people of all ages are welcome so long as they are in generally good health and can tolerate heat. A passport is required.











NNEMAP

(Near Northside Emergency Material Assistance Program)

NNEMAP has over 100 volunteers and serves clients from the Short North, Downtown, and the Linden area. NNEMAP distributes food and offers health and children's services.

Volunteers work from 8:45 a.m. —11:45 a.m. from once per month to once per week, according to the preference/schedule of the volunteer. The primary opportunities for volunteering are:

Interviewer

Interviewers talk with our shoppers and utilize our online system to check for personal information changes and note what service the individual is being provided.

Menu Planning

Menu planners review menu options and choices with each shopper.

Assisting Shoppers:

This volunteer fills the orders from the stock room and then assists the shoppers in selecting food items. It also includes some work of taking donations, stocking shelves, and other duties as assigned.

Other Opportunities

Serving on the garden committee

Breaking down large bags of sugar, flour, detergent, pet food, etc. into smaller portions for distribution.

Assisting with fundraising

Limitations

NNEMAP is located in the basement of a church building which is not handicap accessible.



About NNEMAP

Established in 1969, NNEMAP has become one of the largest food pantries in Franklin County. NNE-MAP's clientele consists of families living in or near poverty. NNEMAP is a cooperative ministry of over 30 churches distributing food and material assistance to needy residents of the near northside of Columbus. We serve over 26,000 people with a 3-day supply of food twice a month. Our food supply comes from private donations and the Mid-Ohio Food Bank.

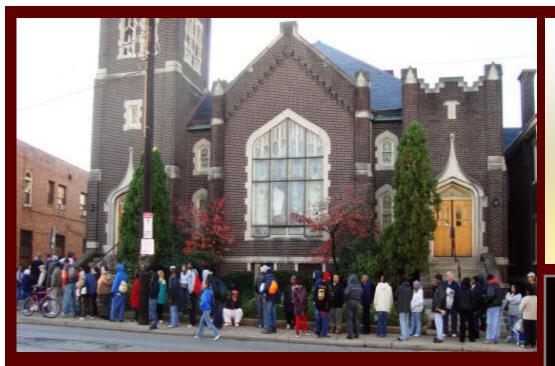
email: info@nnemappantry.org 1064 N. High St. Columbus, OH 43201 614-297-0533

Hours:

1st thru 19th of the month: Monday, Wednesday, Friday 8:45am - 11:45am 20th to the end of the month: Monday thru Friday 8:45am - 11:45am

Contact

Roy Clark, Director 614-297-0533



About New Life

New Life has been in ministry in the Short North area of Columbus for over 100 years. There is a long legacy of serving people in need, and nurturing one another in our faith, and our discipleship to Jesus Christ.

25 W. Fifth Avenue Columbus, OH 43201 (614) 294-0134 Rev. Jennifer Kimball Casto, Pastor

Contact

Sharon Poole sharon87@me.com

New Life United Methodist Church

Clothing Room

Here, neighbors and their families are free to shop for gently used clothing, household linens and personal hygiene products. The clothing room store is open on Tuesday and Wednesday mornings from 9-11am. Volunteers help with sorting, labeling clothing and assisting neighbors with their shopping. Training is on the spot.

Breakfasts

On Tuesday mornings breakfast is provided to the neighbors who are poor, homeless, or come from shelters. Volunteers help by preparing breakfasts (usually eggs, toast, potatoes and a meat). Some of the other duties may include: setting the tables, helping serve pastries, pouring coffee, and interacting with the neighbors. Volunteers may come in each week anytime from 7-11am. If you have ever wanted to scramble 30 dozen eggs or toast 12 loaves of bread, this is where it happens.

Health Center

The center is open each Sunday from 7-9am and is open to anyone who needs to see a physician. Free basic medical services and referrals to specialists and hospitals are provided. There is a team of volunteer physicians, nurses, pharmacists and prayer partners on duty.

Quarterly Sunday Meals

King Avenue serves four of the New Life last-Sunday —of-the-month suppers. Since these suppers coincide with our all-church lunches, the food is already prepared. The Kitchen Cabinet and Spectrum just cook a double batch on New Life Sundays. The team transports the savory morsels to New Life, warms them, sets the tables, converses with the diners, serves the food, and cleans up. The time commitment is 2:15pm to 5pm. An optimum team is 6-8 persons.

Mentor/Tutor

Each Tuesday from 6-8pm adult volunteers help students with their homework, teach computer skills, encourage good study habits and help students develop a love of learning.

Van Driver

New Life UMC needs some additional drivers for their vans on Sunday Mornings -before and after Breakfast and after Worship. A volunteer can drive and one or two, or all three of the shifts on any Sunday. A Driver's Commitment Schedule is worked out each month.

Red Cross Facts

The Greater Columbus Chapter is the headquarters for the Central-Southeast Ohio Region providing lifesaving services in 25 counties from Crawford to Gallia and Fayette to Washington counties

Central-Southeast Ohio Region

995 East Broad Street Columbus, OH 43205

614-253-2740

Red Cross Ready When the Time Comes

Ready When the Time Comes is a program of the American Red Cross that provides volunteers from partner companies and community organizations to be immediately ready to help in the time of a local, large scale disaster. RWTC volunteers serve as "reserves" that can be called up when disaster response requires more than the normal corps of local disaster volunteers. King Avenue is not only an Emergency Site, a team of people have been trained to serve as volunteers.

Contact

June Bibler sprtmedrn@yahoo.com

Reuse Plastic Bags

Want to engage in mission but aren't able to leave your home? Is your schedule too hectic to volunteer? Putting those plastic shopping bags to use for your homeless neighbors may just be the mission project for you.

If you can crochet, you can create these wonderful mats made of Plarn (plastic yarn). These mats are lightweight, and dry easily, making them an asset for those who find their home under the stars.

Can't crochet? Don't worry! Making the Plarn is all a part of the process, no crocheting required! Mats created from King Avenue United Methodist Church benefit NNEMAP.

Contact

Rev. Anna Guillozet anna@kingave.org 614-424-6050



United Methodist Women

Our Purpose: To know God; To experience freedom as whole persons through Jesus Christ; To develop a creative supportive fellowship; and To expand concepts of mission through participation in the global ministries of the Church. Membership is open to all women of King Avenue. We have four meetings a year that usually include a meal and a speaker to which all are invited (men and children, too).

In order to support the missions of NNEMAP, Choices, Henderson Settlement, Church For All People, and many others, we hold two Rummage Sales per year. Here's where the fun begins. We meet on a regular basis to sort, price and organize items that are given to us. Everyone, women, men, and children of the church are invited to help with the Rummage Sale. We are especially thankful for our UMW Auxiliary of men.

Most of the "training" is on the job and the special physical requirements are determined by the individual workers and their capabilities. Time commitments could be several hours or many, many hours. Only those who really want to have fun and enjoy the camaraderie of others should join us!!



History

United Methodist Women is the largest denominational faith

organization for women with approximately 800,000 members whose mission is fostering spiritual growth, developing leaders and advocating for justice. Members across the denomination raise up to \$20 million each year for programs and projects related to women, children and youth in the United States and in more than 100 countries around the world.

Contact

Evy Hummon evymay3@aol.com

Volunteers in Mission / Emergency Response Team

Early Response Team

The Early Response Team at King Avenue is a group who have taken training and been certified by the United Methodist Committee on Relief. This training is directed at those responses necessary to minimize or abate further damage to a home immediately after a disaster. The work may include tarping of roofs, mold abatement, removal of water damaged materials, clean up of downed trees, and many other functions short of actual repair of the property.

The missions statement of the Early Response Teams is "To provide a caring Christian presence in the aftermath of a disaster." This statement indicates that the real purpose of the team goes beyond the physical work that it does. The team demonstrates that "somebody cares" helps to visualize some hope rather than despair and shows that without any presentition, the

cares", helps to visualize some hope rather than despair and shows that, without any proselytizing, the United Methodist Church is here to help. Training sessions are held periodically and are open to anyone over 18 who has an interest in helping.



Volunteers in Mission (VIM)

King Avenue UMC organizes one or two VIM trips each year. Participants in these mission trips need not be ERT Certified, but should be physically able to participate in the work of a team. The work of each team changes, but can include basic carpentry, painting, siding, framing, drywall, and other projects. Please do not hesitate to express interest to serve on these teams if you have never done this kind of work. Our team leaders will equip you for the work at hand! Cost of trips is dependant upon location and work projects.



Contact

Rev. Anna Guillozet anna@kingave.org 614-424-6050

UMVIM

UMVIM is a ministry of the General Board of Global Ministries.

UMVIM teams serve all across the United States and around the world.

About the YWCA

In 1886, something extraordinary began when five women set out to find a home for Columbus' first YWCA. Today, the YWCA touches the lives of more than 40,000 women and families through thoughtfully planned and critically needed programs that support and empower women of all kinds. YWCA is dedicated to eliminating racism, empowering women and promoting peace, justice, freedom and dignity for all.

65 South Fourth Street Columbus, OH 43215

phone: 614.224.9121 www.ywcacolumbus.org

YWCA Family Shelter

Coordinating the outreach at YWCA to provide a meal to the families every other month is a joint project with Bexley United Methodist Church. Our team brings enough food for up to 200 people, and we serve it to our neighbors. We go the second Monday of every even month. We arrive at 5:30 p.m. and are done usually around 8:00 p.m. Individuals and families with children 7 years and older are welcome to join us. No training is required. The shelter is located off of 5th Avenue on the east side of town, near 670 and 5th Avenue. Volunteers are welcome to provide food, serve or do both. Interested volunteers can gather more information, be added to the group email list, or begin volunteering!

Contact

Julie Watson jwatson3@wowway.com



Looking Forward:

Watch for King Avenue's First *Mission: Christmas*coming in December 2013

This alternative giving experience will allow for prayer, study, and missional giving to focus our hearts on Christmas, the season in which we celebrate the birth of Jesus.

We're always engaging in mission!

As a West Ohio Conference congregation, King Avenue is working in alignment with the Annual Conference's mission of engaging in ministry with the poor, combating diseases of poverty by improving health globally, creating new places for new people and renewing existing congregations, and developing principled Christian leaders.

If you have a passion for mission and an idea of how King Avenue can engage in mission to the Columbus community and world, please contact Rev. Anna Guillozet, Minister of Discipleship and Mission at anna@kingave.org



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299 King Avenue Columbus, OH 43201

614.424.6050 ph

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