

### **Prayer**

Your Life Group, and all of the others meeting this week, are the prayer meetings of our church. How cool is that!  
Please spend time praying for each other and our church.

***Pray for opportunities to share the hope of Christ with others.***

***Each other:***

### **Church**

- *Volunteers for youth ministry and Round Up*
- *Pastors, Staff and Leadership*
- *Stampede and Round Up*
- *God to provide the financial resources we need.*
- *Life Groups meeting around the area this week*



***Stop Worrying and Start Praying***

***Bob Kennedy April 23, 2017***

## **Getting Started**

*What do you worry about? Is there one thing that you worry about the most?*

*Why is giving thanks important when making your requests known to God? How might Romans 1:21 speak to this?*

## **Walking Through the Text. Read Philippians 4:6-7**

*Let's start by making a distinction. What is the difference between having worries, and worrying.*

*Our hearts and minds seem to be the home or the battlefield of worrying. Why is that the case?*

*Paul is inviting us to put our energy and action in the right place. Instead of putting our energy, focus and effort into worrying; Paul tells us to put our energy and action into what?*

*What is the promise here?*

*What three words does Paul use to describe the action of making our requests known to God?*

*What do those three words mean? How do they help us understand the posture we take when we make our requests known to God?*

## **Application**

*Don't worry this week. When a worry comes your way, don't engage in the action of worrying. Start praying instead. Spend some time with God making your requests known by "praying, petitioning, and thanksgiving."*