

Opportunities to Serve

- Monday**
10:00 am Keenagers Bible Study
- Tuesday**
6:30 pm Healing Wings (1st)
6:30 pm Ushers & Greeters (2nd & 4th)
7:30 pm Resurrection 3
- Wednesday**
10:00 am Keenagers Bible Study
6:30 pm Family Bible Study
6:30 pm Children / Youth Bible Study
7:45 pm Worship Ministry Rehearsal
- Friday**
10:00 am Keenagers Bible Study
- Saturday**
10:00 am Brotherhood (1st & 2nd)
10:00 am Women's Ministry (1st & 3rd)
10:00 am Virtue Dance Practice
11:00 am Deacons & Deaconess (1st)

November Calendar of Events

- 1- Grief Outreach, 4 pm
3— **ELECTION DAY**
7—Deacon & Deaconess Training, 11:00
8-11 BMU Revival
6 pm Sunday, Greater Friendship
11:00 am, Freshly Anointed
7 :00 pm , East St. Paul
- 11— **Veterans Day**
14—Mental Health Workshop, Sanders Hall
15—New Member Reception
15—Federated Male Chorus, Mayfield, 3 pm
20—Como Food Pantry
21— Quarterly Sunday School Teachers Meeting
21— Career Solutions Banquet, **6pm**. First Baptist, Eules
25-27 - **Church Office Closed**
26— Thanksgiving Service, Como 1st , 8 am

Birthday's

- 1 Wendy Bell
- 2 Roland James
- 4 Alice Johnson
- 5 justin Baylor
- 7 Madilyn Malone
- 8 Alva Collins
- 9 Jeffery Woods
- 13 Janice Bailey
- 14 Brittany Sanders
- 15 June Sanford
- 16 Paige McDaniel
- 17 Loysie Miller
- 18 jaise Richardson
- 21 Paris Walker
- 22 Ronald Harper
- 23 Cecelia May
- 24 Pauline Brooks
- 26 Curtis Hayes
- 28 Andrea Sanders
- 29 Lee Jenkins
- 30 Trenton Anderson
- 30 Priscilla Baston
- 30 Ester Booker
- 30 Thomas Jacobs
- 30 Vonell Morgan



NOVEMBER

- 1- Donald & Cynthia Williams
3- James & Dorothy Ravin
21 - Michael & Berta Collins

The Federated Male Chorus Musical ,
Sunday, November 15th at 3:00 pm.

Mayfield Baptist Ch

2102 Amanda St.
817.535.7398



Sunday
December 6
Immediately
after morning
worship
Contact
Sis. Loma Slater

be
someone's
sunshine
when their
skies are
grey.

November 2015 Church News



PLEASANT MOUNT GILEAD MISSIONARY BAPTIST CHURCH

5312 Houghton Ave. Fort Worth, TX 76107 817-737-5795 www.pmgmbcfw.org
pmgmbc@yahoo.com

Larry J. Mouton, Jr., Senior Pastor

Vision Statement: "Developing passionate disciples of Christ" - Matthew 28:19-20

Mission Statement: "Demonstrating God's love to build the family and strengthen the community" - Matthew 22:37-39

From Pastor Mouton's Pen . . .

Why is giving thanks to God important?



Psalm 106:1

The Bible is filled with commands to give thanks to God (Psalm 106:1; 107:1; 118:1; 1 Chronicles 16:34; 1 Thessalonians 5:18). Most verses go on to list reasons why we should thank Him, such as "His love endures forever" (Psalm 136:3), "He is good" (Psalm 118:29), and "His mercy is everlasting" (Psalm 100:5). Thanksgiving and praise always go together. We cannot adequately praise and worship God without also being thankful.

Feeling and expressing appreciation is good for us. Like any wise father, God wants us to learn to be thankful for all the gifts He has given us (James 1:17). It is in our best interest to be reminded that everything we have is a gift from Him. Without gratefulness, we become arrogant and self-centered. We begin to believe that we have achieved everything on our own. Thankfulness keeps our hearts in right relationship to the Giver of all good gifts.

Giving thanks also reminds us of how much we do have. Human beings are prone to covetousness. We tend to focus on what we don't have. By giving thanks continually we are reminded of how much we do have. When we focus on blessings rather than wants, we are happier. When we start thanking God for the things we usually take for granted, our perspective changes. We realize that we could not even exist without the merciful blessings of God.

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Sunday School, 9:00 am
Morning Worship, 10:20 am
Wednesday Family Bible Study, 6:30 am

Welcome to our church family. We are honored you have come to share this day with us. We invite you to join us as we give our highest praise to God our Father for giving us the opportunity to come together to worship. It is our prayer that the songs will uplift you, and God's word will encourage you. You are encouraged to complete the visitor card, so that we can stay in touch with you.

Enter to Worship . . .

Call to Worship
Praise & Worship
Scripture & Prayer
Worship Ministry
Welcome
Offering
Mime Ministry
(4th Sunday)
Worship Ministry
Sermon
Pastor Larry J. Mouton, Jr.
Invitation
Altar Prayer
The Lord's Supper
(1st Sunday)
Benediction

. . . Depart to Serve

Continued from page 1 . . .

First Thessalonians 5:18 says, "In everything give thanks; for this is God's will for you in Christ Jesus." We are to be thankful not only for the things we like, but for the circumstances we don't like. When we purpose to thank God for everything that He allows to come into our lives, we keep bitterness at bay. We cannot be both thankful and bitter at the same time. We do not thank Him for evil, but that He is sustaining us through it (James 1:12). We don't thank Him for harm He did not cause, but we thank Him when He gives us the strength to endure it (2 Corinthians 12:9). We thank Him for His promise that "all things will work together for the good, to those who love God and are called according to His purpose" (Romans 8:28).

We can have thankful hearts toward God even when we do not feel thankful for the circumstance. We can grieve and still be thankful. We can hurt and still be thankful. We can be angry at sin and still be thankful toward God. That is what the Bible calls a "sacrifice of praise" (Hebrews 13:15). Giving thanks to God keeps our hearts in right relationship with Him and saves us from a host of harmful emotions and attitudes that will rob us of the peace God wants us to experience (Philippians 4:6-7).

Be Blessed

Coming Events . . .

Saturday, December 5, 10:00 am

Installation of Church Leaders /Officers

Special Guest: Pastor George Edwards, Jr.

Peaceful Rest, Denton

Sunday, December 6

Ministry Fair, immediately after morning worship

Sunday, December 13, Go to Mt Pisgah

Saturday, December 19, Christmas Program

November Sunday School Lessons . . .

- 1 God Reaffirms the Covenant**
Genesis 25:19-26; 26: 1-6; 28:10-22
- 8 God's Dysfunctional Covenant Family**
Genesis 27: 1-17; 18-29; 27:30-40
- 15 The God who Gives New Names**
Genesis 32:24-17; 32:28-32; 35:9-15
- 22 The God Whose Plan Involves Suffering**
Genesis 37:3-11; 23-28; 39:6b-23
- 29 God is Faithful to His Covenant**
Genesis 41:46-57; 45:1-15; 50:15-21



Ministry Leaders - please have representatives from your ministry present in Sanders Hall on **November 14, 2015, from 12:30 - 2:30 pm** to place your assigned items in the **Operation Christmas Child** shoe boxes. Ministry leaders should call **Gloria Pearson** 817-249-5593 for more information.

You are Invited to Attend Grief Outreach Sessions

November 1

December 6

Sanders Fellowship Hall

4 pm.

Contact **Shonette Hill** for more information



Como Community Churches Thanksgiving Harvest Care & Share

Food Basket Items:

Stuffing, Cornbread Mix, Mac & Cheese, Corn, Cream of Mushroom soup, Chicken Broth, Cranberry Sauce, Instant Potatoes, Cake Mix and Frosting



Monetary donations will be accepted, if you choose not to shop.

Deadline to bring items—November 20.
Contact Patricia Woods

Lake Como Community News

Community Thanksgiving Basket Distribution . . .

Saturday, November 21,
Como Elementary School



Lake Como Community Thanksgiving Service ...

Thursday, November 26, 8:00 am

Como 1st Baptist Church,
5228 Goodman

Veterans Day, November 11



Health News . . . From Healing Wings Ministry

On Saturday, November 14, 2015, Dr. Lillian Gibson will be speaking at 10:00 a.m. in the sanctuary. Dr. Gibson is a clinical psychologist with areas of concentration focused on improving mood disorders. She has specialized training to treat anxiety and depression. Dr. Gibson attended Southern University in Baton Rouge, LA, where she obtained an undergraduate degree in Rehabilitation Services while minoring in psychology and a Master of Science Degree in rehabilitation counseling. She completed her doctoral degree in clinical psychology at Jackson State University in Jackson, MS. obtaining her terminal philosophical degree studying the influence of health behaviors among young adults. She compassionately teaches people how to survive stressful life events.

Stress poses a profound difficulty for everyone, but is a particular problem for African Americans. 50% of African Americans who suffer from depression do not seek help. 88% of women and 69% of men will get headaches and stress is the number one cause.

Signs & Symptoms of Depression

- ◆ Prolonged sadness or unexplained crying spells
- ◆ Significant changes in appetite or sleep patterns
- ◆ Irritability, anger, worry, agitation, anxiety
- ◆ Pessimism, indifference
- ◆ Loss of energy, persistent lethargy
- ◆ Feelings of guilt, worthlessness
- ◆ Inability to concentrate, indecisiveness
- ◆ Inability to take pleasure in former interests, social withdrawal
- ◆ Unexplained aches and pains
- ◆ Recurring thoughts of death or suicide

EVANGELISM

Wear your RED PMG Shirt
Wednesday, November 4, 2015
6:30 pm