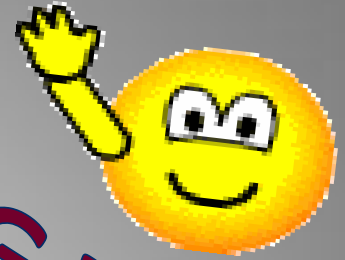


Mark 4:14-19;
Philippians 4:4-7

“WAVING WORRY
GOOD BYE”



Don't Worry



“The farmer sows the word. Some people are like seed along the path, where the word is sown. As soon as they hear it, Satan comes and takes away the word that was sown in them. Others, like seed sown on rocky places, hear the word and at once receive it with joy. But since they have no root, they last only a short time. When trouble or persecution comes because of the word, they quickly fall away. Still others, like seed sown among thorns, hear the word; but the worries of this life, the deceitfulness of wealth and the desires for other things come in and choke the word, making it unfruitful.

I. The consequences of worry according to Jesus.

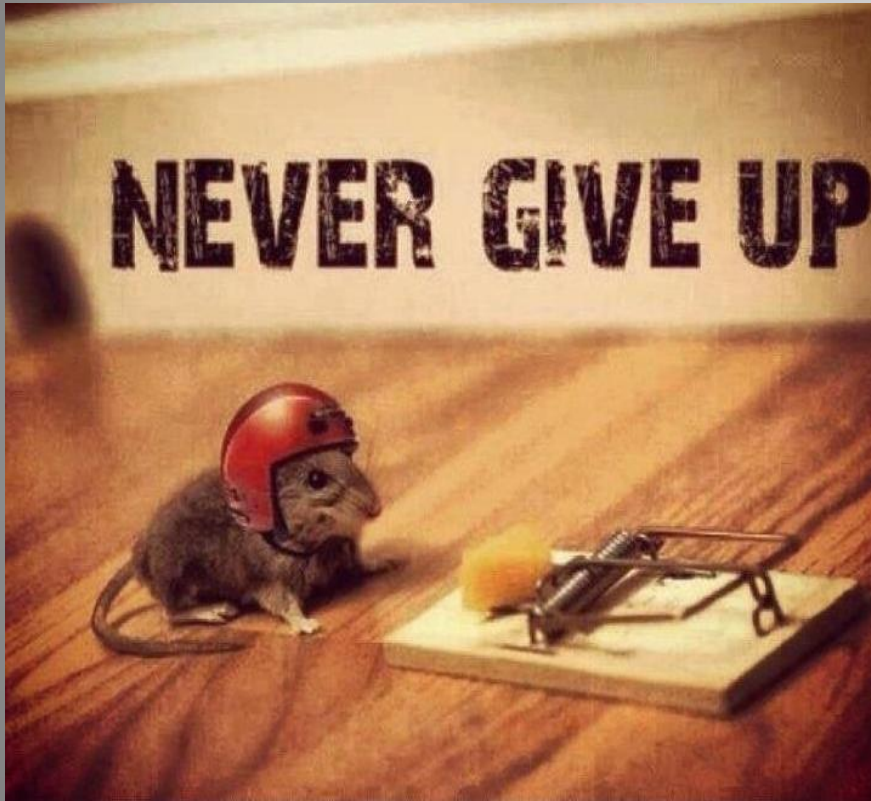
1. It can keep the
unsaved from salvation.



2. It can choke a
believers life until they
are unable to be
fruitful.



3. It can cut off motivation and joy for living



“97% of worry never comes to fruition.”

II. The cure for worry

“Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Finally, brother, whatever is true, whatever is noble, whatever is admirable – if anything is excellent or praiseworthy – think about such things.”

1. Replace worry with **prayer**

(vs 4b)





2. Replace worry with rejoicing

[vs 4a]

The Result: peace
will guard
us [vs 7]

3. Replace worry with positive thoughts

[vs 8]



