

ALZHEIMER'S DISEASE IS THE 6TH LEADING CAUSE

OF DEATH IN THE UNITED STATES

MORE THAN
5 MILLION
AMERICANS ARE
LIVING WITH
ALZHEIMER'S
BY 2050, THIS
NUMBER COULD
RISE AS HIGH AS
16 MILLION

EVERY



SECONDS

someone in the United States develops the disease MORE THAN

15 MILLION AMERICANS

provide unpaid care for people with Alzheimer's or other dementias

IN 2016 these caregivers provided an estimated

18.2 BILLION HOURS of care valued at over

\$230 BILLION

In 2017, Alzheimer's and other dementias will cost the nation \$259 billion

By 2050, these costs could rise as high as

\$1.1 TRILLION



19% of caregivers for older people without dementia



1 IN 3

seniors dies with Alzheimer's or another dementia

IT KILLS MORE THAN

breast cancer and prostate cancer

COMBINED



Since 2000, deaths from heart disease have decreased by 14%

while deaths from Alzheimer's disease have increased by 89%



alzheimer's \bigcap association

THE BRAINS BEHIND SAVING YOURS:

ALZHEIMER'S & DEMENTIA

PREVALENCE

The number of Americans living with Alzheimer's disease is growing — and growing fast. An estimated 5.5 million Americans of all ages have Alzheimer's disease.

Of the estimated 5.5 million Americans living with Alzheimer's dementia in 2017, an estimated 5.3 million are age 65 and older and approximately 200,000 individuals are under age 65 and have younger-onset Alzheimer's.

- One in 10 people age 65 and older (10 percent) has Alzheimer's dementia.
- Almost two-thirds of Americans with Alzheimer's are women.
- African-Americans are about twice as likely to have Alzheimer's or other dementias as older whites.
- Hispanics are about one and one-half times as likely to have Alzheimer's or other dementias as older whites.

Because of the increasing number of people age 65 and older in the United States, particularly the oldest-old, the number of new cases of Alzheimer's and other dementias is projected to soar. Today, someone in the United States develops Alzheimer's dementia every 66 seconds. By mid-century, someone in the United States will develop the disease every 33 seconds.

1 in 10
people age 65 and older has
Alzheimer's disease.

MORTALITY

Alzheimer's disease is the sixth-leading cause of death in the United States. It is the fifth-leading cause of death among those age 65 and older and a leading cause of disability and poor health.

As the population of the United States ages, Alzheimer's is becoming a more common cause of death. It is the only top 10 cause of death that cannot be prevented, cured or even slowed.

Although deaths from other major causes have decreased significantly, official records indicate that deaths from Alzheimer's disease have increased significantly. Between 2000 and 2014, deaths from Alzheimer's disease as recorded on death certificates increased 89 percent, while deaths from the number one cause of death (heart disease) decreased 14 percent.

Among people age 70, 61 percent of those with Alzheimer's are expected to die before the age of 80 compared with 30 percent of people without Alzheimer's — a rate twice as high.

89 percent

Increase in deaths due to Alzheimer's between 2000 and 2014. Deaths from Alzheimer's have nearly doubled during this period while those from heart disease – the leading cause of death – have declined.

CAREGIVERS

In 2016, 15.9 million family and friends provided 18.2 billion hours of unpaid assistance to those with Alzheimer's and other dementias, a contribution to the nation valued at \$230.1 billion.

- Approximately two-thirds of caregivers are women, and 34 percent are age 65 or older.
- 41 percent of caregivers have a household income of \$50,000 or less.
- Approximately one quarter of dementia caregivers are "sandwich generation" caregivers — meaning that they care not only for an aging parent, but also for children under age 18.

Alzheimer's takes a devastating toll on caregivers. Compared with caregivers of people without dementia, twice as many caregivers of those with dementia indicate substantial emotional, financial and physical difficulties.

More than

15 million

Americans provide unpaid care for people with Alzheimer's disease and other dementias.



KNOW THE 10 SIGNS

- 1. MEMORY LOSS THAT DISRUPTS DAILY LIFE
- 2. CHALLENGES IN PLANNING OR SOLVING PROBLEMS
- 3. DIFFICULTY COMPLETING FAMILIAR TASKS AT HOME, AT WORK OR AT LEISURE
- 4. CONFUSION WITH TIME OR PLACE
- 5. TROUBLE UNDERSTANDING VISUAL IMAGES AND SPATIAL RELATIONSHIPS



KNOW THE 10 SIGNS

- 6. NEW PROBLEMS WITH WORDS IN SPEAKING OR WRITING
- 7. MISPLACING THINGS AND LOSING THE ABILITY TO RETRACE STEPS
- 8. DECREASED OR POOR JUDGMENT
- 9. WITHDRAWAL FROM WORK OR SOCIAL ACTIVITIES
- 10. CHANGES IN MOOD AND PERSONALITY

WHAT IS THE DIFFERENCE BETWEEN ALZHEIMER'S AND TYPICAL AGE-RELATED CHANGES?

Signs of Alzheimer's/Dementia	Typical age-related changes
Poor judgment and decision-making	Making a bad decision once in a while
Inability to manage a budget	Missing a monthly payment
Losing track of the date or the season	Forgetting which day it is and remembering it later
Difficulty having a conversation	Sometimes forgetting which word to use
Misplacing things and being unable to retrace steps to find them	Losing things from time to time

WHERE TO GET HELP & MORE INFORMATION

- CARE AND SUPPORT SERVICES ARE AVAILABLE, MAKING IT EASIER FOR YOU AND YOUR FAMILY TO LIVE THE BEST LIFE POSSIBLE WITH ALZHEIMER'S OR DEMENTIA.
- 24/7 HELPLINE: 800.272.3900
- HTTPS://WWW.ALZCONNECTED.ORG
- TRAINING AND EDUCATION HTTP://TRAINING.ALZ.ORG