



**PREGNANCY SERVICE CENTER**  
104 W. Elm St. • Salina, KS 67401  
785-823-1484 • FAX 785-823-1503  
TOLL FREE 1-800-970-6670  
CLIENT: www.pscsalina.com  
DONOR: www.partnersofpsc.com

#### STAFF

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Tobin Sawyers – OPERATIONS AND  
PROGRAM DIRECTOR  
Marsha Goossen – EXECUTIVE ASSISTANT  
AND ACCOUNTING  
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MANAGER  
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Francheska Bailey – iDECIDE MANAGER  
Roleta Henry – MOBILE ADVOCATE

\*Certified in limited diagnostic ultrasound.

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Dr. Chad Schroeder MD

#### MEDICAL ADVISORY BOARD

Dr. Chad Schroeder MD  
Dr. David Prendergast MD  
Mark True RDMS  
Judy Beck RN BSN

#### BOARD OF DIRECTORS

Nathanael Berg T. Lee Gruen  
Mark Brown Valerie Larson  
Maggie Browning Levi Taylor  
Lynette Campbell

## Making a Difference

**“Are we making a difference?”** Joyce and Charlie had sometimes wondered as they entered PSC at day's end. As PSC volunteers, they taught the Love and Respect class for couples. One day while visiting a friend in the hospital their question was put to rest.

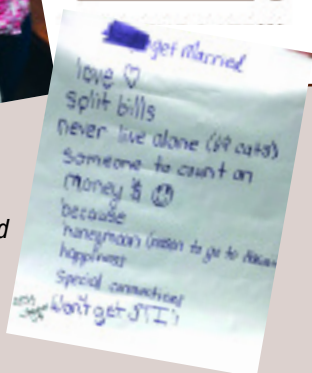
Angie was working there as a CNA and was thrilled to see them. “Chad and I were just talking about you and wishing we could meet up again!” Angie enthused. It had been two years since she and Chad had completed the Love and Respect class. A few days later the two couples met for dinner. The following Sunday Angie and Chad joined Joyce and Charlie for church. “God blesses us abundantly for the time we give,” Joyce stated. *“We are so blessed to be a part of PSC.”*

The Love and Respect class is just one of many educational opportunities offered by staff and volunteers at PSC. **Contact Tobin Sawyers at [tobin@pscsalina.com](mailto:tobin@pscsalina.com)** to learn how you can make a difference for those who, like this precious couple, are going through a rough time in their lives.

### Living PANTS UP in a pants down world



8th grade iDecide students list and ponder the pros and cons of marriage.



## Baby Boutique & Office Needs

- Similac Advance Formula or the generic equivalent, small cans of powder please
- Diapers (all sizes but especially 4 and 5)
- Paperback Bibles in English, new please
- New boy's clothing, size 6 months-18 months
- Small toys for babies such as rattles and teething rings
- Baby wash, lotion, and shampoo
- Baby Diaper Wipes, in individual packaging, no bulk size please
- Used baby strollers
- Used Pack and Plays
- Used baby bassinets
- Used baby cribs, with all hardware please
- Used baby bassinets
- Receiving blankets, lightweight, non-fleece

*thank you!*

#### OFFICE:

- Paper cups, bowls, plates, napkins, paper towels
- Batteries: C, AA, and AAA

## Pregnancy Service Center

Visit us on-line at  
[www.partnersofpsc.com](http://www.partnersofpsc.com)

You may also donate on-line at  
[www.partnersofpsc.com](http://www.partnersofpsc.com)

We accept:



#### PSC Affiliations

These affiliations provide resources for our center and clients, and hold us to the highest levels of accountability and client care.



If you'd like to be removed from our mailing list or to receive the newsletter by email, please call PSC or email us at [info@pscsalina.com](mailto:info@pscsalina.com).

Thank you to Watson Electric for their newsletter sponsorship and our volunteer graphic design artist, for designing our quarterly newsletter.

## CHANGE FOR LIFE Baby Bottle Campaign



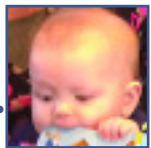
See page two - it starts soon!



Hear, O sons, a father's instruction, and be attentive, that you may gain insight,  
for I give you good precepts; do not forsake my teaching. Proverbs 4:1-2



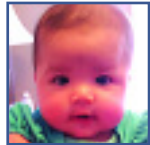
# BIRTH Announcements



Emily

BABY GIRL **EMILY**  
September 15, 2015 • 5 lbs 11 oz

BABY GIRL **ABIGAIL**  
September 27, 2015 • 8 lbs 7 oz



Abigail



Francisco

BABY BOY **FRANCISCO**  
October 27, 2015 • 6 lbs 5 oz

BABY BOY **LIAM**  
November 5, 2015 • 6 lbs 4 oz



Liam



Adalynn

BABY GIRL **ADALYNN**  
November 9, 2015 • 7 lbs 6 oz

BABY BOY **RYKER**  
December 3, 2015 • 8 lbs 7 oz



Ryker



Seras

BABY GIRL **SERAS**  
December 22, 2015 • 8 lbs 7 oz

BABY BOY **STORM**  
December 22, 2015 • 7 lbs 15 oz



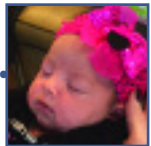
Storm



Imri

BABY BOY **IMRI**  
January 23, 2016 • 7 lbs

BABY GIRL **MAKAYIA**  
February 5, 2016 • 7 lbs 5 oz



Makayia

## CHANGE FOR LIFE

### Baby Bottle Campaign



It's time for our annual Baby Bottle Campaign, **Change For Life**, which runs from **Mother's Day, May 8 to Father's Day, June 19**. It's a fun way to obtain financial gifts to help support PSC and is a great opportunity for churches, businesses, and groups to have hands-on involvement. The idea is to encourage each family or person taking a bottle to fill it with their pocket change, currency or checks too!

If you would like to become a church or business coordinator or would like more information about **Change For Life** please give us a call at **(785) 823-1484** or email **Marsha at marsha@pscsalina.com**.

# Educational Opportunities Abound at PSC

## EARN N' LEARN VIDEO PROGRAMS

Participants can earn Mommy Buck and Daddy Dollars by watching a short video and answering question on topics they really want to know about. Mommy Bucks / Daddy Dollars and diapers are given after the completion of each 30 minute video training.

- Young Parents
- Basic Baby Care
- Physical Recovery
- Postpartum Emotions
- Newborn's World
- School and Daycare
- Understanding Birth
- Understanding Labor
- Understanding Comfort Techniques
- Understanding Cesarean Birth
- Labor Preparation Exercises
- Child Safety
- Car and Car Seat Safety
- Toy Safety
- Childproofing Home
- Sleep and Bedtime Safety
- Kids and Gun Safety
- Safety Outside the Home
- Feeding and Food Safety
- ...and more to come!

## PLUS CLASSES

Short-term classes designed to provide opportunities for learning about topics relevant to the PSC clients.

### Love & Respect

Couples will learn how to resolve conflict, deal with negative reactions, and motivate each other by meeting each other's needs in this 6 week study. Couples are encouraged to attend together, however, singles are welcome. (Tuesdays 6:30-8:30pm)

### Parenting: The Early Years

Class participants will take a look at the ten traits children remember in their parents. (Mondays 6-7pm)

### Man Class

Help men discover what it takes to be a good dad, father and person. (Mondays 5:00-6:00)

### Childbirth Education

Class participants will learn the necessary information needed for labor and delivery. They also receive education about breastfeeding. Expectant mothers are encouraged to attend with a birthing partner. (Tuesdays 6-8pm)

### Jumpstart Training for Pregnancy

A class held each month to help Mother and Father during the early stages of pregnancy. Participants learn about what to expect in the beginning, healthy nutrition and pregnancy safety. (The last?? of each month from 10 am-12pm)

## COACHING

Trained PSC Coaches guide clients through a personalized process that helps them look at their past and present in order to envision a greater future.

- 6 weeks—1 session per week
- 1-on-1 sessions, available for women and men.
- Mommy Bucks / Daddy Dollars & diapers given at each session. \$50 gift card given upon completion.

## BELOW ARE COMMENTS from PSC clients in response to the questions...

“What did you like best about this Center?” and/or “How could we be more helpful?”



GAVE A LOT OF INFORMATION. I FELT IT WAS VERY HELPFUL.

EVERYONE IS SO KIND AND HELPFUL.

ALL THE TOOLS WERE PROVIDED FOR ME. IT IS ALL VERY HELPFUL.THEY ARE VERY HELPFUL ABOUT GIVING INFORMATION AND THEY ARE KIND AND RESPECTFUL .

I THINK YOU GUYS ARE DOING A GREAT JOB!

THE FACT THAT MY HONESTY ABOUT MY SITUATION WAS NOT LOOKED DOWN UPON. YOU ALL ARE AMAZING.

THE FRIENDLY HOSPITALITY, THE UNDERSTANDING.

FRIENDLY, VERY WELCOMING AND GOD ORIENTED. EVERYTHING WAS PERFECT!

(LIKED BEST) THE PEOPLE.

MAKING ME FEEL VERY COMFORTABLE AND UNDERSTANDING.

THE STAFF ARE VERY KIND. YOU GAVE VERY GOOD INFORMATION.

HOW KIND AND NOT JUDGMENTAL THEY ARE. I FELT VERY SAFE.

I RECEIVED INFORMATION THAT I WAS STRESSING ABOUT AND LEFT FEELING HAPPY. YOU LADIES DID GREAT, VERY HELPFUL, AND NOT JUDGING.

THE NURSE WAS VERY HELPFUL, HELPED ME CALM DOWN.

(LIKED BEST) THE RESPECT RECEIVED.

THEY'RE VERY FRIENDLY AND SUPPORTIVE.

THE EXPERIENCE IS WONDERFUL.

THEY WERE SO NICE AND HELPFUL.



He led me to a place of safety; He rescued me because He delights in me. Psalms 138:19

**RESCUED!**

APRIL 7, 2016

Pregnancy Service Center Annual Fundraising Banquet

**CELEBRATING! 15 YEARS OF MINISTRY**

**PREGNANCY SERVICE CENTER**

Invites you to the 15th Annual Fundraising Banquet

**THURSDAY APRIL 7, 2016**

Seating begins at 6:15 pm • Dinner & Program 6:30-8:30  
Salina Country Club • 2102 East Country Club Road, Salina

**FOR RESERVATIONS call 785-823-1484**

An opportunity to make a financial gift will be extended. Dinner is complimentary. Business casual attire. Adults only please, as seating is limited.

## DID you KNOW?

Did you know that PSC clients earned more than 4,000 Diapers last year? Every time a client attends a class they earn diapers! We are in need of sizes Newborn, 4, 5, 6 diapers if you would like to donate or sponsor a **Diaper Drive** in your church, please contact **Leslie@pscsalina.com!**

