

Open Gym Guidelines
Tuesdays and Thursdays, 11/28/17 to 3/22/18
No Open Gym on Dec. 14

All participants must complete a waiver and emergency contact form before playing. If the participant is a minor (under age 18), a parent or guardian must give permission by also signing the form.

Family gym time rules (5:15 to 6:45 p.m.)

- **Children *under* age 7 must be accompanied by a related adult.**
 - The gym will be in use till 5:15 p.m. by a youth team, so there's no need to come early. **Pick children up promptly at 6:45.**
 - All participants must sign in and leave phones/devices on the table.
 - Be respectful of others and church property.
 - Keep your hands to yourself.
 - No punching, pinching kicking, headlocks, pushing, etc.
 - No running in and out of the building without permission.
 - No bad language.
 - No name-calling, insults, putdowns, etc.
 - No dunking or hanging on the rim.
 - No hanging out in the entryway or drinking fountain hallway.
 - No food in the gym.
 - The preschool playground south of the church is off limits.
- If a child is injured or involved in a behavioral incident, volunteers will call emergency contact number to request the child be picked up.

Teens (14+) and adults (7 to 9 p.m.)

- All participants must sign in.
- Be respectful of others and of church property.
- No swearing or foul language.
- No dunking, hanging on the rim, grabbing the net. Any participant who does will be asked to take a seat or leave. This is a safety issue.
- Come to stay – if you leave the building, you may not be readmitted.
- No hanging out in the entryway.

Open Gym Waiver, Emergency Contact Info

By signing, I affirm that I have read the guidelines for Open Gym at Christ United Methodist Church and agree to follow them as a condition of my participation.

Further, I understand that Christ UMC is not responsible for any injury I may receive as a result of my participation.

Participant's signature

Date

Participant's name (please print)

Date of birth

Participant's address (please print)

Participant's phone number

Parent or guardian signature if participant is a minor
(signing signifies permission for minor to participate and affirms that the guidelines have been discussed with the participant)

Emergency contact name(s)

Relationship

Emergency contact phone number(s)