



# SHEILA B. MINISTRIES

MINISTERING TO WOMEN IN ALL SEASONS OF LIFE

## Celebrate Jesus! He Is Risen!

### CELEBRATE SPRING

Ahhh, the beauty of springtime! After a long, wet and cloudy winter, I welcome the beauty of this season. It is a reminder of the work God has been doing during the winter. Many times this work is unnoticed by us, but necessary for what will happen in the spring. When I reflect upon this time of year, I think about budding flowers, bright sunshine, awakening, newness, rebirth and revival. This is a season of hope and resurrection.

As we emerge from our "caves" after a long hibernation, if you will, you will notice a common theme that is embraced by all. As soon as the sun is out a little longer, the time changes and the temperature rises, we all agree that this is the time to begin enjoying the great outdoors. The parks are filled with adults and children alike enjoying the beautiful weather. Joggers and walkers crowd the side walks; ice cream shops have lines that move beyond the main doors and our dogs have a little more pep in their steps as they too stop to smell the roses. We have a sense of FREEDOM. Free from being cooped up from the rainy, windy, chilly weather; free from the dreariness of winter and the chains of our warm homes and offices that bind us to them. We now eat our lunch outside and we leave our homes to do something—anything-- just because it is "so nice outside".

Yes, this is a season of hope and resurrection through which become FREE. This freedom has come with a price - as God continually shows us through the seasons. There cannot be a resurrection unless there is a death. We see this in the trees and the flowers during the winter

season and we see it in the story of our Lord and Savior Jesus Christ. In a few weeks, we will celebrate the death and resurrection of our Lord and Savior Jesus Christ. He died that He might be raised again from the dead so that we might be FREE from the bondage of sin. So, as you embark upon this season, Celebrate!

#### CELEBRATE A SPECIAL DELIVERY!

Please join Sheila B. as she celebrates the birth of her second granddaughter. Brielle Monae' Lashon Cager was born on March 20, 2012 to proud parents Stephen & Shenikwa Cager. Paternal Grandparents: Lewis & Ruby Cager

#### NEWSLETTER FEATURES:

This quarter's newsletter features a few new sections. Explore the "Ministry on the Go" column by Sheila B. as she shares her many ministry endeavors. In addition, each newsletter edition will highlight a featured writer. This edition features Rev. Karen Kelley. *Reverend Kelley is a Georgia native with deep roots in Stockbridge, GA. She is a member of the Mt. Olive Baptist Church in Stockbridge.* We hope you will enjoy!

Finally, let us not forget the STAND Conference 2012. S.T.A.N.D. Hand in Hand is sure to be another life-changing conference. Conference information can be found below! We hope you enjoy this spring newsletter.

Celebrating Spring,

*Mrs. Michelle Williams*

Mrs. Michelle Williams- Newsletter Editor

## S.T.A.N.D. NATIONAL WOMEN'S CONFERENCE

**JULY 16-19 2012**  
FAIRMONT HOTEL • DALLAS, TX

Phone: 800.933.8067  
[www.ConcordDallas.org](http://www.ConcordDallas.org)  
[www.SheilaB.org](http://www.SheilaB.org)

Call: 800.441.1414 FOR HOTEL INFORMATION

Early Bird Registration ends on April 24, 2012  
Preregistration is April 24-June 22, 2012

Special offer to Ladies of Concord....\$100 for entire conference and ladies luncheon through April 24th...  
Call ministry office to register.



Sheila B. Ministries, Inc.  
and Concord Church present S.T.A.N.D.

## STAND

HAND IN HAND

#### FEATURED SPEAKERS

Stephanie Carter, First Lady, Concord Church  
CoKiesha Bailey Robinson, Director of Growth, Concord Church  
Shenikwa Bailey Cager, Director of CMBC Learning Center, Concord Church  
Gwendolyn Boyd, 22nd National President of Delta Sigma Theta Sorority  
Donna Skell, Executive Director, Roaring Lambs Ministries  
Patricia Hunter, Senior Benefit Consultant, The Ministers & Missionaries Benefit Board  
Roszaly Akins, Founder, Black Males Working Academy  
AND OTHERS!

#### CONFERENCE FEATURES

Exciting Praise & Worship • General Sessions & Workshops  
Ladies Luncheon • Masquerade Party • Time to Connect



[www.sheilab.org](http://www.sheilab.org)  
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#### CALLING ALL WRITERS!

We are looking for writers for our  
quarterly newsletter.

Email your interest to Michelle Williams at  
[MichelleW@SheilaB.org](mailto:MichelleW@SheilaB.org)



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# Hang In There

By Rev. Karen B. Kelley

How do you hang in there? How do you go on when you feel like giving up? What exactly is the correct measure? What are the appropriate steps that must be taken? We all have days when we would like to dig a hole, climb in, and pull in the dirt. There are times when it seems that all we can do is fall out of bed and lie on the floor until we recuperate. Sometimes our hurt is so bad, our dreams fall apart, and our hope fades. Life becomes a wearisome task of family problems, broken friendships, personal failures, or even health problems. All of these contribute to our discouragement; however, Psalm 46 reminds us that we can still hang in there.

We can hang in there because God is our refuge and our strength. As God shields us from life's turmoil, He renews us to handle the battle that is ahead. He gives us a shelter, not to pamper us, but to prepare us. Psalm 91 teaches that "He who dwells in the secret place of the Most High shall abide under the shadow of the Almighty. I will say of the LORD, 'He is my refuge and my fortress; My God, in Him I will trust.'" God is a very present help in the time of trouble. God is accessible to His children during life's agonizing moments. His help is immediately available to us during the many turning points of life.

We do not have to fear, though our personal worlds are shaken. We do not have to fear when we find ourselves seemingly drowning in life's turbulent waters. Although it appears to our eyes that the enemy has focused all his efforts on us, we do not have to fear. When everyone else is jumping out of the boat of life, Christians can remain in the boat because we know that God is in the midst of His people and we shall not be moved. While the world is being turned upside down, the believer is unmoved because God is with us in the midst of life's disruption.

The strength of the saint is rooted in the fact that God is nearer to you than your most trusted friend. He is closer to you than your dearest loved ones. He will come to your aid quicker than your closest ally. Psalm 46 teaches that God will help His children just at the break of dawn. Just maybe we have to go through the long night of sorrow and suffering, but the morning will come and when it does, it will bring help. Psalm 30 teaches that weeping may endure for a night, but joy will come in the morning. If you hold on and don't give up, before you know it and at the time when you least expect it, your morning will come. So hang in there!

Mark Cooks, Dr. Sheila B.  
Cynthia Cooks, Honorary  
Chairs 2011 Annual  
Christmas Fundraiser



Dr. Shirley Clark,  
Rev. Dr. Marcus King  
and Dr. Shelia B.

## Ministry Updates:

### Dec 2011

Annual Christmas Fundraiser was held at the Home of Alicia Brown Young, Director of Fundraising and Development. Over 100 people attended and pledged their support to the ministry. Mr. Mark and Cynthia Cooks were this year's honorary chairs.

### April 2012:

Sheila B. Ministries Outreach will minister in song, prayer and fellowship at the Lancaster Nursing Home. The nursing home houses over 90 residents. Sheila B. volunteers will spend time volunteering their time with the residents.

### Shout Out to Concord

Pastor Bryan Carter, Senior Pastor, Concord Church invited Sheila B. to teach her award-winning book, ***Makeovers with Leftovers*** in "The Bridge" every Wednesday during the month of March. ***Attendees were blessed as they discovered, "When God takes, he never takes all." One participant stated she was "Getting a spiritual makeover that was way overdue."*** The Bridge is a Wednesday night experience that consists of Prayer, Praise, Teaching and Growth Groups. It is free and open to the public. For more information, please click the following link: <http://www.concorddallas.org/index.cfm/pageid/1432/index.html>

### Coming to a city near you!

Check <http://sheilab.org/engagementcalendar.html> to see when Sheila B. will be in your area.

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<https://www.facebook.com/sheilabministries>

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Sheila B. Ministries Staff



For the past several years God has given me the privilege of ministering, serving, teaching, or should I say, speaking in many venues. In the future we will highlight what God is doing as I travel. Although I am invited to serve on a program, I receive so much from the people. Many of the churches and venues I have visited may be well-known and familiar to you, but I have also been blessed to visit many "unsung" places. Have you

visited Hitchcock, Texas? Hitchcock is a city in Galveston County, Texas with a population of just over 7,000 people. My youngest daughter Shenikwa, and I were invited there to be guest speakers at the Women's Conference at the Greater St. Matthews Baptist Church where Rev. W.L. Randall, Jr. is the pastor.

As the driver entered the street where the church was located, I noticed a small building that was connected to a larger building that was connected to a beautiful, contemporary worship center. I learned that each of those buildings represented rites of passage for the church. When Rev. Randall became pastor there were 50 members and as the membership grew the facilities grew. The architecture was seamless as you went from one building to another. The oldest building is now renovated into classrooms; the second building is now a beautiful fellowship hall

or multi-purpose building equipped with a commercial kitchen and the present sanctuary seats 900 persons for each of their two services. The conference was well supported by the women's choirs from the surrounding cities. Several women from area churches taught the Word while the women's choirs united in song to close out the conference.

Special thanks to Pastor Randall, his devoted help meet and staff for their vision and the people who prayed and worked so that the vision could become a reality. Thank you for blessing Shenikwa and me in an unforgettable way.

For more information on Greater St. Matthews Baptist Church visit their website at <http://www.greatersaintmatthews.org/>.

## MINISTRY ON THE GO

By Sheila B.



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