

FACILITATOR SUPPORT LINE

A monthly call-in conversation for all facilitators
—past, present, and future.

Each call will be 30 minutes of teaching by an expert facilitator, and 30 minutes for Q&A.

12:30-1:30pm (CST)

TOPICS

January 11	Feelings Chart 101 - Bring clarity to the benefits & impairments of the 8 feelings
February 8	Journey to Courage - Responding to anxiety—tips to facilitate this 8 weeks
March 8	Difficult Conversations - Led by Sara Hamill, MA in Conflict Management
April 12	Challenging Participants - Tips for facilitating skeptics, advice givers, and over-spiritualizes
May 10	Stages of Change - Understanding Prochaska's change model and how to facilitate change in group process
OFF June & July	
August 9	Journey to Significance - Core content to facilitate about low-self worth issues
September 13	Boundaries - Maintaining healthy self-disclosure, safe relationships w/participants
October 11	Journey to New Beginnings - Tips in facilitating those struggling w/grief & loss
November 8	Group Adaptations -What you need to know before leading group in correctional facilities, with high school youth, or cultural diversity
December 13	Teachable Moments - Using silence, humor, and other group nuances

Never a cost or reservation required. For trained facilitators only
We recommend joining online at <https://global.gotomeeting.com/join/508241125>
or join us by phone at 408-650-3123 with access code: 508-241-125, audio pin: '#'

First time? Try a test session: <http://help.citrix.com/getready>
Questions? Email heather@restoresmallgroups.org

All sessions are available the following week via www.restoresmallgroups.org

