

The Upper Room Blueprint – A 12-Week Bible Study

Discovering the Heart of Jesus for His Church

Overview

In the hours before His arrest, Jesus gathered His disciples in an upper room and gave them everything they would need to face the world without Him — and to become the Church He envisioned. The Upper Room Blueprint is a 12-week journey through John chapters 14–17, exploring the most intimate teaching Jesus ever gave. Together we will encounter His promises of comfort, His call to abide, His gift of peace, and His prayer for our unity. This series is an invitation to be shaped by the very words spoken at history's most sacred table.

Series Structure

Part 1: Comfort & Presence Weeks 1–4 | John 14

- Jesus meets His disciples — and us — in our fear and confusion. These weeks explore His promises of an eternal home, the gift of the Holy Spirit, and the peace only He can give.

Part 2: Abiding & Community Weeks 5–8 | John 15

- The Vine and the Branches. We explore what it means to remain deeply connected to Christ and to one another, and why fruitfulness flows only from that connection.

Part 3: Strength for the Journey Weeks 9–10 | John 16

- Jesus prepares His followers for hardship, grief, and the world's opposition. These weeks are about honest faith — trusting the Spirit's guidance even through difficulty.

Part 4: Becoming the Church Jesus Prayed For Weeks 11–12 | John 17

- Jesus' High Priestly Prayer. We sit with His intercession for unity, holiness, and mission — and ask what it looks like to be the answer to that prayer.

Key Themes

1. Christ-Centered Living — Anchoring every decision, relationship, and habit in Jesus
2. The Ministry of the Holy Spirit — The Helper who guides, convicts, and empowers
3. Peace & Emotional Stability — The "not as the world gives" peace that guards the heart
4. Love & Unity — The mark of the Church that the world cannot ignore
5. Endurance & Perseverance — Holding fast when the road is long and hard
6. Mission & Identity — Who we are sent to be and why it matters

Lesson Format

Each week's lesson will be structured as follows:

1. Introduction / Review – 5 mins
2. Lesson Presentation – 20 to 30 mins
3. Questions and Answers – 10 mins

The Upper Room Blueprint: Week-by-Week Journey

Week	Topic	Focus	Scriptures
1	Jesus as the Way, the Truth, and the Life	Stability in seasons of uncertainty	John 14:1–6
2	Seeing God through Jesus	Restoring confidence in God’s nearness	John 14:7–14
3	The Holy Spirit as Advocate	Comfort, empowerment, and spiritual renewal	John 14:15–21
4	Peace in Troubled Times	Emotional and spiritual grounding for the church	John 14:22–31
5	Staying Connected to Christ	Spiritual disciplines and personal renewal	John 15:1–8
6	Love as the Mark of Discipleship	Healing relationships and rebuilding unity	John 15:9–17
7	Endurance and Identity	Encouraging resilience in the congregation	John 15:18–25
8	The Spirit’s Witness	Empowering the church to rediscover its voice	John 15:26–27
9	Guidance, Truth, and Spiritual Clarity	Helping the church discern its next steps	John 16:1–15
10	Joy after Hardship	Encouraging hope and emotional renewal	John 16:16–33
11	Jesus’ Mission and the Church’s Mission	Recentering the congregation on purpose	John 17:1–5
12	Unity, Protection, and Identity	Healing division and strengthening community	John 17:6–26

A Word for the Journey

This series is not just about information — it is about formation. Our prayer is that as we study these chapters together, we would be transformed by the One who spoke these words and shaped into the community He died to create. Come with an open heart, your Bible, and a willingness to be changed.