 **Snack Schedule**

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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Week 1** | Oatmeal & Raisins  Bananas &  Vanilla Wafers | Cheerios & Milk  Veggie Straws  & 100% juice | Toast & Fruit  Salad & Dressing | Yogurt & Granola  Whales & Milk | Bagels & Cream Cheese  Pasta  & Veggies |
| **Week 2** | Mixed fruit & Toast  Popcorn  & 100% juice | English Muffins  & Apples  Carrots & Ranch | Applesauce & Ghram Crackers  Cheese Crackers  & 100% juice | Waffles & Milk  Cheese &Pretzels | Pancakes & Bananas  Apples & Granola Bars |
| **Week 3** | Oatmeal & Raisins  Bananas &  Vanilla Wafers | Cheerios & Milk  Veggie Straws  & 100% juice | Toast & Fruit  Salad & Dressing | Yogurt & Granola  Whales & Milk | Bagels & Cream Cheese  Pasta  & Veggies |
| **Week 4** | Mixed fruit & Toast  Popcorn  & 100% juice | English Muffins  & Apples  Carrots & Ranch | Applesauce & Ghram Crackers  Cheese Crackers  & 100% juice | Waffles & Milk  Cheese &Pretzels | Pancakes & Bananas  Apples & Granola Bars |

**Note**

* Some snacks are subject to change, due to availability.

Morning & afternoon snacks are provided at this facility. Menus are provided & posted in all classrooms; substitutions can be made for children with food allergies. For children who are lactose intolerant, the parent needs to bring their milk substitute (i.e soy milk, almond milk, etc..)