

Forecast: Snow Days – Including Sabbath in the New Year

Receive Sabbath as a _____ and a _____

Sabbath in the Ten Commandments - Deuteronomy 5:12-15

Idea of Sabbath first appears - Genesis 2:2-3

Word "Sabbath" first appears - Exodus 16:23

God defines us, not our productivity - Exodus 31:13

Pronouns that indicate command :

"a Sabbath *to the Lord*" and "*my Sabbath*" - Exodus 31:13

Pronouns that indicate gift:

"a Sabbath of rest *for you*" and "*your Sabbath*" - Leviticus 23:32

Jesus indicates Sabbath is a gift - Mark 2:27-28

Jesus heals on the Sabbath - Matthew 12:9-11, Luke 13:10-13, Luke 14:1-4,
John 5:1-15, John 9:1-14

Include Sabbath _____

- S _____
The literal meaning of "Sabbath" is " _____ "
- R _____
- D _____
God delights in creation – Genesis 1:31
- C _____

Additional resources:

- Buchanan, Mark, *The Rest of God: Restoring your soul while restoring Sabbath*
- Brueggemann, Walter, *Sabbath as Resistance: Saying no to the culture of now*
- Scazzero, Peter, *Emotionally Healthy Spirituality: It's impossible to be spiritually mature, while remaining emotionally immature*