



The Gospel According to Mark

Mark 7-8:21

Jesus the Bread of Life

I am the bread of life. Whoever comes to me will never be hungry again. Whoever believes in me will never be thirsty.”

John 6:39

Are you hungry?

This is the Good News about Jesus the Messiah,
the Son of God.

Mark 1:1

- Spiritual food is not found in religious tradition, but a heart transformed by Jesus.

In Essentials Unity, In Non-Essentials Liberty, In All Things Charity.

Unknown

These people honor me with their lips, but their hearts are far from me. Their worship is a farce, for they teach man-made ideas as commands from God.

Mark 7:6-7 (Isaiah 29)

For from within, out of a person's heart, come evil thoughts, sexual immorality, theft, murder, adultery, greed, wickedness, deceit, lustful desires, envy, slander, pride, and foolishness. All these vile things come from within; they are what defile you."

Mark 7:21

- Spiritual food is not found in religious tradition, but a heart transformed by Jesus.
- Crumbs from the table of God are more than enough.
- Spiritual food is for everyone.
- Spiritual blindness and deafness happens to everyone.