



# LEDGEWOOD LIGHT

Ledgewood Christian Church  
(Disciples of Christ)  
A BEACON ON THE HILL™



Rev. Heidi L. Barham, Pastor  
Alissa Bodner, Pianist  
Like us on Facebook!

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## JUNE / JULY 2018

### CELEBRATIONS AND CONGRATULATIONS!

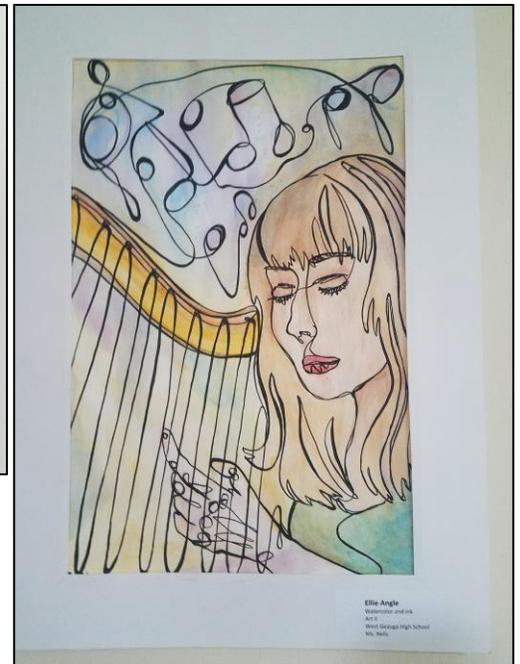
There is an old adage that says, “Youth is wasted on the young.” However, that is certainly not the case when it comes to the Ledgewood Christian Church Youth! We could not be prouder of the ways in which our youth continue to make this world a better place. Whether it is leading us in worship, hosting our Fourth Friday Family Fun Fellowship Nights, spearheading the ongoing food drive to support the Geauga County Hunger Cupboards or coordinating the annual DIY Rummage and Bake Sale to raise money for outreach efforts, the members of the Ledgewood Christian Church Youth Ministry consistently give it their all. What a joy it is to celebrate and congratulate our young people for the great things they are doing here at Ledgewood as well as in their schools and in the community!

#### Artist in Residence

*Ellie Angle had artwork featured in the Geauga YMCA Art Show.*



*Colored pencil drawing by Ellie Angle*



*Single line contour drawing using ink and water color by Ellie Angle*



*Congratulations to Rachel Paige Tidwell who graduated from West Geauga High School and will be heading to Lakeland Community College in the fall! Photo courtesy of proud mom, Kris!*

## A Note from the Pastor:

There has been much written in the news lately about all of the things that are going wrong in this country and around the world. It is enough to make some people throw up their hands in desperation and simply give up. But as the Body of Christ, we cannot afford to do that. In fact, we are called to do the exact opposite. A search of the scriptures will remind us that the Lord has given us two basic commandments, “*‘Love the Lord your God with all your heart and with all your soul and with all your mind.’ This is the first and greatest commandment. And the second is like it: ‘Love your neighbor as yourself’*” (Matthew 22:37 – 39, see also Mark 12:28 - 31).

But that might lead some to ask just who is our neighbor and exactly how we are supposed to do as the Lord has commanded? That is the crux of the Parable of the Good Samaritan (Luke 10:25 – 37), which speaks volumes to us in light of what is going on in the world today. I am also reminded of Jesus’ teaching in Matthew 25:31- 46, which is where we find these words, “*For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me.*”

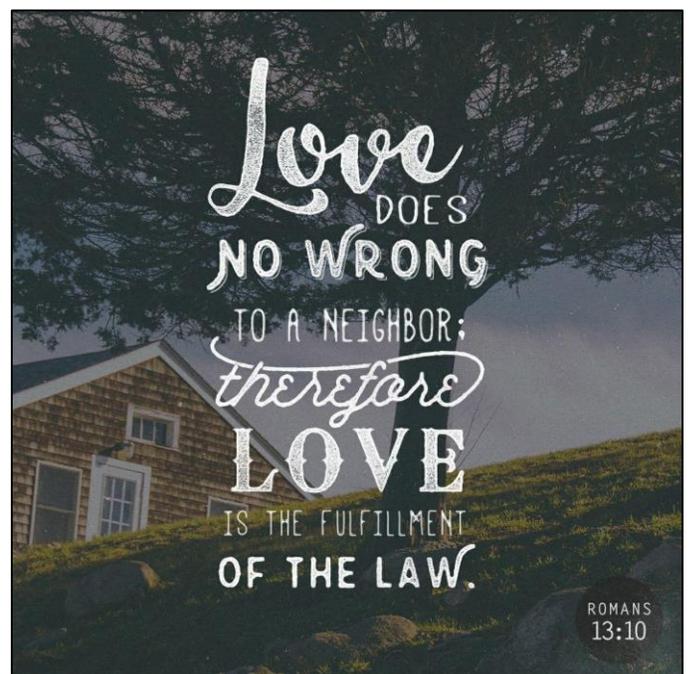
As disciples of Christ, the mandate is clear and it is unambiguous. We are called to love our neighbors as we love ourselves which includes those that others would view as the least, the last and the lost. It is to those very people that Christ came to offer the gift of salvation. And make no mistake about it, we were once the least, the last and the lost as well. But because of God’s great love for us, we have a Savior who came not to condemn the world but to save the world (see John 3:16 – 17).

With that thought in mind, let us be intentional in our prayers and our actions as we reach out and show the love of God to a world that is hurting and in dire need of that love. Remember love truly is an action word and as the song says, “They will know we are Christians, by our love, by our love. Yes, they’ll know we are Christians by our love.”

With much love and thanksgiving!

Your Pastor and friend,

Pastor Heidi



## GEARING UP FOR THE HEAT OF SUMMER

If you are out in the heat and start developing muscle cramps or are feeling fatigued with extreme thirst and sweating, you may be having the first signs of a heat-related illness. Do not ignore the warning signs. Stop doing physical activity, get cooled down and start sipping on cold liquids. If you see someone with signs of heat stroke call 911 and get them to a cool place. So what are heat illnesses? Heat stroke and heat exhaustion. Want to know the difference?

**Heat Stroke** is the most serious form of heat-related illness. This happens when the body temperature is greater than 104 degrees Fahrenheit

*Signs and symptoms:*

Dry skin, cease sweating. Skin is hot and reddened. Breathing is more rapid and shallow. Pupils are constricted. Vertigo and confusion set in. Irrational behavior. Seizures. Headache, nausea, and vomiting. Thirst and muscle cramps. A person may lose consciousness.

*What do you do?*

This is very serious so call 911! Emergency attention needs to begin quickly. Place the person in a cool environment, lay them down and elevate their feet by propping them up slightly with a pillow or article of clothing. Keep their skin moist and cooled by fanning. Apply ice packs to the neck, groin, and armpit areas. Only give liquids if the person is alert and able to swallow.

It is extremely important to seek medical attention quickly for children under two-years old as well as the elderly, people with kidney, heart or circulatory problems and people with diabetes that are insulin dependent.

**Heat Exhaustion** occurs when the body temp is between 98.6 and 104 degrees Fahrenheit. It can be caused by a depletion of electrolytes (salts) and body fluids.

*Signs and symptoms*

Muscle cramping may be the first sign accompanied by heavy sweating; cold, pale and clammy skin, pupils dilated; fatigue, low blood pressure, rapid heart rate; dizziness or feeling faint; headaches; nausea, vomiting; and possible collapsing.

*What do you do?*

Lay the person down; loosen any tight clothing and remove any excessive clothing. Keep skin moist with water or moist cloth. Cool them off by fanning. If they are able to provide sip cold water. If they are not responding or begin to feel worse, call 911.

### **Prevention**

Drink water frequently along with sports drinks. Avoid caffeine products and alcohol. Wear loose-fitting, lightweight, light-colored clothing that is made of fabrics that breathe. Limit outdoor activities that occur during the hottest time of the day between 10 a.m. and 4 p.m. Relax and stay cool. Be sure to watch children as well as the elderly, along with pregnant women and active people for signs of heat-related illnesses.

DO NOT leave children or pets in vehicles and be sure to allow the car to cool off, before entering.

Please have a safe and enjoyable summer!

-- Previously shared by Joan Hinz (7/2016)

## THANK YOU DAD

Thank you for the laughter,  
For the good times that we share,  
Thanks for always listening,  
For trying to be fair.

Thank you for your comfort,  
When things are going bad,  
Thank you for the shoulder,  
To cry on when I'm sad.

This poem's a reminder that  
All my life through,  
I'll be thanking heaven  
For a special dad like you.

-- Anonymous



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### A Little **LIGHT** Refreshment

#### Swedish Nut Cake

2 C flour  
2 t. baking soda  
2 C sugar  
2 eggs  
1 – 20 oz. can crushed pineapple  
1 C chopped pecans

Stir together by hand until well blended.  
Pour into a greased and floured 13 x 9 inch pan.  
Bake at 350° for 35 minutes. Cool and frost.



#### **FROSTING:**

2 C powdered sugar  
1 stick butter  
8 oz. cream cheese

Beat with mixer until smooth and add 1 t. vanilla

## A Little LIGHT Humor...

There was a Christian lady that had to do a lot of traveling for business so she did a lot of flying. However, flying made her nervous, so she always took her Bible along with her to read which helped to relax her. One time she was sitting next to a man on the flight. When he saw her pull out her Bible, he gave a little chuckle and went back to what he was doing.

After a little while, however, he turned to her and asked, "You don't really believe all that stuff in there do you?" The lady replied, "Of course I do. It is the Bible." He said, "Well what about that guy that was swallowed by that whale?" She replied, "Oh, Jonah. Yes, I believe that, it is in the Bible." He asked, "Well, how do you suppose he survived all that time inside the whale?" The lady said, "Well, I don't really know. I guess when I get to heaven, I will ask him." The man asked sarcastically, "What if he isn't in heaven?" The lady replied, "Well, then you can ask him."

*(Author unknown – humbly submitted by a dear friend)*

### HOLY BLOOPERS

*(These actually appeared in various church bulletins)*

Don't let worry kill you off – let the church help.

Potluck supper: prayer and medication to follow.

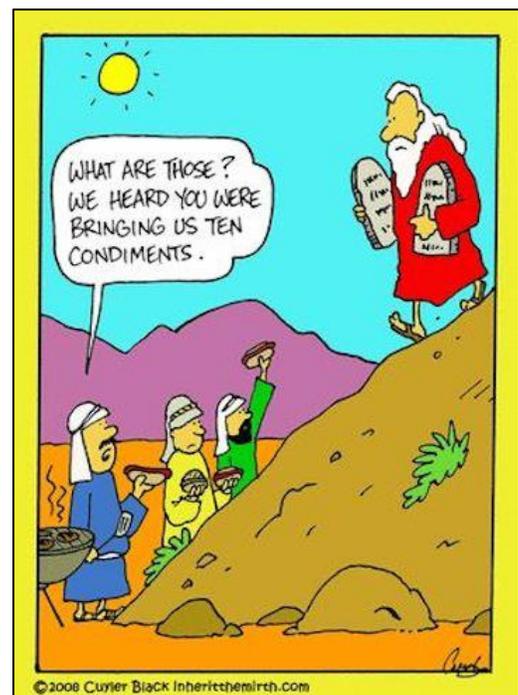
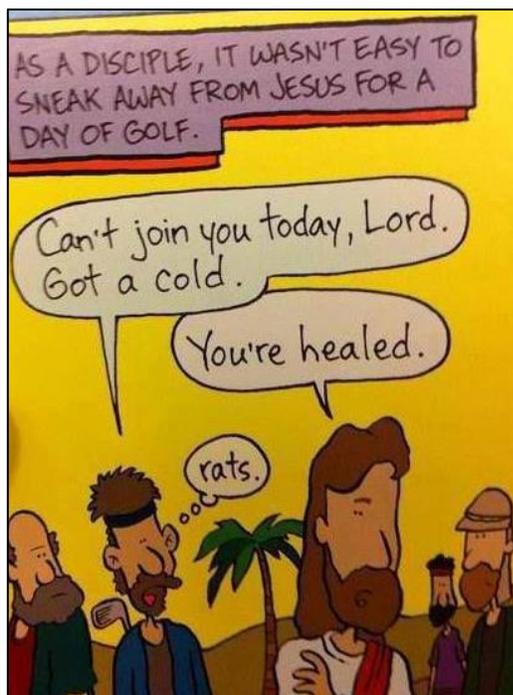
Remember in prayer the many who are sick of our church and our community.

A bean soup supper will be held on Saturday evening in the church basement. Music to follow.

The ladies of the church have cast off clothing of every kind and they may be seen in the church basement on Friday afternoon.

This being Easter Sunday, we will ask Mrs. Jones to come forward and lay an egg at the altar.

Tonight's sermon: What is Hell? Come early and listen to our choir practice.



# MARK YOUR CALENDARS...

June



## REGULAR SCHEDULE

Worship Service  
Sunday School for all ages  
Official Board Meeting  
FREE Community Breakfast  
Fourth Friday Family Fun Fellowship

Sundays – 10:00 a.m.  
Resumes September 2<sup>nd</sup>  
Next meeting, Thursday, August 9<sup>th</sup> 7:30 p.m.  
Every **Third** Saturday 8:30 – 10:30 a.m.  
Every **Fourth** Friday 7:00 p.m.

**Sunday, June 17<sup>th</sup>**

**Father's Day**, celebrated in the United States on the third Sunday of June, got a jump start from the formation of Mother's Day. At the turn of the century, Mother's Day observances were growing across the United States. The federal government had yet to recognize the holiday, but many states had adopted the third Sunday in May as a special celebration day honoring mothers. It was during a Mother's Day church service on June 20, 1909, that Sonora Smart Dodd was struck with the idea of creating a special holiday to honor fathers, too.

**Wednesday, July 4<sup>th</sup>**

**Independence** commemorates the adoption of the Declaration of Independence in 1776 by the Continental Congress.

**Sunday, July 29<sup>th</sup>**

**Church Picnic:** Join us immediately following worship service, when we will gather as a family for a time of fun, food and fellowship. First Man, "Grillmaster" Ron, will be doing his famous ribs and turkey. Please bring a side dish or dessert to share.



## LEDGEWOOD CHRISTIAN CHURCH

**FREE**  
**MONTHLY COMMUNITY BREAKFAST**  
**SATURDAY, JULY 21, 2018**  
**SERVING 8:30 AM - 10:30 AM**



Menu includes: Pancakes, Scrambled eggs, Sausage  
Salmon patties, Orange juice, Coffee, Tea  
... and more!

Questions???. Please call Jeff Angle 440.564.5912

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**JUNE BIRTHDAYS**

Kathie Morris	June 3	June Kocsis	June 26
Karen Jeric	June 9	Sue Johnson	June 27
Perry Howland	June 11	Ja'Meir Washington	June 28

**JULY BIRTHDAYS**

Deb Kazamek	July 8	Tom Kazamek	July 18
Bill Perdan	July 12	Bonnie Howland	July 20
Erin Marie Angle	July 14	Linda Mislosky	July 28
Wayne Erickson	July 15		

**AUGUST BIRTHDAYS**

Libby Cohn	August 20
Elizabeth Angle	August 27
Lee Miller	August 28



**JUNE ANNIVERSARIES**

Jeana & Clint Hardman	June 17
Marilyn & Jim Lucas	June 25

**JULY ANNIVERSARIES**

Linda & Lee Miller	July 10
June & Jeff Angle	July 12
Twannamy & Cedric McMillon	July 12

# REMINDER

The Ledgewood Christian Church Youth Ministry continues their outreach efforts to collect donations for the on-going support of the Geauga County Hunger Cupboards. We have been partnering with the Burton United Christian Church (the location of one of the county's seven food cupboards) in answering a "special need" each month. The items that are currently in high demand are peanut butter and jelly fixin's, boxed dry cereal and canned tuna. The bin for donations is located in the narthex. As always, your contributions of non-perishable foods and "special need items" are all greatly appreciated!



**REMEMBER, HUNGER NEVER TAKES A HOLIDAY.**