



# CALVARY COMMUNITY GROUPS

Spring 2015

## **What are Community Groups?**

*Community groups are a small circle of friends with a common interest meeting together regularly with the expressed purpose of developing deeper relationships and seeing lives transformed.*

## **Why Community Groups?**

*We were created for relationship, to live in community. In the Genesis creation account, each time God created He said that it was good. However, after creating man, God said, "It is **not good** for the man to be alone." (Genesis 2:18.) God created us to be in relationship with Him and in relationship with each other. In the New Testament, there are 59 "one another" instructions. For example, we are told to love one another, honor one another above yourselves, live in harmony with one another, serve one another, forgive one another, pray for one another, encourage one another, etc. You get the concept - there is no "I" or "me" in "us".*

*Pastor Andy Stanley said, "When everyone is sitting in rows, you can't do any one another's." The only way to support, encourage and build one another up as the Bible instructs is through relationship.*

*Our society is becoming more and more fragmented. We all deal with a variety of life challenges: health problems, job difficulties, relationship struggles, parenting issues and more. All too often we face these challenges alone. That's not what God intended. Being a part of a community group won't make the daily challenges go away but it will give you a circle of friends to offer support, encouragement and assistance when the challenges arrive. We invite you to find a group with a common interest and get involved. Let's do the "one another's" together!*



### Church Contact Information

**Office hours:**

Monday-Thursday 9am-5pm

**Phone:**

541-747-7125

**Address:**

1116 Centennial Blvd, Springfield

**Website:**

[calvaryopenbible.org](http://calvaryopenbible.org)



**John and Diane Poet**

**Community Group and Connections Pastor**

### Contact

Phone—541-554-6865

Email—[john@calvaryopenbible.org](mailto:john@calvaryopenbible.org)

Facebook—Calvary Community Groups

Website—[calvaryopenbible.org](http://calvaryopenbible.org)



Mike & Gina Coontz  
*Plug In*

### **Bio and contact information**

#### **Mike and Gina Coontz**

Mike 541-221-9910 or [mike@northwestautogroup.com](mailto:mike@northwestautogroup.com)  
Gina 541-579-0551 or [gina@northwestautogroup.com](mailto:gina@northwestautogroup.com)

Mike and Gina have been married for 33 years and were high school sweethearts. They own a small local business, Northwest Auto Group. They have three grown children, two sons ages 28 and 32, and a daughter, age 21. Mike and Gina have attended Calvary Open Bible for 34 years and have always felt confident it's where God planted them to grow and to serve others. Their family grew last year with the addition of a son-in-law and a grandson who is now a year old. Mike and Gina endeavor to spend a great deal of time with their kids and grandson who stays at least one night a week in their home. They embrace that as a God-given opportunity to deposit positive things into his life and help mold him into the person they know God created him to be. Mike and Gina are both interested in fitness and enjoy being active. They enjoy beach vacations in warm climates. God has blessed them with many great friends whom they also enjoy spending time with.



### ***Description of Group***

#### **Dates & Times:**

We will meet monthly on Sunday afternoons at 1:00 PM beginning in mid to late April—dates to be decided—they will change. Please feel free to contact us for more info.

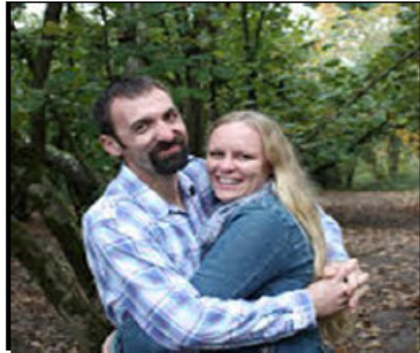
#### **Meeting Place:**

We will meet at our home at 37580 Parsons Creek Road, Springfield, OR.

#### **Theme or Activity:**

Our group's theme is to provide opportunity for people new to Calvary Open Bible to fellowship and learn about the various community groups and to get plugged into a group in a welcoming environment. It also provides opportunity for people who have been attending Calvary Open Bible to become more involved and connected via community groups.





Donnie and Amanda Thompson

*Alpha*



### **Bio and contact information**

**Donnie and Amanda Thompson**

Home 541-747-7800  
Donnie's Cell 541-729-4744  
Amanda's Cell 541-729-3866  
Email—daugh0318@yahoo.com

Donnie and Amanda have been married for 15 years. They have two daughters (Grace who is 12 and Hannah who is 9) and a black lab named Bo. Donnie has been journeyman electrician for 3 years and works at Builders Electric. Amanda has been a nursing assistant (CNA2) for 15 years. She has worked for Sacred Heart Medical Center for the last 13 years. She will finish nursing school in June with her associate degree. Both of Donnie and Amanda's girls play soccer so a lot of their time on the weekend is spent cheering from the side of a soccer field. As a family they like to go biking (Donnie likes to mtn. bike ride), hiking, camping, crabbing (some of us more than others – because after you catch them you have to clean them and that's just not very fun!), and playing board/card games.

### ***Description of Group***

#### **Dates & Times:**

We will meet Wednesday evenings beginning April 15<sup>th</sup> and starting between 6:30 and 6:45 PM. We hope this gives people time to drop off their children at AWANA then come to our house where we will meet.

#### **Meeting Place:**

We will meet at our house at 1071 S. 40<sup>th</sup> Pl., Springfield, OR.

#### **Theme or Activity:**

It's our sincere hope that our group spurs life changing awesomeness. While open to any Christians, our group will especially focus on new Christians and giving you broad knowledge that will better equip you to explore your new or growing faith.



Joel & Koy'a Crutchfield  
*Discovering Your Spiritual Gift*

### **Bio and contact information**

#### **Joel & Koy'a Crutchfield**

Joel (541) 914-6420 or [joelcrutch@hotmail.com](mailto:joelcrutch@hotmail.com)

Joel and Koy'a have been married for nearly 18 years and are the proud parents of three children (Elijah 14, Gaige 12, & Rachel 11).

Joel is a general contractor and Koy'a is a cardiac nurse.

Joel enjoys movies, Xbox and building.

Koy'a enjoys paddle boarding, crafting and knitting.

Together they have a passion for the things of God, spending time with people and the Oregon Ducks.



### ***Description of Group***

#### **Dates & Times:**

Our group will meet every other Tuesday, beginning April 21, 2015, for a total of 10 weeks. Our meetings will begin at 6:30 PM.

#### **Meeting Place:**

We will meet at our home at 1081 L St., Springfield, OR 97477.

#### **Theme or Activity:**

Over the course of ten weeks, we will build relationships, eat good food and explore topics like Spiritual Gifts— What are they? Do I have them? How do I use them?



Chuck & Anne Beem

## *Date Night*

### **Bio and contact information**

#### **Chuck & Anne Beem**

Chuck (541) 870-9974 or [chuck\\_beem@yahoo.com](mailto:chuck_beem@yahoo.com)  
Anne (541) 335-1149 or [anne@calvaryopenbible.org](mailto:anne@calvaryopenbible.org)  
Chuck and Anne have been married for nearly 15 years and have 3 beautiful daughters. They met in Bible College when Chuck offered Anne a ride in his '67 Volkswagen Bug. This kind act led to a flourishing relationship that eventually culminated in a happy marriage and family. As a family, they enjoy road trips, hiking, movies, park-hopping, bike rides, and camping.

Anne grew up in Iowa and dreamed of the day she would move to the big city (yes, she thought Eugene was a big city). She enjoys chick flicks, and children's movies, music, Pinterest, and reading a good book. It might be easier to list the things Anne doesn't like—she likes everything except the things Chuck enjoys...ha, ha, ha! She works as the church counselor at Calvary.

Chuck grew up in Bend and moved to the valley to attend Eugene Bible College. He enjoys playing and watching most any sport, action and comedy movies, and a good cheese-burger. He has worked in the technology industry for the last five years and is an enterprise sales manager.



### ***Description of Group***

**Dates & Times:** Begins April 10, 2015 @ 6:00 PM.

We will meet every other Friday night.

**Meeting Place:**

April 10<sup>th</sup> will be a board game night at Chuck and Anne's house.

April 24<sup>th</sup> will be a movie night at Chuck and Anne's house.

Subsequent meetings will be at various locations throughout the community depending on weather and the group's interests.

**Theme or Activity:**

From our group name, you probably guessed it – date night (without any kids)!

This is a great opportunity for couples to spend quality time together free from the demands of everyday life for a few hours.

Get a babysitter if you have kids and join us as we make relationships a priority and connect with other couples. We're looking to have movie nights, game nights, a murder mystery dinner and learning how to love our better halves! Yes, there are two halves in a whole so this includes you no matter which half you are!





Jon & Alyssa Bender  
*Narrow Path Explorers*

### Bio and contact information

#### Jon & Alyssa Bender

Jon (541) 968-5205

Alyssa (541) 968-2852 or [alyssa.bender1980@gmail.com](mailto:alyssa.bender1980@gmail.com)

Jon and Alyssa will celebrate 14 years of marriage this May. They met through Alyssa's brother, who was in the Marine Corps with Jon. They have 2 children, Madison and Patrick who both swim for the Willamalane Swim Club, where Alyssa is also the Co-Meet Director. There's a lot of swimming in the Bender family activities.

Jon currently drives for UPS; after spending time in the military – just couldn't give up the uniform! Jon loves to hike and bike and is a people person. He is easy to get acquainted with and likes to try new things. Some of his favorite ways to spend time are documentaries, history, and his newest hobby – making wood projects such as shelves and tables using pallets...now that's sustainability!

Alyssa is a part-time Pharmacy Technician and a more than part time, stay-at-home mom who likes to swim, loves to read, and have "chick flick" nights with friends. She also loves to encourage people that God loves them by writing devotional letters. Remember those bumper stickers that said, "Smile, God Loves You?" That could have been Alyssa's car!



### *Description of Group*

#### Dates & Times:

Our group will meet on the following Saturdays @ 9:00 AM.

April 18th—going to Tamolitch (Blue) Pool on the McKenzie River Trail

May 23rd— location to be decided (TBD)

June 20th— location TBD

July 18th— location TBD

August 15th—location TBD

September 12th—location TBD

#### Meeting Places:

We will meet at the Albertson's parking lot on Main Street, near McDonalds in Springfield. Look for our car, a 2010 metallic gray/blue Subaru Outback. Please contact us to confirm each date & meeting place.

#### Theme or Activity:

Our activity theme is exploring God's beautiful creation. Each of our meetings will include an easy hike open to all skill sets. Don't worry, we're not going to be climbing Mt. Everest here! Feel free to bring any of your kids that also love to hike. Our goal is to keep our destinations within an hour's driving distance.



John & Diane Poet  
*Calvary Running Team*

### Bio and contact information

#### John & Diane Poet

John (541) 554-6865 or [john@calvaryopenbible.org](mailto:john@calvaryopenbible.org)

Diane (541) 554-6965

John and Diane are the Community Group & Connections Pastors at Calvary Open Bible. Both are avid runners. They have completed 5k & 10k races, ½ & full marathons & team distance relays including 194 mi. Hood to Coast, 187 mi. Epic Relay –Portland to Eugene and 216 mi. Cascade Lakes Relay. Diane has also completed several triathlons. Both plan to run the Maui Marathon on September 20<sup>th</sup> this year to commemorate their 30<sup>th</sup> wedding anniversary.

John and Diane have been Therapeutic Foster Parents for 9+ yrs. fostering 25 boys in partnership with Scar/Jasper Mountain. All of their children are also avid runners – go figure!

In October 2014, John switched to part-time in order to come on staff at Calvary Open Bible after working for the US Forest Service for 33 yrs. as an Incident Commander & as a supervisor on a timber stand improvement crew. Diane is currently on staff at Lifegate Christian School in Eugene having previously been an insurance specialist and office manager for medical offices in the area.

John and Diane have attended Calvary Open Bible for 13 years. They have two biological kids, (Jordan – 23, and Kaley - 17), and currently have four foster boys in their home (John— 15; Joshua— 11, Octavion—11, and Damien - 10).



### *Description of Group*

#### Dates & Times:

We currently meet 2-3 times per week. Each Monday we send out an email with a devotional and a list of days and times for training opportunities during the week. Training times and days vary in hopes that team members will be able to make at least one run each week.

#### Meeting Place:

Location and time of training runs will vary each week. Current favorites include Clearwater Trail, Dorris Ranch and Pre's Trail.

#### Theme or Activity:

Our theme is "Run, Forrest, Run!" Our group is open to runners and walkers of any age. It's for people who want to improve their current level of fitness and recognize the value of accountability and companionship in the success of any endeavor. We participate in area run/walk events (we currently have several members training for the Pacific Northwest Marathon/Half-Marathon in Eugene on May 2<sup>nd</sup>.) We have sponsored our own 5k/10k events and plan to do another before long. As the weather improves we will be exploring other locations in the area for running/walking like the McKenzie River Trail, Mt. Pisgah, etc.





Todd & Rachel Sykes  
*Urban Cycling*

### Bio and contact information

#### Todd & Rachel Sykes

Todd & Rachel (541) 726-2084

or [rasykes01@gmail.com](mailto:rasykes01@gmail.com)

Todd and Rachel are life-long residents of the Eugene-Springfield community and have been married for more than 30 years. They are the blessed parents of two grown boys both who were statewide BMX (bicycle motocross) racing champions. Hmm ..wonder where those boys got their love of bicycle riding?

Todd enjoys camping and riding 4-wheelers, dirt bike riding and street bike riding. You can safely deduce that if it has 2 wheels, Todd loves to ride it!

Rachel enjoys camping and riding 4-wheelers, knitting, watching movies and urban cycling. She is in charge of keeping their group bike rides safe for all ages.



### Description of Group

#### Dates/Times/Locations/Event:

- ⇒ Thurs, April 9 – 6:30 PM – 723 Hamilton St., Springfield, Bicycle Tune-Up/Clinic (Are you ready to ride?)
- ⇒ Thurs, April 30 – 6:30 PM – 723 Hamilton St., Springfield, Bicycle Ride (Let's go for a ride)
- ⇒ Thurs, May 14 – 6:30 PM – TBD (To Be Determined) Bicycle Ride
- ⇒ Thurs, May 28 – 6:30 PM – TBD Bicycle Ride
- ⇒ Thurs, June 11 – 6:30 PM – TBD Bicycle Ride
- ⇒ Sat, July 11 – 10:00 AM – 723 Hamilton St., Springfield, Bicycle Ride & Barbeque (RSVP Required)
- ⇒ Thurs, August 13 – 6:30 PM – TBD Bicycle Ride
- ⇒ Thursday, August 27, 2015 – 6:30 PM – TBD Bicycle Ride

#### Theme or Activity:

Family friendly, easy, breezy, put a smile on your face bicycle rides. We will be cruising along local bike paths that are paved while enjoying the beautiful scenery and each other's company. Participants should be able to ride for up to 10 miles. If you're thinking about joining us, don't worry - these are leisurely rides, not sprints or marathons.

### Let's Do The One Another's Together

- ◆ Be at peace with one another—Mark 9:50
- ◆ Wash one another's feet—John 13:14
- ◆ Love one another—John 13:34-35; 15:12,17; Romans 13:8; 1 Thessalonians 4:9; 2 Thessalonians 1:3; 1 John 3:11; 3:23; 4:7, 11, 12; 2 John 1:5
- ◆ Be devoted to one another—Romans 12:10
- ◆ Give preference to one another in honor—Romans 12:10
- ◆ Be of the same mind toward one another—Romans 12:16; 15:5
- ◆ Do not judge one another—Romans 14:13
- ◆ Build one another up—Romans 14:19
- ◆ Accept one another—Romans 15:7
- ◆ Admonish one another—Romans 15:14; Colossians 3:16
- ◆ Greet one another—Romans 16:16, 20; 2 Corinthians 13:12; 1 Peter 5:14
- ◆ Wait for one another—I Corinthians 11:33
- ◆ Serve one another—Galatians 5:13
- ◆ Challenge one another—Galatians 5:26
- ◆ Bear one another's burdens—Galatians 6:2
- ◆ Show tolerance to one another in love—Ephesians 4:2
- ◆ Speak truth to one another—Ephesians—4:25
- ◆ Be kind, tender-hearted and forgiving to one another—Ephesians 4:32
- ◆ Speak to one another in psalms and songs—Ephesians 5:19
- ◆ Be subject to one another—Ephesians 5:21

### Let's Do The One Another's Together

- ◆ Do not lie to one another—Colossians 3:9
- ◆ Bear with one another and forgive one another—Colossians 3:13
- ◆ Increase and abound in love for one another—1 Thessalonians 3:12
- ◆ Build one another up—1 Thessalonians 5:11
- ◆ Live in peace with one another—1 Thessalonians 5:13
- ◆ Seek after that which is good for one another—1 Thessalonians 5:15
- ◆ Encourage one another—Hebrews 3:13; 10:25
- ◆ Stimulate one another to love and good deeds—Hebrews 10:24
- ◆ Do not speak against one another—James 5:9
- ◆ Confess your sins to one another—James 5:16
- ◆ Pray for one another—James 5:16
- ◆ Fervently love one another from the heart—1 Peter 1:22; 4:8
- ◆ Be hospitable to one another—1 Peter 4:9
- ◆ Use your special gifts to serve one another—1 Peter 4:10
- ◆ Clothe yourselves with humility toward one another—1 Peter 5:5
- ◆ Have fellowship with one another—1 John 1:7