



Philippians - *This week, your objective is to read through the book of Philippians. It's a short one. Each day find some time in a quiet place to read from the book of Philippians.*

Each Day, read a portion of the book. Begin at the beginning of the book and read through chapter 1 (on day one). Once you reach the end of chapter 1, go back through the chapter and look for the verse that stood out to you the most. Then read the entire paragraph that surrounds that verse. Read the paragraph 3 times in a row; slowly pausing to reflect between each reading. Listen to the words and thoughts that stand out in your mind and your spirit as you read.

(On following days, begin at the beginning and stop at the end of chapter 2 on day two, chapter 3 on day three, and so on. Try to look for something in the newest chapter each day. On any remaining days, reread the entire book and allow yourself to rest on a verse found anywhere in the book, even if it is a verse you have already pondered.)

Each day think through and maybe take some time to journal your thoughts on the following questions.

1. What does this tell me about God?
2. What does this tell me about myself and my relationship with God?
3. What can I begin to do in my life to live this scripture and allow it to live in me?
4. Take some time to pray, using the words of this scripture to communicate with it's Author (God).

Memory Verse for the Week

Let the word of Christ dwell in you richly... (Colossians 3:16a - NIV)