



## **EAT TOGETHER**

Build community by eating together. Here are some suggestions for hiking-inspired snacks and meals.

## **Snack Suggestions**

S'mores Trail mix Beef jerky

Dried fruit Granola

## **Meal Suggestions**

Grilled hot dogs and burgers Grilled corn on the cob

Baked beans Individual foil meals with meat, potatoes, and vegetables



## **GO OUTSIDE TOGETHER**

Take a family walk together. Pray for your neighbors. Stop and talk if you see them outside.

Take a family hike. Thank God for His beautiful creation.

Take pictures or video your adventures.

Share them with us!
kidsministry@firstpresgj.org