



JOURNEY TOGETHER

WEEK 9

Work together to make home-made ice cream. This recipe makes 2 servings. Making ice cream activates all the senses as you see, smell, and measure ingredients, feel the cold and hear the laughter as you shake the bag, and taste the delicious results.

You will need:

- 1 cup half and half (you can also use whole milk - it just won't be quite as creamy)
- 1 1/2 tsp vanilla extract
- 1 tablespoon sugar
- Ice
- 1/4 cup salt (the coarser, the better)
- 1 large Ziploc bag
- 1 small Ziploc bag

Instructions:

- 1) Pour the half and half, vanilla, and sugar into the small Ziploc bag.
- 2) Seal the bag firmly, getting as much excess air out as you can.
- 3) Fill large Ziploc bag about 1/2 way with ice. Add the salt.
- 4) Put small Ziploc inside large Ziploc and add more ice on top. Seal the bag.
- 5) Shake the bag for at least 6 minutes. You might want to put on gloves - the bag will get *really* cold!
- 6) Take the small bag out of the large bag and rinse it well with cold water. Make to rinse around the seal. This will keep salt from getting in your ice cream.
- 7) Your ice cream is ready to eat! Enjoy!

SENSORY BIBLE VERSES

Start by reading
1 Corinthians 12:12 - 27.

Keep the passage in mind as you
answer these questions as a family.



Read Psalm 34:8 together. What would it be like if the body said it did not need the sense of taste?



Read Psalm 119:105 together. What would it be like if the body said it did not need the sense of sight?



Read Psalm 143:1 together. What would it be like if the body said it did not need the sense of hearing?



Read Ephesians 5:2 together. What would it be like if the body said it did not need the sense of smell?



Read Mark 10:16 together. What would it be like if the body said it did not need the sense of touch?